# **On The Record**

#### **OBITUARIES**

MOURSAND—David Garvin Moursund passed away on Sept.

1, 2021, after a relatively short battle with stage 4 lung cancer. He was 84 years old.

Dave was David Garvin a lifelong Moursund educator

who moved to Florence in 2013 and soon became active in working for the good of students in our schools. A retired professor from the University of Oregon, Dave was a teacher, educator, computer scientist, author, mentor and friend to so many.

Dave was born in Eugene, Ore., on Nov. 3, 1936.

He graduated from the University of Oregon and then earned his doctorate in mathematics at the University of Wisconsin. He joined the faculty of the University of Oregon in 1969 and was made a professor emeritus at his retirement in 2002.

children, Beth, Andy, Russell and Jenny; his four step-children, Bethanne, David, Bonnie and Scott; 10 grandchildren, his former wife Janet Moursund;

In Florence, Dave served as vice president of the Siuslaw Education Foundation, whose mission is to enhance academic achievement and expand learning opportunities for students in the Siuslaw region. When COVID hit, he assisted finanneeded for online learning, Internet accessibility, and student safety.

Dave also worked with Ann Lathrop to establish Safe Shelter for Siuslaw Students in 2019.

Its motto is "Safe Shelter is more than a house." Their primary focus is to improve the quality of life for students and their families, acknowledging that homelessness and poverty are the two biggest deterrents to school success and educational advancement. Safe Shelter for Siuslaw Students works closely with the school district and local partners to address the needs of tions. our students.

to publish books and articles in his own words: "A hundred years Dave is survived by his four the field of computers and education.

> He established the not-forprofit Information Age Education (IAE) in 2007 and experienced considerable success with important in the life of a child."

and his life partner Ann Lathrop. making free educational materials available for use to improve informal and formal education at all levels, throughout the world. His books and his IAE newsletters are available for free download on the IAE website, www.i-a-e.org.

In his last book Dave said, "My cially with the many adaptations dream for this oncoming future is that Homo Sapiens will make effective use of our continuing rapid technological progress to produce a good and sustainable quality of life for themselves, and also to create a balance with nature in which a huge range of forms of life are preserved and prosper."

> Those wishing to honor Dave's memory may contribute to the Siuslaw Education Foundation (P.O. Box 2946, Florence), or Safe Shelter for Siuslaw Students (P.O. Box 1402, Florence), both federally registered 501(c)(3) non-profit charitable organiza-

There is no more fitting epi-In retirement, Dave continued taph for Dave Moursund than from now, it will not matter what my bank account was, the sort of house I lived in, or the kind of car I drove. ... But the world may be different because I was

CLUFF-Stanley Henry Cluff, 104, of Florence died Sept. 7,

home. Stan was born at home in Tenstrike, Minn., to E.E. Cluff and Mar-G. garet Schultz

2021, at his

Cluff on Aug. 20, 1917. Stan was one of 13 children.

Stan and Ella A. Westberg were married Dec. 21, 1940.

Stan served his country in the U.S. Navy from May 8, 1944, to Jan. 10, 1946. He was honorably discharged on the West Coast. Ella and their young daughter Cleo Alice joined him. They lived in Klamath Falls and Springfield, Ore., before settling in the Mapleton/Swisshome area.

Stan worked in local lumber mills: Haskins Lumber Company, Erskine Lumber Company and Davidson Industries.

He was a past master in the Masonic Lodge and a volunteer in the Swisshome Fire Department.

Stan and Ella square danced for many years. Stan was a square dance caller for a time, and he family.

attributed his long life to staying active and square dancing.

In later years, he enjoyed the local Meals on Wheels Program at the Senior Center in Florence.

Stan is preceded in death by his parents, brothers, sisters, wife Ella and daughter Cleo Cockman. He is survived by son-inlaw Witte Cockman, daughters Connie Cluff (life partner Richard Robinson), daughter Carla Dutcher (life partner Danny McIntyre), four grandchildren, seven great-grandchildren, one great-great granddaughter and many nieces and nephews.

