

Saturday Daytime

November 16, 2019

F	NP	DT	D	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30		
4	-	13	13	KVAL	Innovation Nation	Mission Unstoppable	Pet Vet-Team	College Football (N) (Live) (HD) (CC)						College Football (N) (Live) (HD) (CC)						Hope in the Wild (N)	Inside Edition			
-	-	-	-	KOB	(6:00) Today (N)	Earth Odyssey	Earth Odyssey	Consumer 101 (N)	A New Leaf (N)	Vets Saving Pets (N)	The Champion Within	Paid Program	College Football Navy at Notre Dame. From Notre Dame Stadium in South Bend, Ind. (N) (Live) (HD)	Missing (N) (CC)		P. Allen Smith	Soledad O'Brien	Dog Tales (CC)						
6	-	16	16	KMTR	(6:00) Today (N)	Earth Odyssey	Earth Odyssey	Consumer 101 (N)	A New Leaf (N)	Vets Saving Pets (N)	The Champion Within	Paid Program	College Football Navy at Notre Dame. From Notre Dame Stadium in South Bend, Ind. (N) (Live) (HD)	Street Magic (N)		MyDestina-Tion TV (N)	Madam Secretary "Winter Garden" (N) (HD)							
7	-	28	-	KOAC KEPC	Sesame Street	Pinkalicious	Cyberchase (N)	SciGirls (N) (CC)	Biz Kids (N) (CC)	Garden Smart (N)	Garden Home	Best of Sewing	Quilting Arts (N)	Love of Quilting	It's Sew Easy (N)	Kimball's Milk Street	Test Kitchen	Cook's Country (N)	Martha Bakes (N)	MotorWeek (N) (HD)	Craft-Legacy	Ask This Old House		
9	-	9	9	KEZI	Good Morning	KEZI 9 News This Morning (N) (CC)	College Football Teams TBA. (N) (Live) (HD) (CC)						Coll. Football	College Football Teams TBA. (N) (Live) (HD) (CC)						Coll. Football	College Football			
-	-	36	36	KTVQ	(7:00) SS Study Hour	Better Life Today	Variety	3ABN Spring Camp Meeting	Great Controversy	It is Written (N) (CC)	Doug Batchelor	Kids Time Praise	Incomparable Jesus	Secrets Unsealed	Better Life Today	Hope in Motion	Sanctuary, Salvation	Lineage	GP Worship Hour					
13	-	34	34	KLSR	Paid Program	Big Noon Kickoff (N) (Live) (HD)	College Football Teams TBA. (N) (Live) (HD)						College Extra	College Football Teams TBA. (N) (Live) (HD)						College Extra				
8	3	317	226	QVC	(7:00) Saturday Morning Gifts (N) (Live) (CC)							Dooney & Bourke Handbags and accessories. (N)	Great Gifts (N) (Live) (CC)						Dooney & Bourke Handbags and accessories. (N)					
10	14	307	-	WGN-A	(7:00) JAG	JAG "Guilt" (N) (CC)	JAG "Mixed Messages"	JAG "Redemption" (N)	JAG "Ambush" (N)	JAG Rivalry (N) (CC)	JAG "Bridging the Gulf"	Blue Bloods (N)	Blue Bloods (N)	Blue Bloods (N)	Blue Bloods (N)	Blue Bloods (N)	Blue Bloods (N)	Blue Bloods (N)	Blue Bloods (N)	Blue Bloods (N)	Blue Bloods (N)	Blue Bloods (N)		
11	-	23	23	KEVU	Farm Rpt	Paid Prog.	Garden	Paid Prog.	Estate	Garden	House	Raw Travel	Cars.TV (N)	Crossfire Ministries	More Than Mike	Last Man	Mike	Broke Girl	Mod Fam	Funny You	Paid Prog.			
24	36	252	108	LIFE	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Becoming Santa (2015) Michael Gross. Christmas in the City (2013) (CC)	The Road Home for Christmas (2019) Maria Sokoloff.											
25	25	236	114	EI	The Kardashians	The Kardashians	The Kardashians	The Kardashians	The Kardashians	The Kardashians	The Kardashians	* Bride Wars (2009, Comedy) Kate Hudson. (CC)	* The Wedding Planner (2001) Jennifer Lopez. (CC)		What to Expect When									
26	56	248	137	FX	** Now You See Me (2013) Jesse Eisenberg, Mark Ruffalo. Agents track a team of illusionists who are thieves. (N) (CC)	*** Dawn of the Planet of the Apes (2014, Science Fiction) Andy Serkis, Jason Clarke. Humans and genetically evolved apes battle for supremacy. (N) (CC)						*** War for the Planet of the Apes (2017, Science Fiction) Andy Serkis, Woody Harrelson. Soldiers battle Caesar and his army of intelligent apes. (N) (CC)		** Minions (2015) Voices of Sandra Bullock. (N) (CC)										
