Library Tidings: News about the Siuslaw Public Library

Library Tidings, a regular feature of the Siuslaw News, features news about upcoming Siuslaw Public Library programs for adults and children, new books and videos, and other library news of interest to the community. Library Tidings is submitted by Kevin Mittge



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9am-4pm

10 Sea Watch Place Garden, kitchen, handbags, jewelry,

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décor, new HYLA vacuum system,

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Cash & local checks only.

Refreshments.

No Early Birds please.

Greentrees **Community Wide Yard Sale**

Gates open to the public

on East & West sides

1600-1601 Rhododendron Dr.

9/7-9/8

8am-3pm

Book Review "A Naturalist at Large" By Bernd Heinrich From one of the finest scientist-writers of our time comes an engaging record of a life spent in close observation of the natural world, one that has yielded "marvelous, mind-altering" (Los Angeles Times) insights and discoveries.

In essays that span several decades, Heinrich finds himself at home in Maine - where he plays host to visitors from Europe (cluster flies) and more welcome guests from Asia (ladybugs) - and as far away as Botswana, where he unravels the far-reaching ecological consequences of elephants' bruising treatment of mopane trees.

The author's many discoveries in "A Naturalist at Large" include the maple sap-harvesting habits of red squirrels and the "instant" flower-opening in the yellow iris as a way of ensuring potent pollination. Heinrich turns to his great love, ravens, some of them close companions for years, as he designs a unique experiment to tease out the fascinating parameters of raven intelligence.

Finally, he asks, "Where does a biologist find hope?" while delivering an answer that informs and inspires.

Heinrich is the author of books such as "Winter World: The Ingenuity of Animal Survival," "Mind of the Raven: Investigations and Adventures with Wolfbirds," and "Life Everlasting: The Animal Way of Death."

"Tipping Toward Balance" with author **Tracy Markley**

September is Fall Prevention Month. In honor of that, the library will present local author and fitness trainer Tracy Markley on Tuesday, Sept. 11, at 1 p.m., in a discussion about walking safely after strokes and other medical conditions.

She will discuss the specific muscles that are needed to be strengthened and why they are essential to strengthen balance and walking gaits. Fall prevention begins with having the muscles needed for balance, stability and mobility working together as a team.

Markley is the author of two books, "Tipping Toward Balance: A Fitness Trainer's Guide to Stability and Walking" and "The Stroke of an Artist: The Journey of a Fitness Trainer and a Stroke Survivor."

Both will be available for purchase following the presentation. Markley was recently asked to be on the Fitness Education Advisory Board at Medfit Education Foundation.

Raymond Brown's Walk Across America

On Saturday, Sept. 15, at 1 p.m., the library will be hosting Raymond Brown, discussing his "walk across America," in which he walked 3,200 miles from the North Jetty in Florence, to Atlantic City, N.J., stimulating interest and educating the American public about the Constitution, the Bill of Rights and the study of history.

In his continent-crossing walk, Brown followed much of the old Oregon Trail. He received a police escort across the Mississippi River and continued onward to Independence Hall in Philadelphia, until finally arriving at Atlantic Ocean.

Known as a "Son of Liberty" Brown continues to share his love for America and America's history with community groups, schools, and libraries such as ours.

Story Times are back!

Story times at the library have resumed after the August break. Join Ms. Gayle in reading wonderful books, making crafts, singing songs and more, each Tuesday and Friday morning at 10:30 a.m.





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NEW LISTING

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BACK ON THE MARKET

Just getting started or downsizing? This in-town home is waiting for you. Good location, vinyl windows, slider off living room to large backyard, fireplace. Double car garage 3 Bdrm, 2 Ba 1188 sq ft \$219,500 BH7612 ML#17013726



NEW LISTING Unique & special log cabin in the beach area nestled among the trees 2 Bdrm, 2 Ba 2000 sq ft \$310,000 BH7748 ML#18105619



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FEATURED LISTING Mercer Lake area. Beautiful remodeled home, open design, light & bright, double garage, 28 x 32 shop, RV parking & more! 3 Bdrm, 2 Ba 1982 sq ft \$429,000 BH7680 ML#18344188

Florence, OR 1875 Hwy 101 | (541)997-6000 Florence Branch

www.RealEstateFlorence.com

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