# Siuslaw News Sports & Lifestyle

### **SPORTS CALENDAR**

**Siuslaw and Mapleton** All events subject to change

### October 2

- SHS Cross Country Woahink Lake XC Invitational in Florence – 11:45 a.m.
- SHS Volleyball at Junction City Tournament — 10 a.m.

### October 4

- MHS Volleyball at Crow (doubleheader) - 4:30 p.m.
- SHS Soccer vs Cottage Grove -6:30 p.m.

#### October 5

 SHS Volleyball vs Cottage Grove – 6:45 p.m.

### October 6

• SHS Soccer vs Marist – 6:30 p.m.

### October 7

• SHS Volleyball vs Marist – 6:45 p.m.

### October 8

• SHS Football vs La Pine – 7 p.m.

### Viking JV team defeats Gladiators JV



The Siuslaw Viking junior varsity football team hosted the Gladstone Gladiators JV at Hans Peterson Field on Sept. 27 for their first game of the season. SHS won 16-14. Junior varsity gives an opportunity for playing time for players who aren't quite ready for action on the varsity squad, including sophomores Dayne Muller, #14, and Ricardo Martinez, #60, and junior Hunter Petterson, #8.





### Viking volleyball downs Falcons

After slow start, Siuslaw takes care of Sky-Em foe

By Zac Burtt/Siuslaw News

Siuslaw d Elmira 20-25, 25-6, 25-18, 25-21

The Siuslaw Vikings traveled to Elmira on Sept. 28 for a Sky-Em League volleyball match against the Elmira Falcons and came home with a 3-1 victory.

The win put Siuslaw (2-1 Sky-Em) in a tie for second, with Marshfield (2-1), a half-game behind leader Cottage Grove (2-0).

The home team came out hot and went up five points early, 9-4. The Falcons never gave up

that lead and took set one 25-20. The Vikings rarely let their

emotions get the best of them

and did not appear to be shaken by going down early. The team looked loose between sets.

Viking Coach Kari Blake took note and credits sophomore Zoe Alberty with being one of the emotional leaders for Siuslaw.

"Zoe had to dig some passes out of the net to keep the ball in play and she just did an outstanding job of keeping her teammates positive," said Blake. "She is always looking at

what we can do to improve, and I appreciate her mindset on this team."

Two straight kills by junior Desi Tupua put Siuslaw up 3-0 and they never looked back after that, dominating Elmira

25-6 to take set two. "I appreciate Desi's control in the game," said Blake. "She's a smart player who knows when

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### **Tide Tables**

**Entrance Siuslaw River** 

**High Tide** 

**Low Tide** 

#### October 2

10:32 a.m. / 5.9 3:54 a.m. / 0.6

9:48 p.m. / 6.5

4:09 p.m. / 2.9

#### October 3

11:05 a.m. / 6.3 4:38 a.m. / 0.3

10:41 p.m. / 6.9 4:54 p.m. / 2.1

#### October 4

11:36 a.m. / 6.8 11:30 p.m. / 7.1

5:17 a.m. / 0.1 5:37 p.m. / 1.3

### October 5

12:08 p.m. / 7.3

5:55 a.m. / 0.1 6:19 p.m. / 0.6

Tigers and Falcons barely beat Viks on road

By Zac Burtt/Siuslaw News

The Siuslaw Viking soccer team headed to the valley for two Sky-Em League games this week, losing close matches to Junction City and Elmira.

On Sept. 27, Siuslaw made the trip to Junction City to face the Tigers. Though they came home with a loss, the 3-1 margin was the closest of the league season for the Vikings up to that point.

Siuslaw got on the board first when sophomore Braxton Hulet sent a perfect drop pass to senior Jason Garcia who one-touched it into the goal to put the Vikings up 1-0.

Junction City answered by scoring twice before the half to go up 2-1.

"We were hopeful that we could even the score and gain an advantage, but the second half proved to be a back and forth battle that did not go our way," said Viking Coach Londi Tom Tomaro.

The Tiger defense in the second half was stout and allowed very few chances for the Vikings.

"Junction City kept our forwards from gaining any meaningful chances in front of the net for the rest of the game," said Tomaro.

Though sophomore Derrick Vanduch had a good game in goal with eight saves, it was not enough as the Tigers scored once more in the second half for a final score of 3-1 Junction City.

On Sept. 29, the Vikings faced the Elmira Falcons on their home field. Siuslaw lost but gave up only two goals to Elmira, the least of any SHS opponent in Sky-Em play.

Though the Vikings didn't score in the first half, they also held Elmira scoreless.

Tomaro noted her team's improved

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SHS senior Kassandra Dietrich, 3, fights for the ball with an Elmira player on Sept. 29.

# Time

## By Coach Lloyd

Retired teacher, coach & game official With more than 55 years as

Little

an athlete, coach, parent and spectator, Lloyd Little shares what he's learned about sports from his multiple points of view.

### The **Energized Runners**

The energized bunny keeps going and going and going. Similarly, the energized Siuslaw High School Cross Country teams keep running and running and is a man of numbers. He is running.

As I opened last weeks' sports page, I was once again looking at a podium he has coached. The im-

filled with both boys and girls' first-place cross country team. Since 1996, the battery

keeping the cross country teams running is Head Coach Chris Johnson. His enthusiasm and drive have been channeled towards having his young athletes achieve individual and team

I know Coach Johnson truly interested in all his runners. This can be seen each week of every season proved times of all runners, not just the elite runners, are praised in newspaper articles after each meet.

He knows the importance of a cross country team. His team goals are district and state titles. To get there, the cross country team needs five quality runners. All five tally in team placement.

runners count in the final The success of the cross country program can be seen painted on every wall ty baseball days. Our coach of the Siuslaw High School had a saying, "As the legs go,

Gym. Since 1996, the cross

country program at SHS has

girls won 13 district titles in a row and 5 state titles in a row. The boys' cross country team holds the all-time state meet record of 29 points in 2012. There have been 6 Viking first place finishers during this span.

I confess I have very little experience with running cross country. I did feel like a cross country runner during my Pacific Universi-

so goes the heart." So, we

pitchers would run the hills

won 35 district titles. The and back roads of Forest Grove three days a week. We would often come into contact with Pacific University's long distance track athletes while on our training runs. We could never be mistaken as track long distance run-If SHS Football Coach

Sam Johnson thinks his football players are the hardest workers in the state, then Cross Country Coach Chris Johnson must also have the hardest working runners in

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