

# Classified Marketplace

## FREE!

Sell your household items for free. Total value of item must be \$300 or less. Free ads include 20-words or less and run 4 times.



SERVING: FLORENCE - MAPLETON - DUNES CITY - WESTLAKE - GARDINER - REEDSPORT

### ANNOUNCEMENTS

To prepare for the winter storm season the Port of Siuslaw has placed protective log booms around its marinas. Booms are placed around the East and West boat basins, and at the boat launch, located at the end of Harbor Street. Increasing debris flow in the Siuslaw River over recent years requires the Port to take these protective measures. Debris trapped in the basins can damage docks and moored vessels, as well as hinder boat launches. The log booms are placed around the marinas to reduce the amount of debris that enters the basins. Port staff still expend many hours per week removing floating debris that enters the basins despite the boom logs, or from when the booms are left open. Boaters are advised to use care when operating around the log booms, and should not attempt to move the booms during strong winds or rough water conditions. Boaters are responsible for securely replacing the log booms after their boat enters or exits the marina or launch ramp area. Boat operators should give careful consideration to the current and river conditions before attempting to move the log booms. Chains and shackles secure the booms, but handling lines are attached to each boom for ease of opening and closing the boom. Instructions are posted at the docks for moving and securing the booms and Port staff are available to answer questions or provide assistance. Any questions should be directed to the Port office at 541-997-3040.

### REAL ESTATE

**Apartment For Rent**  
\$650/mo. plus deposit. Reed sport- 2-level, 2bdrm, 1.5ba., water/garbage/laundry, NP/NS or vaping. 541-991-6833.

**Office Space For Rent**  
\$725/mo. - Office Space behind New Concepts Salon. Newly remodeled. Approx. 700sq. ft. Wi-Fi, Water & Garbage included. 541-999-1072.

### AUTOMOTIVE

**Accessories**  
Toyota Tundra 20" custom wheels and tires with good highway tread - \$400. Leer standard bed cover - \$500/obo. 541-999-2902.

**Vehicles**  
1989/620 CHEVY VAN STARCRAFT Conversion. Dependable ride, 350 V-8, fuel Inj. Service records, new tags, new exhaust, rare find. \$4,900 541-790-9988

### MERCHANDISE

**Animals**  
Wanted: Lab puppy. Gender not important. 541-590-3871.

**Appliances**  
Washer & Dryer set. Works great. \$125/obo. 541-991-3019 lv.msg.

**Auctions**  
ONLINE ARTAUCTION NOW Thru Dec. 13th Fine arts and crafts, collectibles, curated art supplies, shipped directly to you. Help raise funds for Oregonians in need! <https://sass.betterworld.org/auctions>.

### Firewood

**FIREWOOD FOR SALE**  
Down and split since 3/2020 \$150/cord You haul No deliveries 541-991-1123 or 541-991-0735 If no answer leave message

### Furniture

Exquisite fine furniture 8'x4'x2' stainless & oak book case. \$295. 541-999-1091.

### Garage Sales

Linda's Thrift Store Hwy 101 & 37th Full of new items cleaned out a hoarder's home. Over 1000 new DVD's, VHS, Christmas galore, globes, stuffed animals. Everything you could imagine. Kitchen items, light-house nautical décor, antique dressers, new leather jackets sizes 2 & 3XL, quilts and lots, lots more. New items daily. Open Monday-Saturday 10am-5pm. Masks required.

### Medical Equipment

Portable Oxygen Concentrator May Be Covered by Medicare! Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. Free information kit! Call 855-792-9764.

### To Give Away

Free - 2 Twin Mattress and box spring sets. Like New. Excellent condition. 541-999-1091.



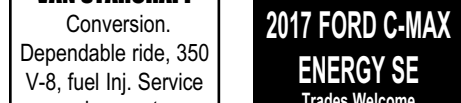
**2011 LINCOLN MKZ**  
55,785 Miles, custom wheels, luxury, "Loaded" No dents \$11,000 503-382-7485



**40 MPG+**  
**2010 TOYOTA PRIUS II**  
Low Miles, One Owner. Trades Welcome \$11,995 Stk#20U40



**2016 FORD C-MAX ENERGY SEL**  
Low Miles. Trades Welcome \$14,995 Stk#20U43



**2017 FORD C-MAX ENERGY SE**  
Trades Welcome \$14,995 Stk#20U34



**2019 FORD FUSION HYBRID SEL**  
\$20,995 Stk#20U38



**2019 KIA NIRO TOURING**  
Loaded! Low Miles Trades Welcome \$24,995 Stk#20U35A



**2012 CHEVY MALIBU**  
Low Miles, Well Equipped! Was \$11,995 Sale - \$9,995 Stk#19T55B



www.johnstonmotorcompany.com  
2150 Hwy. 101, Florence (541) 997-3475 1-800-348-3475



## Graphic Searchers

Please submit your entry for a chance to win a gift certificate: By E-mail Only

We need your name, phone number and where you found the graphic or an attached photo.

**Submit by 2pm Monday**

Email: [pmchale@thesiuslawnews.com](mailto:pmchale@thesiuslawnews.com)



### Supporting Children And Teens In Managing Their Diabetes

NAPSI)—Diabetes is not just an adult disease. It's one of the most common chronic conditions affecting children and teens in the United States. Today, it affects about 193,000 youth under 20 years of age and rates of newly diagnosed cases in young people are increasing.

When a young person has diabetes, it can be difficult to determine whether the disorder is type 1 or type 2. In either case, managing the diabetes is very important for long-term health.

Children and teens need support from their parents or other adult caregivers to manage their diabetes. Research shows that managing diabetes best works when adults and youth work as a team. The young person can gradually take on more responsibility, with the adult monitoring from a distance and making changes as needed.

