

Public Notices Continued from Previous Page

**Participate in Person:** Although it is strongly encouraged that people **not** attend the meeting in person, the opportunity will still exist to participate in the meeting at Florence City Hall. However, to protect safety and ensure social spacing only a limited number of audience members will be allowed to attend the meeting at any one time. Should it be necessary, opportunities to listen to the meeting will be provided for any necessary overflow areas. Please note that in person meeting attendance will be subject to applicable regulations in place at the time of the meeting, which are subject to change.

The City of Florence is committed to the safety and well-being of our community and staff. We appreciate our citizens patience during this time. For more information please contact the City of Florence Planning Department at (541) 997-8237 or visit the City's website at [www.ci.florence.or.us](http://www.ci.florence.or.us).  
Publication Date: March 21, 2020

**Moving? Art Project?**

The Siuslaw News is having a sale on our end rolls, blank newsprint. Prices range from \$8 to \$50 depending on size. You can see our inventory at 148 Maple St. in historic Old Town Florence.



**Hints To Help You Stay On The Road To Safe Driving**

(NAPSM)—For many older adults, retaining the ability to drive is very important. It means independence and makes it easier to do shopping, see friends and family, and keep medical appointments. It's not always a safe option, however.

Physical and mental changes related to aging can affect your ability to drive safely. If you're alert to these changes and manage them carefully, you may be able to continue driving safely for some time.

To keep your skills as sharp as possible, consider following these suggestions from experts at the American Geriatrics Society (AGS), healthcare professionals dedicated to improving the health, independence, and quality of life of older people:

Check your eyesight to keep it as sharp as possible by getting a complete annual eye exam once you turn 60. Test yourself to monitor your vision:

- Do you have problems reading street signs?
- Are you having difficulty seeing road or pavement markings, curbs, or other vehicles or pedestrians, especially at dawn, dusk, and nighttime?
- Is glare from oncoming headlights making it hard to see when driving at night?
- Assess your physical fitness to drive by asking yourself:
  - Can I comfortably turn my neck to see over my shoulder when I change lanes?
  - Can I easily move my foot from the gas pedal to the brake? Can I easily turn the steering wheel?
  - During the past year, have I fallen one or more times?
  - Do I regularly walk more than a block a day?
  - Can I raise my arms



**With age, your ability to drive may diminish—but you can get help to maintain your independence longer.**

above my shoulders?

Perform a reality check on your attention span and reaction time:

- Are you overwhelmed by signs, traffic signals, and car and pedestrian traffic, especially at busy intersections?
- Does it seem harder to merge into traffic on the highway?
- Do you take any medications that make you sleepy, dizzy, or confused?
- Do you feel less confident about driving at highway speeds?
- Do you react slowly to cars entering your roadway, or to cars that have slowed or stopped in front of you?

**Pay attention to changes and warnings:**

- Have friends or family members expressed worries about your driving?
- Have you ever gotten lost on familiar routes or forgotten how to get to familiar destinations?
- Has a police officer pulled you over to warn you about your driving?
- Have you been ticketed for your driving, had a near miss, or a crash in the last three years?
- Has your healthcare provider warned you to restrict or stop driving?

**Consider Getting a Professional Driving Assessment**

If you've experienced driving problems like these or are worried about your ability to be a safe driver, consider getting a professional as-

essment of your skills.

Occupational therapists trained as driving rehabilitation specialists can evaluate your driving skills and strengths, as well as any physical, visual, and cognitive challenges you may face. They can also evaluate your ability to operate a vehicle safely and, if needed, recommend ways to reduce your risks.

Driving rehabilitation specialists are trained to evaluate older drivers for:

- Muscle strength, flexibility, and range of motion
- Coordination and reaction time
- Judgment and decision-making skills
- Ability to drive with special devices that adapt your vehicle to your needs.

The specialist may recommend ways for you to drive more safely after the evaluation. Suggestions may include getting special equipment for your car or helping you sharpen your skills.

If you're not sure how to find a driving rehabilitation specialist, you can talk to your healthcare provider or ask the American Occupational Therapy Association for a directory.

