## Kids In The Kitchen

## **Celebrity Chef Mentors 4 Youth**

(NAPSI)-Noted Chef Tom Douglas cooked up a way for four youth who have experienced foster care to explore culinary careers.

#### What Douglas Did

The Seattle restaurateur, who defeated Masaharu Morimoto on "Iron Chef America," mentored Paris, Skyler, Philipe and Journey through Treehouse. The nonprofit is dedicated to giving youth in care a childhood and a future. The youth spent time with Douglas getting his advice and learning to improve their cooking skills. He taught them the proper way to cut up a chicken and make three delicious meals-roast chicken, stirfry and chicken piccata. What Treehouse Does

Treehouse youth learn to set goals and make plans for the future as they work to graduate from high school, a key marker for future success. The organization, which operates throughout Washington and contributes to the national conversation on foster care, supports young adults well into their 20s—or until they achieve a degree or credential, living wage and stable housing.

#### Why It's Important

Seventy percent of youth in foster care dream of attending college, but fewer than half earn a high school diploma and only 3 percent go on to earn a bachelor's degree. In comparison, Treehouse's youth



celebrity chef and restaurateur Tom Douglas. enjoy an outstanding 82 percent

Treehouse youth mentored by

extended high school graduation rate and ongoing access to career coaches, a variety of services and material resources such as cloth-

#### Where to Learn More

View video of Douglas and the youth at http://bit.ly/videotreehouse. This is the fourth mentoring video in the series. In other videos, Mike McCready of Pearl Jam created a song with five Treehouse youth, best-selling author Marissa Meyer of "The Lunar Chronicles" coached a young writer and renowned paper-cut artist Barbara Earl Thomas worked with three youth on a major project for EXPO

To discover the many ways to support Treehouse's mission, visit www.treehouseforkids.org.

# Hints For The Home

**Don't Forget THIS During A Deep Housecleaning** 

(NAPSI)—When comes to doing a thorough cleaning, there are the "usual suspects": getting rid of old clothes and magazines, organizing the pantry, cleaning the yard and getting the garden ready to plant. But there's one item that many people don't think about when it comes to deep cleaning—unused, unwanted cans of paint.

Not only do cans of paint clutter a basement, garage or crawl space, these areas are susceptible to moisture that can cause cans to become rusty or leaky. It's important to properly dispose of unused paint-especially if you have completed any improvement home

projects in the past year. Before you get rid of your paint, however, it's wise to create a paint list to keep in your files. Include the brand name, paint color or number, and the name of the room where that paint was used. Then, you can reference this list when you need to do a touchup or when you're looking to repaint.

Next, think about using up leftover paint for another project. Instead of buying new paint, simply use some paint you may already have. Looking to give an old rocking chair or dresser a makeover so it looks fresh and new? Use up paint from a recent bedroom or bathroom makeover.

If repurposing leftover paint in creative ways isn't up your alley, there's a way to recycle and properly dispose of unused paint: Take it to a PaintCare dropoff site. PaintCare is the paint recycling program that makes it easy for consumers and businesses to drop off their unwanted paint for recycling at no additional

> Sinking of the Titanic Anniv.: April 15, 1912



Properly disposing of leftover paint is easier than many Coloradans think through a paint recycling program.

cost at over 170 participating locations in Col-

Drop-off sites are conveniently located at paint and hardware stores and accept all paint brands, regardless of when or at which store in Colorado it was purchased. Items that can be dropped off for recycling include most house paints, primers, stains, sealers, and clear top coatings (varnish and shellac). Drop-off is available year-round during each retail location's regular business

hours. PaintCare then works with partners to transport the collected paint from the drop-off sites to processing facilities, where it's remixed into recycled-content paint, given away through local reuse programs, used as fuel, or used in other products and applications. If it can't be recycled or used some other way, it will be dried out and properly

disposed of. When you need to buy paint for a project in the future, make sure you buy the right amount to minimize leftover paint. Then, you won't need to worry about using up or recycling the rest. To do this, give the representatives at your paint store the dimensions of the

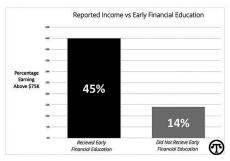
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Good Luck

room you're painting. They should be able to tell you how much you'll need, depending on the type of coating and the desired outcome. You can also use an online paint calculator to help determine how much paint you need to get. The next time you think about storing or throwing away unwanted paint, think again...and recycle it! For more information and to find a drop-off site near you, visit www.paintcare.org.

**Raising Financially Successful Children** 



It pays to teach your kids about money. A recent study revealed a link between early financial education and future

(NAPSI) - Good news for parents: You can help your kids learn to do well. Studies suggest a clear correlation between early education in money and future financial success.

#### Financially Educated Children Become **Financially Successful** Adults

People who learned about money as children were three times as likely to have a personal annual income of \$75K or higher than those who didn't, according to a survey by Quicken, maker of the best-selling personal finance software in the U.S.

But there's a problem: One-third of adults surveyed said no one taught them about money when they were children. Among that group, only 13 percent report a high level of confidence in their fi-

#### **How Does Your Own Upbringing Influence** What You Teach Your Kids?

People who learned about money as children were 20 percent more likely to prioritize teaching their own kids about money. Those who said no one taught them about money as a child were twice as likely to delay talking to their own

children about money until age 18 or older.

**Teaching Tools** The top tools—allowance, savings accounts, piggy banks-may not have changed much, but the lessons have evolved. Today, parents are teaching their children about charitable giving 60 percent more than their own parents did, using credit cards as teaching tools almost 50 percent more, and teaching their kids about investing 85 percent more than the people who taught

them about money. Money Talk Tips

#### To help your family discuss finance, try these three ideas:

1. Set an example. If you're an example of financial responsibility, your kiddos will be more likely to follow.

2. Use tools. The right tools can make a big difference. The survey showed that 62 percent of the people who do not use any personal finance tools also reported a lack of confidence in their current financial situ-

3. Talk early and often. An early start and frequent conversations about money can be key to setting your kids on the path to a healthy financial future.

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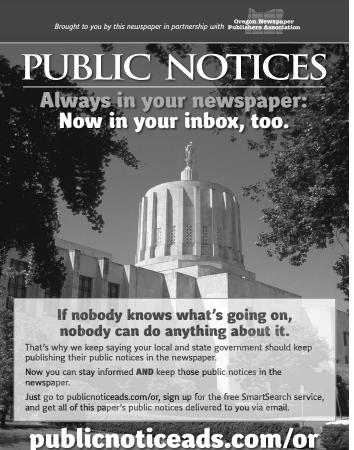
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