27	29	206	140	ESPN	(6:00) College GameDay (N) (Live)	College Football Teams TBA. (N) (Live)						Scoreboard	College Football Teams TBA. (N) (Live)											
28	30	209	144	ESPN2	SportCtr	SportsCenter (N) (Live)	College Football Teams TBA. (N) (Live)						Scoreboard	College Football Teams TBA. (N) (Live)										
29	66	301	106	TVLAND	(7:45) Roseanne (N)	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	(11:15) Roseanne (N)	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Roseanne	Two Men	Two Men	Two Men	Two Men	
30	49	276	886	NGEO	Running	Bikers and Mobsters	Philly Mob (CC)	Manhattan Mob	Gangs of London (CC)	Gangs of London (CC)	Gangs of London (CC)	Gangs of London (CC)	Gangs of London (CC)	Gangs of London (CC)	Gangs of London (CC)	Gangs of London (CC)	Gangs of London (CC)	Gangs of London (CC)	Gangs of London (CC)	World's Most	World's Most	Biker Chicks		
31	58	360	205	FNC	(7:00) Cavuto Live (N) (Live) (CC)	America's News Headquarters (N) (Live) (CC)						America's News HQ	Journal Editorial Report											
32	60	356	209	MSNBC	(7:00) AM Joy (N) (CC)	Weekends-Alex Witt						Weekends-Alex Witt	MSNBC Live											
34	32	290	172	DSNY	(7:40) Big City Greens (N)	Big City Greens	Big City Greens (N)	Big City Greens (N)	Bunk'd (N) (CC)	Coop & Cami	Raven's Home (N)	Just Roll With It (N)	Gabby Duran	Bunk'd (N) (CC)	Bunk'd (N) (CC)	Sydney to the Max (N) (CC)	Sydney to the Max (N) (CC)	Raven's Home (N) (CC)	Raven's Home (N) (CC)	Raven's Home (N) (CC)	Raven's Home (N) (CC)			
35	43	325	168	PARMT	Paid Program (N)	Bar Rescue "Gone in a Flash" (N) (CC)	*** Trading Places (1983) Dan Aykroyd, Eddie Murphy. Two men's lives are altered by a bet made between tycoons. (N) (CC)						*** Friday (1995) Ice Cube. Buddies in South Central L.A. ponder repaying a dealer. (N) (CC)		*** Next Friday (2000, Comedy) Ice Cube, Mike Epps, Justin Pierce. A young man lives with kin who won the lottery. (N) (CC)		* Friday After Next (2002) Ice Cube. (N) (CC)							
36	44	249	107	COM	Parks and Recreation	The Office (N) (CC)	(8:35) The Office (N) (CC)	(9:10) The Office (N) (CC)	(9:45) The Office (N) (CC)	A motivational harbor cruise. (N) (CC)	(10:20) The Office (N) (CC)	(10:55) The Office (N) (CC)	The Office (N) (CC)	(12:05) ** Austin Powers: International Man of Mystery (1997) Mike Myers, Elizabeth Hurley. (CC)	Man of Mystery (1997) Mike Myers, Elizabeth Hurley. (CC)		(2:15) *** Austin Powers: The Spy Who Shagged Me (1999) Mike Myers, Heather Graham. (CC)		Austin Powers: International Man of Mystery (1997) Mike Myers, Elizabeth Hurley. (CC)					
37	50	245	138	TNT	NCIS: New Orleans	NCIS: New Orleans "Le Carnaval de la Mort"	NCIS: New Orleans "My Brother's Keeper" (CC)	NCIS: New Orleans "More Now" (N)	NCIS: New Orleans "More Now" (N)	*** 300 (2006, Action) Gerard Butler, Lena Headey. Badly outnumbered Spartan warriors battle the Persian army. (CC) (DVS)	*** Friday (1995) Ice Cube. Buddies in South Central L.A. ponder repaying a dealer. (N) (CC)		*** Next Friday (2000, Comedy) Ice Cube, Mike Epps, Justin Pierce. A young man lives with kin who won the lottery. (N) (CC)		* Friday After Next (2002) Ice Cube. (N) (CC)									
