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safety is important to him as well. When he's picking up trash, "I use trash grabbers most of the time. I have sharps containers. And I have waterproof gloves if necessary, and always have sanitizer on me, and hand wash. Safety is the first step. Whenever somebody is volunteering, I run them through a little safety conversation, letting them know, 'If you see anything like this, let me know. I'll come and take care of it that way. You know you don't have any dangers. I've done this six years with no instance."

However, the City of Florence knows that ac-

'You never know what's According to Block, in the trash in this area. You never know whether it is sharps or broken glass, ragged pieces of metal. Actually, one gentleman who had gloves - sliced open his hand and did damage to his tendons. So there are inherent risks. We want everyone to be safe," he said.

ups.

Messmer took that moment to talk about what the city can offer in terms of protection.

"With our volunteers, if we know who you are and you are coordinating with us, you are covered under like the City of Florence workers comp through the city's volunteer policy," she said. "For somebody going out, it's important that reports of people comcidents can happen when they've told us, so if they plaining that some of Leavdisposing of litter. Miller do get injured, we can help en No Trace's bags have spoke about volunteers, with that. We don't want been deposited in front of seasonal workers and other anybody volunteering and their properties, some sayemployees who have had for that to cause an injury ing the trash hadn't come minor cuts during clean that prevents them from from that location.

working or living like they should. So that's important for us to know so we can ensure safety or remedies if somebody does get injured."

That's why Pitcher, Miller and city staff did try to work with Block for a solution.

"As a city, we have the accountability, the responsibility and the liability for these decisions that (Block is) making," Pitcher said. "And also, we're responsible for the taxpayers money. And this is not the way to do it."

Partnering with entities can also prevent people from trespassing on private land. The city has received

"That puts liability on private property owners as well," Pitcher said. "It has been difficult, and these private property owners are trying to determine how they're going to deal with it."

Reynolds added, "It's also degrading to local property owners and business owners that are trying to have curb appeal. And now this makes it look like their property might be really not very desirable for one reason or another. So that's also an unfair burden to private and public, alike."

The city staff emphasized that cleaning up the area is important and they are thankful for local efforts. The problem comes down to knowing the procedures to maintain safety.

"Our motto really is education first," Reynolds really what we're in it for. ments to local parks.

We are just in it to create a safe, livable and beautiful community for all. And so that's where that education for compliance really is the strong position we take for as long as we can."

Once people know the rules as they stand, they can approach the city to partner with existing programs.

have great ideas, and often they do align with the great ideas of the city council, staff and the community at large," Reynolds said. "And by sharing that and expressing it and championing it, that is how change happens and how great things have occurred."

In the past, that has included adding crosswalks across Highway 101, upgrading playground equipment, coming up with clean city streets or parks, said. "We want to educate Power of Florence and for compliance first; that's making multiple improve-

"So reach out to us and give the city the benefit of the doubt," Reynolds said. "We do have ways of making things happen, and we want to work with you."

As for Block, he recommends that people follow what he's doing through his Facebook page and website, LeavenNoTrace.org.

"My way is definitely not "There are people who the only way I've tried," he said. "Like I tell people, there are no bad ideas. But most of the ideas that people give me I have tried before. And any idea that could make this happen is wonderful. But really the first step is to get the government to care. ... But there has to be a way we can all pull together and implement these programs."

> If people do want to or just want to get involved in volunteering, visit www. ci.florence.or.us.

### OREGON CULTURAL TRUST LICENSE PLATE GETS NEW DESIGN

its culture will debut Oct. 1 in recognition of the Oregon Cultural Trust's 20th Anniversary. The artwork is called "Celebrate Oregon!"

The artwork for the license plate, created by Liza Burns of Eugene, will also be installed as full-scale murals at the Eugene, Medford, Portland and Redmond airports through a partnership with Green-Cars.com, a learning and destination marketplace

SALEM-A new license for sustainable transporta- their creativity, their celeplate design that celebrates tion. In addition, a 38-foot brations, their values and Oregon and the diversity of outdoor banner will be installed at the Northwest another. Our culture is the Film Center at the Portland Art Museum.

