



Networking, connections highlight of 4th annual Three Rivers Community Job Fair



PHOTOS BY CHANTELE MEYER/SIUSLAW NEWS

This year's free Community Job Fair at Three Rivers Casino Resort in Florence led to "lots of connections and networking," said event organizer Pam Hickson, recruitment specialist for Three Rivers Casino Resort and the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians (CTCLUSI). With over 40 vendors offering active job listings, educational offerings, volunteer opportunities and job hunt resources, this was the biggest year yet for the event that was free for both attendees and vendors. Hundreds of job seekers of all ages attended the event on March 7 at Three Rivers. "Thanks to all of our employers and community partners," Hickson said.



Western Lane Ambulance District

Invites You to **LEARN CPR**

CPR Certifications
 Adult CPR - \$50.00
 Child Infant CPR Supplemental - \$25.00
 Total - \$75 for both
 2nd Saturday of every month
 9am to 1pm at Western Lane Ambulance District

IN AN EMERGENCY DIAL 911

Call **541-997-9614**
www.westernlaneambulance.com

Garden in Florence: learn how to grow fresh food

The Florence Farmers Market and Florence Food Share invite community members to learn how to grow fresh food in the Florence area year-round. On Saturday, March 23, from 1 to 3 p.m. at Florence Food Share, 2190 Spruce St., Garden Coordinator Bart Mealer will lead an interactive workshop focused on "Growing Your Own Food." This event is free and open

to the public. The workshop will provide proven, practical advice for gardeners at all experience levels. The free class will demonstrate the wide variety of vegetables that can be grown in the coastal Siuslaw climate. Tours of the Florence Food Share Garden will be included. This production garden grows just under 10,000 pounds of fresh produce each year to supply the emergency food pantry. Mealer has been overseeing the garden for 10 years. His focus is on feeding hungry people.

one. Like how to grow food in small spaces — on your patio or in your front yard." Workshop participants can look forward to learning which vegetables grow well in the Florence area, along with tips and techniques for success. They will also be able to explore the two, 40-foot-high tunnel greenhouses and the 52 raised beds that provide the growing areas in the garden, along with the rainwater recovery and drip irrigation systems. The class will be informal, with plenty of time for questions and answers.

Florence Farmers Market and Florence Food Share, with the goal of increasing access to fresh, seasonal food for local residents. Florence Farmers Market, a nonprofit organization, will begin its 2019 season on May 14 and run through Oct. 15 next to the Veteran's Memorial Park on Bay Street. Florence Food Share is a nonprofit emergency food pantry serving residents of Florence, Dunes City, Westlake and the surrounding areas. It provides emergency food boxes, free of charge, to low income, disabled, senior, unemployed and underemployed individuals. For more information about the workshop, contact Mealer at 541-997-8663.

"This pantry garden is providing food for people who don't have enough money to buy what they need to eat," he said. "I'll share simple growing methods that can work for any-

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Filling the need for knitted knockers

Local volunteer Kathy Bell will share her story of how she supports breast cancer patients who have undergone mastectomies or other procedures to their breasts at the March meeting of Oregon Dunes Chapter National Society Daughters of the American Revolution (DAR). Bell volunteers for a national, 100 percent volunteer organization to create breast prosthetics because she cares and wants to make a difference. The special, handmade, soft, lightweight breast prosthetics are very comfortable for wom-

en who have undergone mastectomies, lumpectomies and radiation, and/ or are undergoing reconstruction. One out of eight women will experience breast cancer sometime in their lifetime. There are 50,000 mastectomies done a year in the U.S. alone, and 90 percent will wear a breast prosthesis at least for a while. Many women find the traditional breast prosthesis hot, heavy and expensive. Knittedknockers.org provides free patterns that have been downloaded over 1,000,000 times. Over 500

groups are registered with this group in 50 states and 25 countries. All are invited to attend this meeting on Friday, March 22, and learn more about this supportive program that benefits women in our community and beyond. For the time and location, contact Karen Childs at 541-997-7154. To learn more about the Daughters of the American Revolution, visit the national website at www.dar.org or the Oregon Dunes Chapter at www.oregonduneschapter.org.

OREGON COAST BE READY

STORM READY EXPO

Saturday, March 30, 2019

FLORENCE EVENTS CENTER

FREE ADMISSION
 LIVE DEMOS, VENDORS, PRIZES!

DOORS OPEN AT 10AM

FREE HOT DOG LUNCH
 SPONSORED BY KIWANIS OF FLORENCE

PRESENTED BY: **SN Siuslaw News**

EMERGENCY SUTURING CLASS

to be held at the **Florence Events Center** during the **Be Ready – Storm Ready Preparedness Expo** **March 30, 2019!**

Please call the Siuslaw News at 541-902-3526 to sign up. You may pay by credit or debit card.

There are two classes being offered. Positions in the class are on a first paid for, first reserved basis and classes are limited to the first 25 paying participants in each class. **So don't delay, sign up for a place now!**

The class is at 11:00 AM AND 2:00 PM Saturday, March 30, 2019
Cost is only \$25.00 per participant!

Sponsored by: **SN Siuslaw News** Taught by: **PeaceHealth**

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