

Community News

City Lights to feature film on 'Fantastic Fungi'

City Lights Cinemas will present the new documentary film "Fantastic Fungi," which is dedicated to the vast world of mushrooms.

This film is of interest to experienced coastal mushroom aficionados as well as novices.

"Fantastic Fungi" is an important scientific exploration and visual journey through the exotic, little-known realm of fungi, directed by Louie Schwartzberg, an award-winning master of nature imagery, special-effects cinematography and storytelling that is both informative and inspiring.

Discover fungi's enormity, such as the largest

organism on the planet is a 2,200+ acre mycelium fungal mat more than 2,000 years old. Experience their beauty thanks to cameras that capture jewel-like mushrooms in countless shapes and in brilliant colors, from pink and yellow to turquoise.

The film also highlights fungi's potential by taking viewers on a journey that reveals mycelium as the key to the regeneration of our living planet.

"Fantastic Fungi" starts this Friday, Nov. 1, and plays all week at City Lights Cinemas.

For showtimes, visit www.citylightscinemas.com.

Republican Congressional candidate Skarlatos makes stop in Florence



COURTESY PHOTO

Alek Skarlatos, a Republican candidate running for U.S. Congressional District 4, currently held by long-time democratic Congressman Peter DeFazio, talks with Port of Siuslaw Manager Dave Huntington.

Alek Skarlatos, former Army National Guardsman, is best known as one of three American men who stopped a terror attack on a Paris-bound train in 2015. Hailed as a hero, he was awarded the U.S. Army Soldier's Medal by President Obama and received France's Legion of Honor from French President Hollande. He went on to play himself in the Clint Eastwood film, "The 15:17 to Paris."

Skarlatos, who is running as the Republican candidate for U.S. Congressional District 4, which includes

Florence and Lane County, visited Florence last week to listen to the needs of citizens in rural Oregon.

His first stop included speaking with several small business owners about the needs of the small business community. He then arrived at Veteran's Memorial Park, where he learned the history of the park and talked with local veterans.

"Being a vet himself, Alek really understands our needs," said Florence resident Tony Cavarno, vice-chair of the local veterans group Florence Band of Brothers.

Skarlatos' next stop while in Florence was a tour of the Port of Siuslaw with Port Manager David Huntington, who shared the port's recent upgrades and improvements.

"I'm running to represent the loggers, the veterans, the moms, dads and families trying to make ends meet," Skarlatos said during a brief stop at R&R King Logging, Inc., where he added that protecting the environment is important, but that we must manage our forests, "or the wildfires will do it for us."

MISSING PLANTS:
Who ever picked up the potted plants left at Muriel O. Ponsler Memorial State park on 9/11, please contact the Lane County Sheriff's office to return them.
No questions asked!

SAVE THE DATE
Cindy Wobbe's 19th Annual Pounding for Food Share
Saturday
November 23rd
10am- 2pm
Grocery Outlet

Country Store
Florence United Methodist Church
333 Kingwood
November 2 • 9am-2pm
Baked Goods, Crafts, Gift Baskets, Collectibles, and Rada Cutlery
Lunch Served 11AM - 1PM
Soup, Bread, Drink & Pie

Peace Harbor urges vaccinations to protect against influenza

With flu season now officially underway, PeaceHealth physicians are urging residents to receive an influenza vaccination, as well as follow a few simple steps to help prevent spreading the flu.

PeaceHealth Medical Group at Peace Harbor has plenty of vaccine on hand and will hold the second of two drop-in flu clinics this Thursday, Oct. 31, from 8 a.m. to 5 p.m. at the Primary Care Clinic, Building 380.

Patients are welcome to

just drop by or call 541-997-7134 to schedule an appointment for Thursday or any other day that's convenient.

Vaccinations are also available at most local pharmacies.

"First and foremost, getting the influenza vaccination is the best way to avoid or decrease symptoms of influenza," said Margie Tessin-Mason, RN, a PeaceHealth Oregon infection preventionist. "You should always cover your cough — ideally with your inner elbow — and practice good handwashing.

"Social distancing is also important. If you are sick, stay home; if you must be around others, consider wearing a mask."

This year's seasonal flu vaccine is quadrivalent, which means it's designed to protect against four different flu viruses: two influenza A viruses and two influenza B viruses.

The viruses in the shot are inactive, so don't worry — you can't catch the flu from the vaccine. The vaccine is also preservative-free.

PeaceHealth joins with the U.S. Centers for Disease Control, recommending that everyone ages 6 months and older get a yearly flu vaccination. It takes about two weeks for the flu shot to start working.