For more safe driving resources for older adults and caregivers, visit the AGS's public education website, <https://www.healthinaging.org/driving-safety>.

**Hey Graphic Searchers**

Due to the recent turn of events with the CORVID-19, Please submit your entry for a chance to win a gift certificate: **By E-mail Only** We need your name, phone number and where you found the graphic or an attached photo.

**Email: [pmchale@thesiuslawnews.com](mailto:pmchale@thesiuslawnews.com)**

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**MISCELLANEOUS:**

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**GOT AN OLDER CAR, VAN OR SUV?** Do the humane thing. Donate it to the Humane Society. Call 1-877-246-1527.

**'Fur-get' About Stress When Moving With Pets**

(NAPSI)—If you're a pet parent, you're far from alone. According to the American Veterinary Medical Association, nearly six in 10 American households have at least one pet.

When the time comes to move that household, however, there are a few things you should consider to keep your four-legged family members happy and healthy.

**Moving with Pets**

**1. Before you pick up the rental moving truck:**

- Check with your pet's veterinarian to see if a mild sedative is recommended for the move.
- If your animal will be traveling in a crate, consider preparing him ahead of time by leaving the crate out and open for your pet to go in and out of freely.
- Consider taking small trips in your car with your pets in a crate or carrier to help get them more ac-

climated before your big move.

- Put your pet on a leash or in a kennel or cage when outside the moving truck.
- Be sure to have an appropriate ID tag attached to your pet's collar with a current phone number. You might also consider micro-chip technology that has the full information about your pet placed on a chip under his skin.

**2. During your move:**

- Try to keep your pets away from the action.
- Animals should travel only in the cabin of the Penske rental truck, where the driver can control the temperature and keep an eye on the animal. Use a dog harness or crate your pet properly for the trip. Never place pets in the back of a moving truck, as the temperature can become dangerously high and create an unsafe environment for animals.
- While on the road, make sure to take your pet's favorite blankets, toys and high-value treats to make the ride as comfortable and enjoyable as possible.
- Bring enough water and food for the journey, as well as any medications they may need.
- If you are moving with small pets, such as guinea pigs, birds or fish, keep them contained at all times.
- Never leave your pet in the truck.
- If your pet becomes overheated while traveling, take her to an air-conditioned area and place her in a shallow tub of cool water or rub her down with cool, wet towels.
- If you have to travel a long distance to your new home and have to stay somewhere overnight, look for a pet-friendly establishment.

**3. When you arrive:**

- Make sure to unpack

your pet's belongings—bedding, food and water bowls, toys—as soon as you get there. Having familiar items around will help your pet adjust as quickly as possible to his new surroundings.

Remember, pets may take a little while to get used to a new place with new smells and sounds. Be patient and understanding of any bathroom accidents or unusual hiding as they establish themselves into a new environment and learn that the new home is a safe place.

**Learn More**

For further moving tips and tactics, visit [www.PenskeTruckRental.com](http://www.PenskeTruckRental.com). There, you can also learn about free unlimited miles on all one-way truck rentals; discounts for AAA members, college students and members of the military; packing supplies; and 24/7 roadside assistance.



**Graphic Search**

Here is how it works... We will put a graphic or photo in the box to the left. You find it somewhere in the classifieds. To enter your name into the drawing for a gift certificate

Email Name, phone # and where you found it to: [pmchale@thesiuslawnews.com](mailto:pmchale@thesiuslawnews.com)

Aries, The Ram  
3/21 - 4/19

Saturday's Graphic

**Good Luck**

DAVID JEFFERIS found the Spring Begins Graphic on Page 8B (Coldwell Banker Coast Real Estate - First listing SANDPINES EAST - bottom right corner in bush). He has won a Gift Certificate towards a Siuslaw News Subscription.

Gift Certificates must be picked up within 2 weeks of winning  
Deadline for today's paper:

**Monday by 2:00 PM**



Wednesday's Graphic

**Business & Service Directory**

**D-070 CONSTRUCTION/CONTRACTORS**

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