

## Siuslaw News Sports & Leisure

### Sports Calendar

#### March 13

• SHS Soccer  
Hosts Marist 2 pm

#### March 16

• MHS Volleyball  
at T. Lake 6 pm  
• SHS Volleyball  
at C. Grove 6:45 pm

#### March 17

• MHS Volleyball  
hosts T. Lake 6 pm

### ODFW REGIONAL FISHING REPORT

www.dfw.state.or.us/RR

#### Lakes, Ponds, Reservoirs:

Mid-coast lakes were stocked the first couple weeks of February. The lakes that have been stocked include: Cleawox, Munsel, Lost, Carter, Dune and Alder lakes. All these lakes are full of trout and are scheduled to be stocked again in March. Additional lakes are being stocked during the first two weeks of March: Siltcoos, Lost, Woahink and Mercer lakes.

**SIUSLAW RIVER:** Winter steelhead

Winter steelhead fishing continues to be slow on the Siuslaw. The river is now low and clear making it tougher to catch these

See FISHING 3B

### Tide Tables

Entrance Siuslaw River

High Tide	Low Tide
<b>March 13</b>	
12:11am / 7.0	6:06am / 1.5
11:59pm / 7.4	6:26pm / 0.1

<b>March 14</b>	
12:40am / 7.1	7:43am / 1.2
1:38pm / 7.1	7:57pm / 0.6

<b>March 15</b>	
2:07am / 7.2	8:20am / 1.0
2:17pm / 6.8	8:27pm / 1.1

<b>March 16</b>	
2:34am / 7.2	8:57pm / 0.9
2:57pm / 6.4	8:56pm / 1.6

<b>March 17</b>	
3:01am / 7.1	9:35am / 0.9
3:40pm / 6.0	9:26pm / 2.2

<b>March 18</b>	
3:30am / 7.0	10:16am / 1.0
4:27pm / 5.6	9:57pm / 2.8

<b>March 19</b>	
4:01am / 6.8	11:03am / 1.2
5:25pm / 5.2	10:32pm / 3.4



PHOTOS BY NED HICKSON/SIUSLAW NEWS

Siuslaw's Desi Tupua hammers a kill between two Elmira defenders during Tuesday's home match against the Falcons.

## Lady Viks land Falcons for first win

BY ZEAHNA YOUNG  
SIUSLAW NEWS

**Siuslaw d Elmira:**  
25-21, 25-15, 25-10  
**J. City d Siuslaw:**  
25-13, 25-21, 25-19

Last Tuesday (March 9), Siuslaw hosted Elmira for its second volleyball game of the season, issuing the Falcons a stunning defeat in three sets. Coach Ashlee Cole was thrilled with her team's performance.

"It was great," said Cole. "We finally played our own game, and we stopped playing down to other people. We started from the first serve, and it was really good to see."

After succumbing to Marist 3-1 last week, Cole spent the week focusing on several aspects of the game with her



From left: Hayden Muller, Zoe Albery (4) and Alizabeth Norton celebrate the match win.

squad.

"I really drilled into them in practice last week that they're going to make mistakes in

practice, and that's when they [need to] try to work on if [the mistakes] get in their head or not," she said. "We really

worked on that, and that carried over in the game. I really feel like I didn't see anybody put their head down after they made an error. They just kept their focus, forgot about that mistake and kept going. That was a big thing."

The first set started off evenly matched, with both teams staying neck and neck throughout. Alizabeth Norton had a solid block straight out of the gates, and Kya Blake had two kills and an ace. But a shirt series of errors at the net and in serving caused the Viks to fall behind, with Cole calling a time out as the score reached 13-16.

After that point, the girls came back refocused, issuing a kill and a block from Desi

See VIKS 2B

## Vik soccer team kicks it up a notch for home win

BY ZEAHNA YOUNG  
SIUSLAW NEWS

On Tuesday (March 9), Siuslaw's varsity soccer team faced off against Junction City for its second game of the season — and its first at home. The Vikings brought an improved game to the field, however the Tigers were able to dominate in the second half, eventually ending in a 2-5 loss for the Vikings.

Coach Londi Tomaro explained that her team emphasized defense in the first half, "with most of the focus on stopping the Junction City attack. We did pretty well with it and got five shots on goal from four different players."

The Tigers managed to make two goals in the first half, but they were defended heavily by junior Kayden Lane, who made eight saves for the Vikings.

With the team down 0-2 at the half, Tomaro knew that she would have to make some



ZEAHNA YOUNG / SIUSLAW NEWS

**Siuslaw sophomore Yoskar De La Mora slips past an Elmira defender during Thursday's 4-0 win over the Falcons.**

changes going into the next half.

"We needed to start out the second half with a bit more attacking momentum," said Tomaro. "We switched up our lineup and moved a player into the forward line. This additional pressure in the front worked well for us and we scored two goals to tie the game."

The Vikings' Yoskar De La Mora scored the first goal for Siuslaw on a breakaway.

"The goalie came out, but Yoskar got past, then ran on to the ball and kicked it — but he had to run on and kick again to score," said Tomaro. "It was very exciting."

Lane was able to score the

See SOCCER 2B

## Time Out

By Lloyd Little

Retired teacher, coach and game official

*With more than 55 years as an athlete, coach, parent and spectator, Lloyd Little has gained some insights and perspectives regarding athletics. Each week, he shares what he's learned about sports from his multiple points of view.*

### The Art of (football) War

"The Art of War" was written centuries ago by a military strategist and General named Sun Tzu. Written in 500 B.C., his book is still the go to book for military campaigns. Although written for war, tactics Tzu's book has been used for achieving one's goals in many areas of life. Many football coaches are unaware their game preparations are similar to those used throughout history by armies at war.

For 30 years, Siuslaw

See LITTLE 3B