According to the CDC, flu activity peaks in the U.S. in January or Febru-

ary. However, seasonal flu activity can occur as late as May, so getting vaccinated is one way to ensure that your family is protected for the duration of this flu season.

"When a large group of individuals develops immunity after being vaccinated, others who cannot receive those same vaccinations due to illness, age or previous severe reactions will be better protected," explained Tessin-Mason. "As with any medication, get all the facts about a vaccine and make informed decisions."

For more information about why it's important to protect yourself against the flu, visit www.peacehealth.org/healthy-you/flu-shot-faq.

CITY LIGHTS CINEMAS

\$9.50 | \$8.50 Sen/Student/Military | \$8 Matinees Before 2 | \$7.50 Child | \$6.50 Members | Performing Arts: \$19/\$15/\$10

November 1 - 7	FRI 1	SAT 2	SUN 3	MON 4	TUE 5	WED 6	THU 7
DOCTOR SLEEP - from Stephen King R 151 MIN - Sequel to The Shining!							6:15 PM
FANTASTIC FUNGI: THE MUSHROOM MOVIE NR 97 MIN - "One of the year's most mind-blowing, soul-cleansing and yes, immensely entertaining triumphs." RogerEbert.com	1:00 PM 6:00 PM	2:20 PM 6:40 PM	12:10 PM 4:30 PM	12:20 PM 4:40 PM	12:20 PM 4:40 PM	12:20 PM 4:40 PM	12:20 PM 4:40 PM
HARRIET - PG-13 125 MIN - "An impassioned, edifying portrait of a remarkable life, and a fitting showcase for the considerable talents of its star, Tony-winning British actress Cynthia Erivo."	12:50 PM 3:10 PM 5:50 PM 8:20 PM	12:10 PM 3:00 PM 5:50 PM 8:50 PM	12:20 PM 3:10 PM 6:00 PM	12:25 PM 3:20 PM 6:30 PM	12:25 PM 3:20 PM 6:30 PM	12:25 PM 3:20 PM 6:40 PM	12:25 PM 3:20 PM
JOKER - R 122 MIN - "Featuring a riveting, fully realized, and Oscar-worthy performance by Joaquin Phoenix, Joker would work just as well as an engrossing character study without any of its DC Comics trappings." IGN	12:30 PM 3:20 PM 6:10 PM 8:45 PM	12:30 PM 3:20 PM 6:10 PM 8:45 PM	12:30 PM 3:20 PM 6:10 PM	12:30 PM 3:40 PM 6:40 PM	12:30 PM 3:40 PM 6:40 PM	12:30 PM 3:40 PM	12:30 PM 3:20 PM
TERMINATOR: DARK FATE - R 128 MIN "[Brings] the tale of the first two films to a satisfying conclusion while reintroducing the classic storyline, in exciting new ways, to an excited new audience. It's a breathtaking blockbuster, and a welcome return to form."	12:40 PM 3:30 PM 6:20 PM 8:30 PM	12:40 PM 3:30 PM 6:20 PM 8:30 PM	12:40 PM 3:30 PM 6:20 PM	12:40 PM 3:30 PM 6:30 PM	12:40 PM 3:30 PM 6:30 PM	12:40 PM 3:30 PM 6:30 PM	12:40 PM 3:30 PM 6:30 PM
ZOMBIELAND: DOUBLE TAP - R 93 MIN "Serves up a platter of good clean fun once more. It has plenty for first comers to enjoy and fans of the franchise to go nuts over." Filmfare	3:30 PM 9:05 PM	4:30 PM 9:05 PM	2:20 PM 6:40 PM	2:30 PM 7:00 PM	2:30 PM 7:00 PM	2:30 PM 7:00 PM	2:30 PM 7:00 PM

Events & Performing Arts:	FRI 1	SAT 2	SUN 3	MON 4	TUE 5	WED 6	THU 7
EOS: LEONARDO: THE WORKS 104 MIN - Exhibition on Screen Continues		12:00 PM					
ROH: DON GIOVANNI - NR 210 MIN - See Kasper Holten's visually amazing production						6:00 PM	
A NIGHT WITH JANIS JOPLIN NR 117 MIN - The Tony Award winning play!							6:00 PM

Box Office opens 30 min. prior to 1st Film | 1930 HWY 101 | www.citylightscinemas.com | Times: 541-305-0014

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY
OCTOBER 30	OCTOBER 31	NOVEMBER 1	NOVEMBER 2	NOVEMBER 3	NOVEMBER 4	NOVEMBER 5
Sunny	Sunny	Sunny	Sunny	Sunny	Mostly Sunny	Sunny
58°F 34°F	59°F 36°F	60°F 38°F	61°F 39°F	60°F 42°F	60°F 41°F	59°F 41°F

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