> "The new design, built on a panorama of Oregon geography, reflects and respects the diversity of our culture at a time we need it most," said Cultural Trust Board Chair Niki Price. "Cultural expression is how our communities define themselves – how they live their everyday lives, their traditions, their heritage, part of Oregon culture into

how they connect with one glue that can bind us together as Oregonians."

"Oregonians value sustainability and embrace green energy," said Tina Miller, Chief Financial Officer of Lithia Motors and GreenCars spokesperson. "Our partnership with the Oregon Cultural Trust, and sponsorship of these magnificent murals, is our way of bringing this important the picture."

Celebrate Oregon! is a vibrant tapestry of Oregon geography into which are woven 127 symbols representing different aspects of our collective arts, heritage, history and cultural practices. It is the result of a year-long, inclusive process that began with a group of statewide nominators sharing the creative brief with artists and designers.

A total of 36 artists submitted statements of interest and work samples. A diverse jury evaluated the Diversity, Equity and In- egonians."

submissions and recom- clusion, to finalize symbols mended 20 artists be invited to submit preliminary concepts in exchange for a ing the breadth of Oregon \$250 honorarium.

An expanded jury evaluated the concepts based on criteria derived from the creative brief and unanrecommended imously Burns' design to the Cultural Trust Board of Directors, which unanimously approved it in October. Burns met with several content exploring our diversity. We experts, identified through the Governor's Office of excited to share it with Or-

included in the design.

"We knew that reflectculture, and how it brings us together, in one design was an extremely ambitious goal," said Cultural Trust Executive Director Brian Rogers. "Liza's creation does that and so much more. It captures the spirit of Oregon and also serves as an educational tool for are incredibly proud and



# toWIN



James McKinney 0.46%



**BRAD HANSCOM 0.28%** 



7.17%

8.22%

5.36%

3.96%

2.89%

1.11%

3.66%

3.31%

Jerry Whiting 0.18%





Brad Koehn 0.07%

Contestant Weekly Season Name % Lost %Lost WOMEN'S RESULTS **Arlene Biron** 1.48% 13.80% **Jo Beaudreau** 1.31% -1.63% **Coo Clarkson** 1.26% 7.99% **Nancy Robison** 1.24% 3.16% **Debbie Haring** 1.20% 5.76% Alyssa Cargill 1.05% 1.47% Sue James 0.98% 5.69% Lori Coffindaffer 0.94% 7.74%



0.74%
0.56%
0.00%
0.00%
-0.12%
-0.16%
-0.52%
-1.48%

MEN'S RESULTS			
James McKinney	0.46%	6.43%	
Brad Hanscom	0.28%	7.63%	
Jerry Whiting	0.18%	0.98%	
Dirk Anderson	0.17%	9.62%	
Brad Koehn	0.07%	6.90%	
David Crowell	0.00%	1.27%	
Al Rojas	-0.53%	8.34%	
Dustin Williams	-0.70%	8.94%	
Jim Hecker	-0.81%	2.53%	

**Dirk Anderson 0.17%** 



Contestants understand that participation in the contest may involve inherent risks, dangers and hazards, which many occur without warning, or be due to lack of conditioning, carelessness, and other unforeseen, unidentified, or unexpected perils inherent in physical activities or weight loss programs. Contestants understand that oversight of the contest by the Siuslaw News or any other sponsors does not and cannot, guarantee their safety. Contestants understand that they should not participate in the contest if they have any health conditions affecting their ability to participate. Contestants have signed elease forms to certify they are fully aware of, and expressly assume these and all other risks involved in participating in the contest, and to grant to the Siuslaw News and all contest sponsors and their respective assignees, the absolute right and permission to use their name, address, photograph and/or likeness in any and all advertising, trade, or promotion. Contestants have weighed in at the first contest weigh-in on July 17, 2021 and will weigh-in every Wednesday through October 20, 2021 at the Siuslaw News, 148 Maple Street, 7:30a.m. to 5:30 p.m.



# **Diet Tip #9**

"Keeping physically active should be a part of your daily routine. Experts recommend 30 minutes of moderate activity at least 5 days a week. If finding 30 minutes is too much of a time commitment, break up the 30 minutes into two 15-minute increments instead. Any exercise is better than none!"

~Stephanie Shiu, MPH, RD Inpatient Dietitian at Peace Harbor Medical Center

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Beauty on the **Beach Dance** Studio



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