The family thanks all caregivers who helped care for Dad. This includes PeaceHealth Peace Harbor Primary Care, Peace-Health Peace Harbor Palliative Care and PeaceHealth Peace Harbor Home Health and Hospice.

A special thanks to Janice and Robert Fiscus, Nancy Allen and Elise Smith.

In lieu of flowers, please donate in memory of Stan to Meals on Wheels of Lane County Florence, Ore.

Interment arrangements by Burn's Riverside Chapel of Florence, Ore. A graveside service will be held at a later date for

### Western Lane Ambulance District & Siuslaw Valley Fire: Call Report for Aug. 30-31, 2021

Date & Time	Area	Туре	8/30/21 19:12	Willow St	no Transport	8/31/21 15:11	Medical, Bay St Transport to PH	ΙH
8/30/21 3:05	9th St	Transport to RB	8/30/21 22:57	9th St	CCT - Transport to RB	8/31/21 15:33	Hwy 101 Transport to PHH	ľ
8/30/21 6:12	22nd St	Assist, Public	8/30/21 23:54	Hwy 101	Assist, Public	8/31/21 17:15	ATV, S Jetty Staging LZ - Florence A	Airport
8/30/21 7:52	Heceta St	Assist, Public	8/31/21 4:51	MVA, Hwy 126	Assist, Public	8/31/21 19:22	Assist, Oak St Public Assist	ľ
8/30/21 8:24	Medical, 9th St	Transport to PHH	8/31/21 5:43	Hwy 36	Transport to PHH	8/31/21 19:39	Medical, 24th St Transport to PH	ΙH
8/30/21 12:20	Spruce St	Assist, Public	8/31/21 8:21	Medical, Hwy 10	1 Transport to PHH	8/31/21 22:32	Fire, Hwy 101 Public Assist	ľ
8/30/21 12:41	Hwy 126	no Transport	8/31/21 10:00	Prestwick Ct	Transport to PHH	8/31/21 23:12	Rhododendron Dr Transport t	to PHH
8/30/21 14:40	Heceta St	Assist, Public	8/31/21 10:12	16th St	Transport to PHH			
8/30/21 14:43	MVA, N Jetty Rd	no Transport	8/31/21 10:38	Spruce St	Transport to PHH	FOLLOW	US FOR THE LATEST NE	WS
8/30/21 16:08	Medical, Oak St	Transport to PHH	8/31/21 11:27	4th St	Assist, Public			
8/30/21 17:06	Fire, Maple St	no Transport	8/31/21 12:12	16th St	Transport to PHH		awNews   TheSiuslawNews.	COM
8/30/21 17:35	Heceta St	Transport to PHH	8/31/21 13:53	Medical, 22nd St	Transport to PHH		AWITEWS T THEOROSLAWITEWS.	.com
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## Most prostate cancers are diagnosed in men older than 65. For localized or regional prostate cancers, the survival rate is nearly 100%.

#### **RISK FACTORS**

Research has found risk factors that increase your chances of getting prostate cancer. These risk factors include-

Age: The older a man is, the greater his risk for getting prostate cancer.

If you have any symptoms that worry you, be sure to see your doctor right away. Keep in mind that these symptoms may be caused by conditions other than prostate cancer. EARLY DETECTION

Two tests are commonly used to screen for prostate cancer-

digital rectal exam (DRE) tests regularly, and treating the cancer only if it grows or causes symptoms.

- Surgery. A prostatectomy is an operation where doctors remove the prostate. Radical prostatectomy removes the prostate as well as the surrounding tissue.
- **Radiation therapy.** Using high-energy rays (similar to X-rays) to kill the cancer. There are two types of radiation therapy-External radiation therapy. A machine outside the body directs radiation at the cancer cells. Internal radiation therapy (brachytherapy). Radioactive seeds or pellets are surgically placed into or near the cancer to destroy the cancer cells. Hormone therapy. Blocks cancer cells from getting the hormones they need to grow.