38	20	247	139	WTBS	Misery	Misery	Friends (N)	Friends (N)	Friends (N)	*** Batman (1989, Action) Jack Nicholson, Michael Keaton. (CC)	(12:45) ** Batman Returns (1992, Action) Michael Keaton. (CC)		(3:15) ** Batman Forever (1995) Val Kilmer. (CC)											
40	65	244	122	SVFY	Paid Program	* Cell (2016, Horror) John Cusack. A cellphone signal turns New Englanders into savages. (CC)	*** 47 Ronin (2013) Keanu Reeves, Hiroyuki Sanada. samurai seek revenge on a treacherous overlord. (CC)						* Ghost Rider: Spirit of Vengeance (2012, Action) Nicolas Cage, Idris Elba, Ciaran Hinds. (CC)		(2:36) ** Ghost Rider (2007) Nicolas Cage, Eva Mendes. A motorcycle stuntman is a supernatural agent of vengeance. (CC)									
41	63	273	129	BRAVO	Cash Cab	Below Deck (CC)	Below Deck (CC)	Below Deck (CC)	Below Deck (CC)	Below Deck (CC)	Below Deck (CC)	Below Deck (CC)	Below Deck (CC)	Below Deck (CC)	Below Deck (CC)	Below Deck (CC)	Below Deck (CC)	Below Deck (CC)	Below Deck (CC)	Below Deck (CC)	Below Deck (CC)	Below Deck (CC)		
42	54	229	112	HGTV	Bones	Good Bones (CC)	Good Bones (CC)	Good Bones (CC)	Good Bones (CC)	Good Bones (CC)	Good Bones (CC)	Good Bones (CC)	Good Bones (CC)	Good Bones (CC)	Fixer Upper (CC)	Fixer Upper (CC)	Fixer Upper (CC)	Fixer Upper (CC)	Fixer Upper (CC)	Fixer Upper (CC)	Fixer Upper (CC)	Fixer Upper (CC)		
43	38	687	-	ROOT	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	College Basketball Cornell vs DePaul. From Winturst Mont. (N) (Live)	College Football Weber State at Montana. From Washington-Grizzly Stadium in Missoula. (N) (Live)						College Football Weber State at Montana. From Washington-Grizzly Stadium in Missoula. (N) (Live)							
44	52	242	105	USA	Paid Program (CC)	Paid Program (CC)	Paid Program (CC)	Temptation Island "Guilt Ridden" (CC) (DVS)	Temptation Island "Something's in the Air"	Temptation Island "The Walk of Shame"	Temptation Island "A Real Man" (CC) (DVS)	Sex and the City (N)	Sex and the City (N)	Sex and the City (N)	Sex and the City (N)	Sex and the City (N)	Sex and the City (N)	Sex and the City (N)	Sex and the City (N)	Sex and the City (N)	Sex and the City (N)	Sex and the City (N)		
46	47	280	183	TLC	Outdaugh.	Outdaughed (N) (CC)	Outdaughed (N) (CC)	Outdaughed (N) (CC)	Outdaughed (N) (CC)	Welcome to Plathville	Welcome to Plathville	Untold Stories of the ER	Untold Stories of the ER	Untold Stories of the ER	Untold Stories of the ER	Untold Stories of the ER	Untold Stories of the ER	Untold Stories of the ER	Untold Stories of the ER	Untold Stories of the ER	Untold Stories of the ER	Untold Stories of the ER		
48	64	256	132	TCM	(7:07) * Hot Shots (1986)	* Sucker List	*** Bride of Frankenstein (1935) (CC) *** Something of Value (1957) Rock Hudson. (CC)						*** Major Dundee (1965) Charlton Heston, Richard Harris. (CC)		** The Terminal Man (1974) George Segal. (CC)									
49	48	278	182	TDC	(7:00) Major League Fishing's Bass Pro Tour (N) (CC)	Secret Nazi Ruins "The Devil's Lair" (N) (CC)	Secret Nazi Ruins "The Devil's Lair" (N) (CC)	Secret Nazi Ruins "Mystery of the Nazi Nukes"	Secret Nazi Ruins "Conspiracy on Death Island"	Secret Nazi Ruins "The Doomsday Castle" (N)	Secret Nazi Ruins "The Doomsday Castle" (N)	Secret Nazi Ruins "The Doomsday Castle" (N)	Secret Nazi Ruins "The Doomsday Castle" (N)	Secret Nazi Ruins "The Doomsday Castle" (N)	Secret Nazi Ruins "The Doomsday Castle" (N)	Secret Nazi Ruins "The Doomsday Castle" (N)	Secret Nazi Ruins "The Doomsday Castle" (N)	Secret Nazi Ruins "The Doomsday Castle" (N)	Secret Nazi Ruins "The Doomsday Castle" (N)	Secret Nazi Ruins "The Doomsday Castle" (N)	Secret Nazi Ruins "The Doomsday Castle" (N)	Secret Nazi Ruins "The Doomsday Castle" (N)		
