#### PREPARE from page 1A

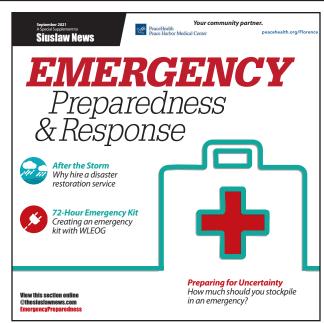
"The anniversary of the devastating wildfires that affected so many Oregonians last year falls during Preparedness Month and on top of the continuing COVID-19 pandemic," said OHA Behavioral Health Director Steve Allen. "People often experience heightened distress surrounding the anniversary of a disaster event, so strategies include taking it's a good time to recognize and work to support ourselves, our families and our community's emotional health needs right along with our other preparedness activities."

Allen says Preparedness Month is a good time to empower community members to take action be especially vulnerable by preparing for the next to stress during and after public health emergency. That preparation can displace fear of disasters.

"Kits and plans are a starting point and what we put in them can save lives and also bring comfort," says Allen, noting how including a few fun activities or toys can make a difference for kids. "When it comes to protecting our emotional health, sometimes it's about having healthy coping strategies."

Some of these coping care of your body through sleep, exercise and healthy eating; taking lots of breaks to unwind or help strong feelings fade; staying informed while still avoiding exposure to too much news; and reaching out for help when needed.

Children and youth can emergencies. Communities can support them by encouraging them to par-



#### Published today in the Siuslaw News

ticipate in their families' age of disasters, keep to preparedness activities in age-appropriate ways. After a disaster, adults it. can help kids by encouraging them to share what they're thinking, answer their questions, limit their exposure to media cover-

routines, and get them support when they need

Emergency management professionals around the country chose the theme "Honor with Action" for this year's Pre-

paredness Month. After specialized support for separedness and recovery.

what make us resilient," ic, along with the wild- life.org. fires disaster, has made it hard to stay connected, but it is more important than ever to re-establish support for persons of all connections or build new the losses of the past year by reaching out to loved ones and neighbors. Also, reach out to survivors and see what help they need."

If you or someone you know is thinking of harmhelp because of drug or are available at https:// alcohol use, call Lines for www.oregon.gov/oha/ Life which is a 24/7 crisis line at 800-273-8255. Help.aspx Lines for Life also offers

the wide range of disas- niors, military members, ters this past year, it fits youth and those facing well with OHA's emphasis racial equity concerns. In on emotional health pre- addition, it provides specialized services through "Our social connections its COVID-19 & Oregon are an important part of Wildfire Outreach Program. Find more infor-Allen says. "The pandem- mation at www.linesfor-

Other services:

genders facing domestic ones. Take time to honor and sexual violence. Call or text 503-235-5333 or visit calltosafety.org. • Wildfire-focused sup-

Call to Safety provides

- port can be reached at https://www.safestrongoregon.org/.
- · More mental health ing themselves or needs resources for the public HSD/AMH/Pages/Get-



#### LEVY from page 1A

tax. A few even directly oppose the levy.

The reasons given for this opposition are centered around high salaries and unrealized financial savings expected after the administrative functions of the two districts were merged, among others.

There is also a contingent within the community who believe that residents would be better served by a private company model rather than the publicly funded model now in place.

Schick has responded to these criticisms, citing the

detailed budgetary process both districts undergo each fiscal cycle and the mindful manner in which he and his staff approach the process.

"The board of directors paid to WLAD employees have been very prudent in making sure that every single dollar received in revenue is spent openly and wisely. As a public agency our budget, including all our expenses, is open to review by our citizens and we are happy to answer any questions on our finances," Schick said. "We have been able to maintain our service levels despite increases in healthcare and other benefit costs, and increases in the costs of equipment, fuel and medical supplies."

He also points out the paramedic wage scale has been frozen at 2018 levels, warded by WLAD employ-

a new levy was discussed board meetings, with directors voting to send the request to voters.

Former WLAD Director Farnsworth has stated if the costs to run the department were reduced, needed. He said he believes the wages paid to WLAD employees are inexplicably high and should be reduced to cut unreasonable

Farnsworth and other community members which was a proposal for- have paid for and printed informational materials ees to ensure the district and run advertisements can remain in good shape in local media outlets, including the Siuslaw News, The decision to ask for detailing his position.

Schick has gone on the in detail at prior WLFEA record disputing the interpretations of Farnsworth and remains convinced the approval of the levy is central to maintaining the current level of service provided to area residents.

"I am very concerned the levy would not be that the false and misleading information being actively put out by Farnsworth, Marks, and Pilcher in the Siuslaw News is not being countered by actual facts, easily confirmed facts. I think our citizens deserve to see both sides and I would be happy to provide an alternative view to the distortions being presented by this extremely small but vocal opposition group,"

Schick said. Additional in-depth information regarding the vote to authorize the levy will be included in the

For more information on WLAD, visit www. westernlaneambulance.

Nov. 2 Election coverage.



# Faith - Friendship - Fellowship - Fun CHURCH DIRECTORY

To include your organization in this directory, please call us @ 541-997-3441

FOURSQUARE CHURCH

1624 Highway 101 (next to A&W) -- 997-6337

Sun. Services: 9:00 a.m. & 10:45 a.m.

