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#### **PUBLIC NOTICES**

**PUBLIC NOTICE** 

CLAIMS against the

Estate of CATHARINE L. CAMPBELL, aka KATH-ERINE L. CAMPBELL, of Florence, Oregon, Lane County Circuit Court Case No. 19PB02122, are required to be presented, with proper vouchers, to the Personal Representative, DAVID W. CAMPBELL, at 102 Morrow Court, San Jose, California 95139, within four (4) months from March 23, 2019, the date of first publication, or such claims may be barred. Any person whose rights may be affected by the proceeding may obtain additional information from the court records, the Personal Representative or the attorney for the Personal Representative.

Jane C. Hanawalt Attorney for Personal Representative PO Box 1153 327 Laurel St

Florence, OR 97439 Publication Dates: March 23, 30 & April 6, 2019

#### **NOTICE OF POTENTIAL ORDINANCE PASSAGE**

On April 1, 2019, the City of Florence City Council will review and consider an ordinance concerning the follow-

Ordinance No. 4, Series 2019 - An ordinance approving the request for vacation of a portion of the Pine Street right-of-way where that right-of-way lies between Lots 10 of Block 27 and 1 of Block 28 of the Plat of Frazier and Berry's Part of the City of Florence, and which does not extend south across alley rightof-way, as applied for by Mr. David Bielenberg.

This notice serves as official publication of the availability of the ordinance. The full text of the Ordinance will be available on or after March 25, 2019 on the City of Florence website at www.ci.florence.or.us, or may be inspected at Florence City Hall, 250 Hwy 101, Florence, Oregon during regular business hours.

Persons wishing to address the City Council need to complete a speaker's card available online at www. ci.florence.or.us/council/ request-to-address-citycouncil-speakers-card, or at the meeting. Speaker's cards are due at least five (5) minutes before the meeting. Comments on public hearing items will be limited to five (5) minutes per person. If you wish to submit comments in writing prior to the Council's meeting on April 1st, you may submit them to City Recorder, 250 Highway 101, Florence, OR 97439, or via email at kelli.weese@ci.florence. or.us. For more information about this notice, or any Florence City Council proceedings, please contact City Recorder Kelli Weese at 541-997-3437, or via email at kelli. weese@ci.florence.or.us.

Publication Date: March 23, 2019

#### **Kitchen Contamination: How to Keep your Family Safe**

(NAPSA)—The next time you need to wipe up a spill, health expert Dr. Charles Gerba, Professor of Environmental Microbiology, sity of Arizona, aka "Dr. Germ," warns: don't always reach for a sponge

or dishcloth. Instead, use a paper towel. That's because kitchen sponges, which he calls "bacteria cafeterias," are the No. 1 source of germs in the house. The average sponge carries nearly 5.5 trillion mi-

#### When to Reach for a **Paper Towel**

1. According to a recent study on cleaning habits, the majority of millennials reach for sponges or cloth dishtowels when cleaning surfaces that have raw meat or poultry. Dr. Gerba recommends using paper towels, especially when prepping and cleaning up raw meat and eggs. Sponges and dishtowels can instantly become contaminated after handling these foods, which may contain bacteria such as E. coli and salmonella, Dr. Gerba explains.

2. Paper towels should also be used to help contain spills and prevent them (and subsequent germs) from spreading around the kitchen. Whether soaking up bacon grease or cleaning up oil splatters, paper towels pick up spills quickly and efficiently. For larger oil spills, cover with baking soda or salt for about 15 minutes, then pick it up with a paper towel and throw it out.

3. When cleaning the refrigerator, dampen a paper towel with warm water and dish washing liquid and wipe down all trays, drawers, shelves and walls at least once a week. Using a sponge increases the risk of bacteria spreading around the various surfaces and shelves.

4. When kids are in the kitchen, use paper towels to clean-up everything from spills on high chair tables to sip-



A paper towel is the best way to clean up (and throw away) the bacteria found on a contaminated kitchen counter.

py cups and bibs. "This ensures aerm-ridden messes get tossed right into the trash and don't linger on kids' items,' adds Dr. Gerba.

#### When People **Actually Reach for a Paper Towel**

While there's been an increasing amount of studies and data showcasing the high bacterial risks associated with kitchen sponges and cloth dishtowels, a recent study on cleaning habits showed that a over half of millennials (59%) and nearly half of baby boomers (49%) reach for a sponge or cloth dishtowel when cleaning kitchen coun-

ter tops. Even more surprising, less than half of millennials think they run a risk of possible illness or food poisoning by not cleaning these kitchen durables.

The truth is, sponges and cloth dishtowels become germ-infested as soon as they're first used in the kitchen.

As for baby boomers, most clean their cloth dishtowels once a week, which is still not as frequent as it should be (ideally, everyday). Also, how to clean is just as important as when to

clean. "Cold water washes are awful for eliminating bacteria from fabrics," says Dr. Gerba. "Washing sponges in warm water does not get rid of the bacteria unless you add bleach," he adds.

So when it comes to helping keep your kitchen clean and germ-free, let a paper towel be your shield.

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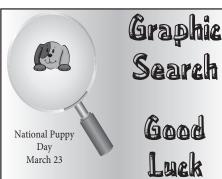
(NAPSA)-The National Institutes of Health (NIH) spends some \$100 million annually on sickle cell disease research, which has led to pain-reducing treatments such as hydroxyurea and also laid the groundwork for genetic approaches to potential cures, such as the genetic editing of bone marrow cells.

"Our health care system needs to address disparities so that every patient. no matter where he or she lives, can access highquality cancer care," said the American Society of Clinical Oncology President Monica Bertagnolli, M.D., FACS, FASCO. Learn more at www.asco.org.

Cracked and warped windows can often cause heat to escape. "Windows that produce a draft or feel cold on the inside should be replaced," explains Richard Kasunic, a home repair expert with Window Nation, one of the country's leading window replacement companies. Learn more at www. windownation com Coffee drinkers seek-

ing alternatives to sugary drinks, plus nutritional benefits turn to Herbalife Nutrition High Protein Iced Coffee. It has no artificial flavors or added colors and only 100 calories but provides 15 grams of protein and 80 mg of caffeine per serving. Learn more at www. herbalife.com.

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graphic or bring in a clipping to attach to your entry into the drawing for a gift certificate Gift Certificates must be picked up within 2 weeks of winning

Deadline for today's paper: Monday by 2:00 PM

BENITA JEFFERIS found the Spring Begins Graphic on Page 6B (Flag-in front of SERVING: FLORENCE...). She won a gift certificate to The Jolly Egret.



Graphic

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