50	26	282	184	ANML	Pit Bulls	Pit Bulls and Parolees	Pit Bulls and Parolees	Pit Bulls and Parolees	Pit Bulls and Parolees	Pit Bulls and Parolees	Pit Bulls and Parolees	Pit Bulls and Parolees	Pit Bulls and Parolees	Pit Bulls and Parolees	Amanda to the Rescue	Amanda to the Rescue	Amanda to the Rescue	Amanda to the Rescue	Amanda to the Rescue	Amanda to the Rescue	Amanda to the Rescue	Amanda to the Rescue		
51	46	265	118	A&E	Flipping	Flipping Vegas (N) (CC)	Flipping Vegas (N) (CC)	Flipping Vegas (N) (CC)	Zombie House Flipping	Zombie House Flipping	Zombie House Flipping	Live PD: Wanted (N)	Live PD: Wanted (N)	Live PD: Wanted (N)	Live PD: Wanted (N)	Live PD: Wanted (N)	Live PD: Wanted (N)	Live PD: Wanted (N)	Live PD: Wanted (N)	Live PD: Wanted (N)	Live PD: Wanted (N)	Live PD: Wanted (N)		
52	35	258	133	FXM	(6:55) ** The Raid (1954) Van Heflin. (CC)	(8:20) *** Wild River (1960, Drama) Montgomery Clift, Lee Remick. (CC)	(10:15) *** The Innocents (1961, Horror) Deborah Kerr, Martin Stephens, Pamela Franklin. (CC)						** Maze Runner: The Scorch Trials (2015) Dylan O'Brien, Diya Mishra. The Gladers face the dangerous obstacles of the Scorch. (CC)		(2:45) *** Rocky Balboa (2006, Drama) Sylvester Stallone, Burt Young, Antonio Tarver. (CC)		(4:40) *** Deadpool (2016) Ryan Reynolds. (CC)							
55	45	269	120	HIST	WWII in HD	WWII in HD	"End Game"	WWII in HD: The Air War (N) (CC)	Ancient Aliens (N) (CC)	Ancient Aliens (N) (CC)	Ancient Aliens (N) (CC)	Ancient Aliens (N) (CC)	Ancient Aliens (N) (CC)	Ancient Aliens (N) (CC)	Ancient Aliens (N) (CC)	Ancient Aliens (N) (CC)	Ancient Aliens (N) (CC)	Ancient Aliens (N) (CC)	Ancient Aliens (N) (CC)	Ancient Aliens (N) (CC)	Ancient Aliens (N) (CC)	Ancient Aliens (N) (CC)		
57	61	355	208	CNBC	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Back in the Game (CC)	Back in the Game (CC)	Undercover Boss (N)	Undercover Boss (N)	Undercover Boss (N)	Undercover Boss (N)	Undercover Boss (N)	Undercover Boss (N)	Undercover Boss (N)		
61	51	254	130	AMC	The Rifleman	The Rifleman	*** A Bronx Tale (1993) Robert De Niro, Chazz Palminteri. A youth favors a flashy mobster over his hard-working dad. (CC)	*** GoodFellas (1990, Crime Drama) Robert De Niro, Ray Liotta, Joe Pesci. An Irish-Italian hood joins the 1950s New York Mafia. (CC)	*** XXX (2002, Action) Vin Diesel, Asia Argento, Marton Csokas. A spy tries to stop an anarchist with weapons. (CC)															
62	28	277	215	TRAV	Destination	Destination Truth	Destination Truth	Destination Truth	Famously Afraid (CC)	The Holzer Files (CC)	The Holzer Files (CC)	The Holzer Files (CC)	The Holzer Files (CC)	The Holzer Files (CC)	The Holzer Files (CC)	The Holzer Files (CC)	The Holzer Files (CC)	The Holzer Files (CC)	The Holzer Files (CC)	The Holzer Files (CC)	The Holzer Files (CC)	The Holzer Files (CC)		
64	62	246	204	TRUTV	Ad. Ruins	Ad. Ruins	Ad. Ruins	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	World's Dumbest ...	Misery	Misery	Misery	Misery	Misery	Misery	Jokes	Jokes	Jokes	Jokes		
66	53	231	110	FOOD	Kidchess	Contessa	Holiday	Trisha's 30-Minute	Pioneer	Pioneer	The Kitchen (N) (CC)	Trisha's Guy's	Holiday Baking	Christmas Cookie	Holiday Baking	Holiday Baking	Holiday Baking	Holiday Baking	Holiday Baking	Holiday Baking	Holiday Baking	Holiday Baking		
