

State from 1B

received All-State recognition, including:

- 4A All-State Girls:
- First team — Gracie Freudenthal and Hannah Rannow
 - Second Team — Andrea Osbon, Freudenthal and 4x400

members Naomi Shoji, Brea Blankenship, Rannow and Freudenthal

- Third Team — Brea Blankenship
- 4A All-State Boys:
- First Team — Ryan Rendon-Padilla
 - Second Team — Ryan Jennings
- The Sky-Em League also

announced its All-League honors.

Sky-Em All-League Girls:

- First Team — Brea Blankenship, Andrea Osbon, Hannah Rannow, Gracie Freudenthal, 4x400 meter team members Naomi Shoji, Hannah Rannow, Brea Blankenship and Gracie Freudenthal
- Second Team — Davina

- Galli, Andrea Osbon, Hannah Rannow and Madison Reynolds
- Third Team — Davina Galli, Chloe Madden, Madison Reynolds and Alyssa Richards
 - Honorable Mention — Rylee Colton, Hailee Edgerly, Anne Wartnik, Julia Shoji and Winnie Zhen
- Sky-Em All-League Boys:**
- First team — Ryan Jennings

and Ryan Rendon-Padilla

- Second team — Brendon Jensen and Skyler Loomis
- Third team — Rhys Fleming, Brendon Jensen, Jaxson Jensen, Kiger Johnson, Camp Lacouture and Ryan Rendon-Padilla
- Honorable Mention — Matthew Horrillo and Kayden Lane.

Physicals from 1B

Also included is a health history questionnaire that asks about the student's medical history of injury, illness and other conditions, such as asthma, to help ensure that they are being properly cared for and any or all

conditions a student may have are being properly addressed.

If a provider encounters a medical issue with a student, this information will be documented on their sports physical form and the parents and/or guardians will be notified by an employee from PeaceHealth Medical

Group to allow student issues to be addressed by their Primary Care physician.

Sports physical forms are available at the schools. Forms must be completed and signed by the student's parent and/or guardian upon arrival to Sports Physical Day.

Fishing from 1B

Bobber fishing with jigs/bait, casting lures, and drift fishing are great techniques to catch a Siletz summer steelhead.

Fishing will improve in May and peaks mid-June through July/August and then continues to produce fish until the heavy rains come in the fall.

The 4.0-mile bridge (aka Steel Bridge) in the Siletz gorge is open to motorized vehicles but is only open to public vehicles on the weekend.

Anglers can walk/bike in the road during the weekdays. If anglers do walk in, they can park at the one-mile gate and start from there.

Trout fishing will re-open on the Siletz next week on May 22, time to get the trout gear ready for the 2019 season.

SILTCOOS and TAHKENITCH LAKES:

Warmwater species

Warmwater fishing has been improving on Siltcoos and Tahkenitch lakes. The recent warm weather is warming up the water and getting the warmwater fish more active. The spawning season is in full swing and many fish will be found in the shallows creating some good fishing opportunities.

Siltcoos also gets stocked rainbow trout, check the stocking schedule for numbers and dates of stockings.

ALSEA RIVER:

Cutthroat trout

Trout fishing in streams opens next week on May 22, time to get the trout gear ready; winter steelhead fishing closed for the season on April 30.

WILSON RIVER:

Steelhead, Chinook, cutthroat trout

The summer steelhead run is starting on the Wilson River and a few fish have been caught. Hopefully the light rain and cooler temperatures will improve catch rates

this week.

The run will improve through this month and June, and fish will be available throughout the summer. Bobber fishing with jigs/bait/beads, casting lures, and drift fishing are great techniques to catch a summer steelhead.

The river is low and clear, so fishing light tackle and starting early are keys to success in this fishery.

Trout fishing in streams will reopen May 22.

TENMILE LAKES:

Trout, warmwater species, largemouth bass

Conditions should be prime for bass, crappie, bluegill, and brown bullhead catfish angling at this time. Anglers also use small jigs or a worm on a hook fished near the bottom to catch yellow perch this time of year.

The Tenmile Lakes have been stocked with legal-size rainbow trout. Tenmile Lakes provide some nice holdover trout this time of year, and some can measure over 17-inches long. Try trolling slowly with a "wedding ring" type lure, tipped with a worm, to catch these larger trout.

UMPQUA RIVER, SOUTH: CLOSED

The river is closed to all fishing during the annual shutdown from May 1 through May 21. The river opens to bass and trout fishing May 22.

WINCHESTER BAY:

Bottomfish, perch

Fishing in the Triangle and South jetty has been successful.

PACIFIC OCEAN and BEACHES:

Bottomfish, salmon, halibut, surfperch

Bottomfishing has been good when the ocean lays down and anglers have been able to make it out.

Bottomfishing is restricted to inside the 40-fathom regulatory line. Fishing for lingcod and rockfish has been good when the ocean is calm enough to fish. The daily bag limit for marine fish is 5, plus 2 lingcod. The retention of cabezon is

closed until July 2019.

Anglers may also choose to fish the offshore longleader fishery outside of the 40-fathom regulatory line, which is open year-round.

The longleader fishery has a daily bag limit of 10 fish made of yellowtail, widow, canary, blue, deacon, redstripe, greenstripe, silvergray and bocaccio rockfish. No other groundfish are allowed and offshore longleader fishing trips can not be combined with traditional bottomfish, flatfish or halibut trips.

Ocean salmon fishing for Chinook salmon from Cape Falcon to Humbug Mt is open. Chinook must be a minimum of 24-inches long. The ocean is closed to coho salmon.

PACIFIC HALIBUT:

The all-depth halibut season off the central coast opened with success for many anglers, although fishing was scratchy at times, and halibut were reportedly not in the typical areas.

SHORE AND ESTUARY FISHING:

Public piers provide opportunities to catch surfperch and baitfish and to drop crab pots (but check first for crab health safety closures).

Surfperch are available in the surf year-round along sandy beaches and rocky shore, with the best fishing (and safest fishing) occurring when swells are small.

Spring is traditionally a great time to fish for bay perch. Striped seaperch, pile perch, wall-eye surfperch, white seaperch, and shiner surfperch can be found near rocks, docks or pilings in bays.

Some bay anglers use a #4 or #6 hook secured 24-30 inches below a 1- to 2-ounce sinker on 8- to 10-pound line.

Baits include sand and kelp worms, sand shrimp, clam necks and mussels. Keep the line close to rocks or alongside pilings.

RAZOR CLAMS: For the Central Coast area, diggers have been able to harvest limits on some specific sandbars, but until the beaches build up through the spring, the flat sandy areas with a good abundance of clams will be accessible only at tide levels well below 0.0.

Diggers report mixed success at Newport beaches.

Fore from 1B

a fun and engaging way for the club kids to reduce summer learning loss.

Not a golfer but want to help out? Consider sponsoring a child for the summer program. A donation of \$100 sends a child to the summer program for a week, which includes two hot meals and a snack each day, fun-filled project-based activities emphasizing math and literacy, and a field trip.

For more information about the tournament, golf ball drop or how to sponsor a child for the summer program, call the Boys & Girls Club at 541-902-0304.

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