 $We dnesday \ Bible \ Study \ returns \ this \ Fall.$ 

Website: florence4square.com

**NEW LIFE LUTHERAN E.L.C.A.** 

21st & Spruce Streets—997-8113

Pastor, Paul Strike • All are welcome.

Sunday in-person worship service@ 10:30. Also available to you on website

www.florencenewlifelutheran.org.

PRESBYTERIAN CHURCH OF THE SIUSLAW

3996 N Hwy 101 541-997-7136

Internet and in person Sunday services at 10AM,

Call the church for details.

Reverend Greg Wood

All Welcome. Come as you are.

**RELIGIOUS SOCIETY OF FRIENDS (OUAKERS)** 

"War is still not the answer." FCNL

We meet Sunday's at 11am in our homes. Call 408-482-1141 or 541-997-4237 for locations.

RESURRECTION LUTHERAN CHURCH, L.C.M.S.

Worship Services 10 am • Bible Study 9:00 am

Pastor Steve Waterman

85294 Hwy. 101 S. - 997-8038

DVD of Weekly worship service available.

www.puppro.wixite.com/rlcflorence

ST. ANDREW'S EPISCOPAL Church Welcomes You

Worship Sun. 9am Wed 11am 2135 19th St.

541-997-6600 standssecretary 19@gmail.com Labyrinth &

Garden daily 8am-5pm

"Be the change."

SAINT MARY, OUR LADY OF THE DUNES CATHOLIC CHURCH

1.5 miles south of river on Hwy 101 - 997-2312

COVID-19 Compliant Masses have been scheduled.

Please call our office for details.

#### BAHA'I FAITH OF FLORENCE

Ongoing Devotions, Study Circles, Services to the Community, Join us on Facebook. Join your friends via zoom, Monday's 7:30-8:30p.m. Pastor George Pagel – Something for the entire family. "SPIRITUAL CONVERSATIONS"

Florence Baha'i Community For info: 541-590-0779

#### THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

2705 Munsel Lake Road, All are welcome! Sunday Worship Services are at 10 AM & 11:15 AM. Bishop Larry Farnsworth 541-999-1979

#### **COMMUNITY BAPTIST CHURCH**

4590 Hwy. 101, Across from Fred Meyer -- 997-7418 Sunday School, 9:30a.m. – Worship, 10:45 Wed. Prayer - 6:00 p.m. -Wed. Ministries 1-8 Grade 7 p.m.

#### **CROSS ROAD ASSEMBLY OF GOD** Corner of 10th & Maple- 541-997-3533

Sunday Services are 9am and 11am and on Facebook live and KCST at 11am Wednesdays at 7pm https://www.florencecrossroadag.org/church-online Other platforms update after the service. florencecrossroadag.org office@florencecrossroadag.org

## **FLORENCE CHRISTIAN CHURCH**

2nd & Ivy - 541-997-2961 - Non-Denominational Service is on Sunday at 10:00 a.m. Sunday Service also streaming live at 10:00 am at florencechurch.com

### FLORENCE CHURCH OF CHRIST

Pre-Denominational (Romans 16:16) 1833 Tamarack Street (2 blocks east of Hwy. 101 on 18th St.) Bible Study: Sunday 10 a.m.; Worship: Sunday 11 a.m. www.churchofchristflorence.org

#### FLORENCE EVANGELICAL CHURCH

1318 Rhododendron Dr. • 541-997-2523 Sunday Service 11am (Children Sunday School) Mid-Week Activities, all ages.

#### FLORENCE SEVENTH-DAY ADVENTIST

4445 Hwy 101 (South of Fred Meyer) - 997-3951 Worship on Saturday 11:00 A.M. Adult/Children's Sabbath School 10:00 A.M.

FLORENCE UNITARIAN UNIVERSALIST FELLOWSHIP 87738 Hwy 101 at Heceta Beach Road RUAUU? All are welcome to explore the answer. Until it is safe to meet in person, Sunday Worship Services are available 24/7 on our website: www.florenceuuf.org

#### FLORENCE UNITED METHODIST CHURCH

2nd & Kingwood • (541) 997-6025 Link to Sunday services at www.florenceunitedmethodist.org or find us on Facebook.

Give us a call 541-997-3441 to get us your updates or email to: mberg@thesiuslawnews.com



Doing Good.

Giving Back.

Do you part and volunteer today to help support these organizations in our community.

## **Habitat for Humanity**

Florence Habitat ReStore

Volunteer to help Florence Habitat for Humanity ReStore. From customerservice to donation coordination, there's a volunteer opportunity for you! Our greatest need right now is cashiers. We are grateful for your continued support!

541-997-5834 | 2016 Hwy 101, Florence • www.florencehabitat.org

#### **Helping Hands Coalition**

We are in need of volunteers on Monday, Wednesday and Fridays. We need volunteers to serve food, set up for meals and also prepare meals beginning at 11:00 am and finishing at 2:00pm. New Location: Community Baptist Church, 4590 Hwy. 101, Florence

#### **Oregon Coast Humane Society**

relies heavily on volunteers.

(Across from Fred Meyer)

There are many opportunities to volunteer and a variety of skills and talents are always in need. Volunteer interest forms may be found online, at the shelter and at our Thrift Shop on Bay Street. www.oregoncoasthumanesociety.org/volunteer/

## **Us Too Florence**

Saving men one PSA test at a time. "Someone to talk to...who understands!" 541-997-6626 • maribob@oregonfast.net www.ustooflorence.org

> To include your organization in this directory, please call us @ 541-997-3441