70	34	311	180	FREE	(7:00) *** Miracle on 34th Street (1994)	Richard Attenborough, Elizabeth Perkins. (N) (CC)	(9:35) ** Happy Feet Two (2011, Children's) (SAP) Voices of Elijah Wood, Robin Williams. (N) (CC)	(11:40) *** Matilda (1996) Mara Wilson. A child uses her amazing abilities against uncaring adults. (CC)	(1:45) *** Fantastic Mr. Fox (2009, Children's) Voices of George Clooney, Meryl Streep, Jason Schwartzman. (N) (CC)							(3:50) *** Home Alone (1990) Macaulay Culkin. (CC)								
71	31	299	170	NICK	SpongeBob	Rangers	SpongeBob	SpongeBob	SpongeBob	Loud	Loud	Casagran	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob		
72	57	202	200	CNN	CNN News	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom		
87	68	312	185	HALL	It's Chris	Hats Off to Christmas! (2013) Haylie Duff. (CC)	The Sweetest Christmas (2017) Lacey Chabert. (CC)						Pride, Prejudice and Mistletoe (2018) Lacey Chabert. (CC)		Road to Christmas (2018) Jessy Schram. (CC)		Christmas Next Door (CC)							
89	89	603	159	NBCSN	NASCAR Xfinity	NASCAR Monster	NASCAR Xfinity	NASCAR Xfinity	NASCAR America (N)	NASCAR Monster	NASCAR Monster	Countdown	NASCAR Xfinity Racing Series Ford EcoBoost 300. From Homestead-Miami Speedway in Homestead, Fla. (N) (Live)	NASCAR Xfinity Racing Series Ford EcoBoost 300. From Homestead-Miami Speedway in Homestead, Fla. (N) (Live)		NASCAR Xfinity		NASCAR Xfinity						
418	418	606	153	OUTD	Red Arrow	Hunter	Driven	Wild Ride	Sporting	Bill Dance	Outdoors	Wicked Tuna	Deadliest Catch (N)	Major League Legends	Wild Skies	Pigman	Wild Boar	Wildlife	The Brigade: R					
501	501	501	300	HBO	** Shark Tale (2004) Voices of Will Smith, Robert De Niro. (N) (CC)	Sesame Street (N)	15: Quinceañera	*** The Kid Who Would Be King (2019) Louis Ashbourne Serkis, Rebecca Ferguson. (N) (CC)							His Dark Materials (N) (CC)		*** Big (1988, Children's) Tom Hanks, Elizabeth Perkins. (N) (CC)		(2:45) Any One of Us (2019) Paul Basagotia, Nichole Munk. (N) (CC)		(4:10) ** Isn't It Romantic (2019) Rebel Wilson. (CC)			
549	549	512	310	MAX	(6:25) *** Far and Away (1992) Tom Cruise. (CC)	(8:45) *** The Nutty Professor (1996, Comedy) Eddie Murphy, Jada Pinkett. (N) (CC)	*** Donnie Brasco (1997) Al Pacino. A mob lackey unknowingly takes an FBI agent under his wing. (N) (CC)						(11:15) ** A Bad Moms Christmas (2017, Comedy) Mila Kunis, Kristen Bell. (N) (CC)		Back to Life (CC)		Back to Life (CC)		Ray Donovan Ray finds a chance at a new life.		Ray Donovan A witness to Ray's jump appears.		Ray Donovan Ray goes back to work for Sam.	
579	579	537	318	SHO	** Jenny's Wedding (2015) Katherine Heigl, Tom Wilkinson. (N) (CC)	(9:05) ** Meet Joe Black (1998, Fantasy) Brad Pitt, Anthony Hopkins. The Grim Reaper assumes the form of a recently deceased man. (N) (CC)							(12:05) Level 16 (2018) Katie Douglas. Teen girls are trapped in a prison-like boarding school. (CC)		*** Adaptation (2002) Nicolas Cage. A neurotic screenwriter has trouble with a difficult book. (CC)		(1:48) *** The Breakfast Club (1985) Emilio Estevez. (N) (CC)		(3:28) ** Billy Madison (1995, Comedy) Adam Sandler. (N) (CC)					
644	644	526	340	STZN	(6:03) *** Tangled	(7:46) ** Billy Madison (1995, Comedy) Adam Sandler. (N) (CC)	(9:18) *** West Side Story (1961, Musical) Natalie Wood. Tragically clouds the romance of two young lovers. (N) (CC)						(11:53) ** Venom (2018, Action) Tom Hardy, Michelle Williams, Riz Ahmed. (N) (CC)		(1:48) *** The Breakfast Club (1985) Emilio Estevez. (N) (CC)		(3:28) ** Billy Madison (1995, Comedy) Adam Sandler. (N) (CC)							