Here are the main tasks that need to be covered in a diabetes plan:

- Manage blood glucose levels.** An important goal for youth with diabetes is to take medicines as prescribed, at the right time, and in the right dose—even when they feel good or have reached their suggested target for blood glucose goals. Research shows that health complications can be greatly reduced, delayed, or possibly prevented by keeping blood glucose levels near normal. It's also important to consistently take prescribed blood pressure or cholesterol medicines.
- Adopt healthy habits.** Youth with diabetes should follow a healthy eating plan that allows enough calories for growth but avoids added sugar and fat. Getting enough sleep is also important. Some strategies that parents and youth can negotiate are to turn off electronics before bedtime and to keep a regular sleep schedule. A third important healthy habit is regular physical activity. If possible, youth should check blood glucose levels before, during, and after a game or a sport, to help monitor blood glucose levels.
- Stay prepared for emergencies.** A "go kit" that young people can assemble with help from adults includes at least a week's worth of medical supplies and equipment, a three-day supply of food, emergency and health care professional contact lists, a medication list including doses and dosing schedules, and an allergy list. During the COVID-19 pandemic, face coverings, hand sanitizer, and disinfecting wipes can be added to the go kit. Adults can reinforce with young people the value of social distancing, along with use of these go kit supplies, to prevent spread of infection.
- Monitor for diabetes complications.** Early diagnosis and treatment can help reduce risk for heart disease, vision loss, nerve damage, and other related health problems.
- Seek mental health support.** It can be very helpful for young people with diabetes to connect with others their own age who also have diabetes. This can help reduce stress and anxiety and boost motivation for sticking to a plan to manage their diabetes. The young person's health care team should have information on youth support groups (online or in-person) and other mental health resources.

The National Institute on Diabetes and Digestive and Kidney Diseases (NIDDK) spearheads research to help improve diabetes management and treatment in children and teens. "Our understanding of how type 2 diabetes affects youth is still maturing," says NIDDK Director Dr. Griffin P. Rodgers. "We must continue to explore treatments to ensure that these young people can live long, healthy lives."

For more information on managing diabetes, visit the NIDDK website, [www.niddk.nih.gov](http://www.niddk.nih.gov).

### PUBLIC NOTICES

**PUBLIC NOTICE**  
Mapleton Water District: A water system: A Grant and Loan for a new water system/treatment plant was approved Oct. 2, 2020. The estimated cost is \$1,400,000 of which \$700,000 is a Grant and \$700,000 is a low interest loan, with a term of 30 years at 1% interest. Publication Date: November 21, 2020

**LYNNETTE WIKSTROM**  
Broker  
(541) 997-7777 EXT 118 OFFICE  
(800) 999-5343 TOLL FREE  
(541) 997-7159 FAX  
(541) 999-0786 CELL  
[lynnette@cbcoast.com](mailto:lynnette@cbcoast.com)

**COLDWELL BANKER COAST REAL ESTATE**  
100 HIGHWAY 101  
PO BOX C  
FLORENCE, OR 97439

Each Office is Independently Owned and Operated

## Graphic Winners

You can claim your \$10 Gift Certificate to the Siuslaw News via email [mberg@thesiuslawnews.com](mailto:mberg@thesiuslawnews.com) or telephone 541-997-3441.

The value is equal to 13 consecutive Siuslaw News issues.

You may add it to your current subscription or share with a friend.

Large commercial building with Highway 126 frontage. Nearly 6,000 sq. ft. of space and a fully paved front parking area. Concrete flooring, installed slat wall, office & storage space. \$975,000 List #955/20542258

Beautiful Siuslaw River view MFD home is has 2 bdrms, 2 bath w/1800 sq. ft. of living space. Great sunroom w/French doors & view deck. Master suite. Attached 2-car garage. Double lot. RV hookups. \$339,900 List #989/20113717

Country living, in City Limits. Great lot located in the Spruce Village neighborhood. All City services available. Paved roadway access. Come find your new home site. \$63,500 List #1011/20690179

Mapleton 3 home sites on 1.64 Acre. Two existing homes and a third site with RV parking site & cabin plans. 2 bdrm, 2 bath riverfront home w/1296 sq. ft. of living space. 2nd residence has 2 bdrms, 1 bath, & is 932 sq. ft. \$569,000 List #997/20661502

**PENDING!**  
Commercial investment opportunity. Great location & exposure in Old Town Florence. Multiple rooms through building. Front & back door access. Extra parking located in the back. \$295,000 List #1010/20348189

1870 HWY 126, SUITE A  
PO BOX 3040  
FLORENCE, OR  
FAX 541-997-7654  
VISIT US ONLINE AT  
[WWW.JIMHOBERG.COM](http://WWW.JIMHOBERG.COM)

**WEST COAST REAL ESTATE SERVICES, INC.**  
541-997-7653

- RESIDENTIAL
- LAND
- COMMERCIAL
- PROPERTY MANAGEMENT

Beach area fixer on 3 platted lots sold as one. Home is a tear-down or heavy fixer. Property has a single car garage. Heceta water & power on site. Located 1/4 mile from Beach access. \$199,900 List #1005/20403399

Residential development opportunity! The Heceta Dunes subdivision is a gated subdivision with 7 lots. Each lot setting has privacy, acreage, and a gravel driveway. Septic approval & utilities available. \$825,000 List #976/20238742

Residential development opportunity! The Heceta Dunes subdivision is a gated subdivision with 7 lots. Each lot setting has privacy, acreage, and a gravel driveway. Septic approval & utilities available. \$825,000 List #976/20238742