

Email event information to editor@thesiuslawnews.com

Thursdays, Fridays, Saturdays

CROW Window Spooktacular & Parking Lot Radio Show

5 to 8 p.m.; park to listen to 35-minute radio show CROW Center of Performing Arts, 3120 Highway 101

Friday, Oct. 29

Halloween Paint Night

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6:30 to 9 p.m.; tickets required Spooky painting for Halloween

The Sea Note Lounge, 333 NW Highway 101 in Yachats

Saturday, Oct. 30

Halloween Superhero Gala

Presented by Boys & Girls Club of Western Lane County 5:30 p.m.; tickets required for virtual party Music, live auction and special ticket packages www.bgcwlc.org

Ichiban Halloween Party

10 p.m., open to 21+ Ichiban Japanese & Chinese Restaurant, 1179 Highway 101

Sunday, Oct. 31 — Halloween

Annual Halloween Spaghetti Dinner

Noon to 7 p.m.; \$12/adult, \$7/child Costume contest from 3:45 to 5 p.m. Homegrown Public House, 294 Laurel St.

Happy Halloween Fundraiser

Presented by Dunesday Gaming 1 to 9 p.m.; \$5 admission will go to Safe Shelter for Siuslaw Students Dunesday Gaming, 375 Laurel St.

Drive-Thru Trick or Treat

Presented by Florence Kiwanis Club 2 to 4 p.m., open to families in cars Groups include City of Florence, Florence Ladies of the Elks, Florence Police Department, Rotary Club of Florence, Siuslaw Valley Fire & Rescue, Soroptimist International of Florence, U.S. Coast Guard, Western Lane Ambulance and 501st Legion Stormtroopers Florence Events Center, 715 Quince St.

Halloween Fun

Presented by Law for the People 2 to 4 p.m., open to public Costume contest, games and prizes www.lawforthepeople.org Miller Park

Crafts-n-Treats

3 p.m., open to public for crafts, food, fun & games The Mustard Seed, 509 Kingwood St.

First Baptist Trunk or Treat

3 to 5 p.m., open to public Safe family fun Florence First Baptist Church, 1935 25th St.

Costume Contest & Trick or Treat

Presented by Serene Abundance Studio 4 to 6 p.m., open to public Outdoor photo booth or email your costume to inbox@sereneabun-

Serene Abundance Studio, 1790 Highway 101

Mapleton Trunk or Treat

dancemagic.com

4 to 7 p.m.; open to public Mapleton Food Share, 10718 Highway 126

Cross Road Trunk or Treat

5 to 7 p.m., open to public Dress up and drop in for warm drinks, candy and activities Cross Road Assembly of God, 1380 10th St.

Window Spooktacular & Parking Lot Radio Show

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This list will be updated at thesiuslawnews.com/article/2021-halloween-events

NEKS

Contestant Name

WOMEN'S RESULTS

Coo Clarkson Lori Coffindaffer Sue James Katherine Hemmens Debbie Haring

%Lost

Arlene Biron 19.18% 12.62% 11.49% 9.12% 9.02% 8.39%

LOSE TO WIN Season Winners



Congratulations

Season

Arlene **Biron** 19.18% Women's Winner

Congratulations

Dustin Williams 13.23% Men's Winner

Betty Scarbrough Nancy Robison Linda Goalder **Linda Harklerode** Jolene Alcorn Cassandra Burns Jo Beaudreau

6.72% 5.08% 4.40% 3.33% 2.41% 0.48% -2.51%

EVERY PARTICIPANT WON A PRIZE! Stop by the Siuslaw News to claim yours.



Diet Tip #14

"Try fitting in small bursts of activity throughout the day to break up periods of sitting down. If you are watching TV, try doing crunches or jumping jacks during commercial breaks. Staying active will not only help you reach weight loss goals but can also improve blood glucose and HDL (good cholesterol). "

~Stephanie Shiu, MPH, RD Inpatient Dietitian at Peace Harbor Medical Center



MEN'S RESULTS Dustin Williams 13.23% **Al Rojas** 12.16% **Brad Koehn** 10.69% **Dirk Anderson** 10.55% **James McKinney** 9.42% **Brad Hanscom** 8.55% **Jerry Whiting** 6.34% Jim Hecker 2.84%

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