TV Listings for the Central Oregon Coast

NOVEMBER 14-20, 2019

8 - TVCC - WEEK OF NOVEMBER 14-20, 2019

sportszone

AUTO RACING

THURSDAY

3:00 p.m. NBCSN NASCAR Racing K&N Series: ISM Raceway. (Taped)

FRIDAY

11:30 a.m. NBCSN NASCAR Xfinity Racing Series Ford EcoBoost 300, Practice. (Live)

12:30 p.m. NBCSN NASCAR Monster Energy Series Ford EcoBoost 400, Practice. (Live)

2:30 p.m. NBCSN NASCAR Xfinity Racing Series Ford EcoBoost 300, Final Practice. (Live)

3:30 p.m. NBCSN NASCAR Monster Energy Series Ford EcoBoost 400, Final Practice. (Live)

5:30 a.m. NBCSN NASCAR Xfinity Racing Series Ford EcoBoost 300, Practice.

SATURDAY

6:30 a.m. NBCSN NASCAR Monster Energy Series Ford EcoBoost 400, Practice.

7:30 a.m. NBCSN NASCAR Xfinity Racing Series Ford EcoBoost 300, Final Practice.

8:30 a.m. NBCSN NASCAR Monster Energy Series Ford EcoBoost 400, Final Practice.