

SCORES & STANDINGS

BOWLING

SENIOR CITIZENS LEAGUE			1/16/19
TEAMS			WINS LOSSES
SPUTTERS			10 2
GO GETTERS			9 3
WESTLAKE 4 HIM			8 4
KING PINS			8 4
SENIOR MMENTS			7 5
WHO CARES			6.5 5.5
OREGON BEACH CONN			6 6
FOURS A CROWD			4 8
BEAUTY & THE BEAST			4 8
AVENGERS			3.5 8.5
PERFECT STORM			3 9
WHAAT?			3 9
HIGH GAME SCRATCH			
MEN			
GEORGE HUTCHBY			245
WOMEN			
LINDA SPECHT			205
HIGH SERIES SCRATCH			
MEN			
JERRY HORNE			656
WOMEN			
RACHEL TIMONEN			477
HIGH HDC GAME			
MEN			
DON MATHIS			268
WOMEN			
MONA LIEBERENZ			254
HIGH HDCP SERIES			
MEN			

LARRY ENGELBRECHT		691
WOMEN		
BRENDA HILKEY		699
FRIDAY SENIOR TRIO LEAGUE		1/18/19
TEAMS		WINS LOSSES
"CLOSE"RS		9 3
PIN CHASERS		9 3
DISABLED		8 4
WINERS		8 4
1 MORE PIN		7 5
FLOWER POWER		6 6
SEARAY		3.5 8.5
PIN POPPERS		3.5 8.5
LCM		3 9
SPARE-US		3 9
HIGH GAME SCRATCH		
MEN		
ED STILLMAN		246
WOMEN		
LAURA MATHENY		240
HIGH SERIES SCRATCH		
MEN		
ED STILLMAN		693
WOMEN		
LAURA MATHENY		565
HIGH HDCP GAME		
MEN		
JERRY MADDOX		276
WOMEN		
LAURA MATHENY		302
HIGH HDCP SERIES		
MEN		
RON SIEBERT		735
ED STILLMAN		735

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Little from 1B

Olympic counterparts, a Paralympic athlete or team must meet qualifying standards in order to compete in their Olympics. There are winter and summer Paralympic Games held every four years similar to the Olympic Games. When I read about Multiple Sclerosis as a qualifier for the Paralympics, I knew the qualifying standards would

be difficult for me to meet, even earlier in my MS diagnosed back in 1986. Once again, I go to my movie of choice "Remember the Titans" for an example about Paralympics. In it, Gerry Bertier (spoiler alert!) becomes a paraplegic following a car accident and did indeed compete in the Paralympics, winning a medal in the wheelchair shot put. Siuslaw High School had its own globetrotting wheel-

chair athlete. Melissa Brandt played on the Siuslaw JV basketball team I coached. She was a hard worker and helped make her teammates better. In the fall of her senior year, she had a car accident and was paralyzed from the waist down. But she was far from being mentally paralyzed. When she returned to school, I became her transporter; I carried her upstairs for her rehab work on the

universal weight machine every day and watched her grow stronger (so did I, by the way.) In addition, she attended every basketball practice to support her teammates. It became our practice to roll Melissa to the basketball court after every game, home or away. She would have a basketball with her and would shoot until she made it. The team would not leave the court until Melissa made

her basket. From this small step little did I realize how motivated Melissa was. A few years later, when she was in town, I invited her to share her experiences with my health classes. She rolled into the class on a modified mobile wheelchair and talked about all the cities in the world she traveled while competing in wheelchair basketball. She tried out but missed a chance for a spot on the American Paralympic wom-

en's wheelchair basketball team. I am quite sure there are amazing stories of overcoming adversity in our lives. The Paralympic Games allows competitive athletes to continue to compete when faced with physical challenges. The next time there are Special Olympic or Paralympic Games on television, take time to watch. Their training and efforts deserve no less.

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Sailors from 1B

effort by the Sailors, the Mustangs went on an 11-2 run to end the quarter and took a commanding 20-47 lead to start the fourth period, which included scoring from junior Nate Neece (3

Fishing from 1B

Thursday. Best fishing has been around Whitaker

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