- Family history: Certain genes (passed from parent to c that you inherited from your parents may affect your prostate cancer risk. Currently, no single gene is sure to raise or lower your risk of getting prostate cancer. However, a man with a father, brother, or son who has had prostate cancer is two to three times more likely to develop the disease himself.
- Race: Prostate cancer is more common in African-American men. It tends to start at younger ages and grow faster than in other racial or ethnic groups, but medical experts do not know why.

Researchers are trying to determine the causes of prostate cancer and whether it can be prevented. They do not yet agree on the factors that can influence a man's risk of developing the disease, either positively or negatively. <u>SYMPTOMS</u>

There are usually no symptoms in the early stages. Some men do not have symptoms at all.

Some symptoms of prostate cancer include—

- Difficulty starting urination.
- · Weak or interrupted flow of urine.
- · Frequent urination, especially at night.
- · Difficulty emptying the bladder completely.
- · Pain or burning during urination.
- Blood in the urine or semen.
- · Pain in the back, hips, or pelvis that doesn't go away.
- Painful ejaculation.

- Digital rectal exam (DRE): A doctor or nurse inserts a gloved, lubricated finger into the rectum to estimate the size of the prostate and feel for lumps or other abnormalities.
- Prostate specific antigen (PSA) test: Measures the level of PSA in the blood. PSA is a substance made by the prostate. The levels of PSA in the blood can be higher in men who have prostate cancer. The PSA level may also be elevated in other conditions that affect the prostate.

As a rule, the higher the PSA level in the blood, the more likely a prostate problem is present. But many factors, such as age and race, can affect PSA levels. Some prostate glands make more PSA than others. PSA levels also can be affected bv

- Certain medical procedures.
- Certain medications.
- An enlarged prostate.
- A prostate infection.

Because many factors can affect PSA levels, your doctor is the best person to interpret your PSA test results. Only a biopsy can diagnose prostate cancer for sure. **Treatment Options** 

Different types of treatment are available for prostate cancer. You and your doctor will decide which treatment is right for you. Some common treatments are-

Active surveillance. Closely monitoring the prostate cancer by performing prostate specific antigen (PSA) and Other therapies used in the treatment of prostate cancer that are still under investigation include-

- Cryotherapy. Placing a special probe inside or near the prostate cancer to freeze and kill the cancer cells.
- Chemotherapy. Using special drugs to shrink or kill the cancer. The drugs can be pills you take or medicines given through your veins, or, sometimes, both.
- Biological therapy. Works with your body's immune system to help it fight cancer or to control side effects from other cancer treatments. Side effects are how your body reacts to drugs or other treatments.
- High-intensity focused ultrasound. This therapy directs high-energy sound waves (ultrasound) at the cancer to kill cancer cells.

For more information, visit the National Cancer Institute's (NCI's) website https://www.cancer.gov/types/prostate/ patient/prostate-treatment-pdq

Florence, Oregon **Us TOO Florence Prostate Cancer Education/Support** on the Oregon Coast www.ustooflorence.org

#### **BOB HORNEY**, **CHAPTER LEADER/FACILITATOR BOTH MEETINGS ARE CURRENTLY ON HOLD.** WATCH SIUSLAW NEWS FOR RESUMPTION

#### Tuesday Evening Group (2nd Tuesday) 5-7 p.m. - Ichiban Chinese/Japanese Restaurant

Urologist Dr. Bryan Mehlhaff attends.

#### Tuesday Lunch Group (3<sup>rd</sup> Tuesday)

12 noon – 1:00 p.m. – Ichiban Chinese/Japanese Restaurant Urologist Dr. Roger McKimmy attends.

> **Contact Bob for more information:** (H) 541-997-6626 (C) 541-999-4239 47maribob38@gmail.com

- Genetic risk BRCA1/ BRCA2 - mutations. Learn why genetic testing may be right for you/family.
- A prostate cancer diagnosis is not needed to attend.
- Spouses/family members are encouraged to attend.
- Bring questions/records get answers
- Someone to talk to who understands.

www.ustooflorence.org