SUMMER CAR CARE

Car Care stories & photos courtesy of Metro **Creative Connection**

Precautions help road-trippers stay on course when traveling

When the outdoors beckons, road trips can be the perfect way to see the countryside, escape the routine of daily life and enjoy short vacations.

When taking to the open road, it is important to focus on safety. The National Highway Traffic Safety Administration says that planning and prevention can spare road-trippers from the consequences of breakdowns, traffic accidents or other road emergencies.

- Stock emergency preparedness items. Prior to a trip, drivers should make sure their vehicles are equipped with necessary safety items. Liberty Mutual Insurance New Beginnings Report warns that nearly half of Americans do not check that proper emergency items are stored in their vehicles prior to getting on the road. Before embarking on a road trip, make sure vehicles have a first aid kit, flashlight, water bottles, phone chargers, tire-repair tools, flares, jumper cables, towels and even an old backpack for storage.
- Schedule a service call. Regular maintenance can keep vehicles from breaking down. Drivers should take their cars in for tune-ups before long road trips. Such tune-ups should inrotation and any other necessary ser-



Keep summer road trips safe for all involved by doing simple steps before and after you hit the road.

• Plan your route. Map out the route other devices, some drivers like to rely service interruptions. before heading out. Be aware of po- on tech to get them through. However,

clude an oil change, battery check, tire tential road closures, obstacles or con-service may be spotty in rural areas. downs happen even if trips are carefulstruction. Thanks to real-time GPS Mapping a trip out in advance can save ly planned. Automotive clubs can help updates through mobile phones and drivers from getting lost during mobile drivers when breakdowns occur. Some car manufacturers also include road-• Join a roadside repair service. Break-side assistance in warranty packages, so and during such excursions.

inquire about your coverage.

- Refresh defensive driving skills. A safe-driving course can remind drivers of the rules of the road. In some cases, courses also may qualify drivers for discounts on their auto insurance policies. One such class is the AARP Driver Safety course.
- Avoid distractions. Keep children and other passengers occupied so they are not a distraction to the driver. Set out with favorite music, books, video games or even a pad and paper for doodling. Pack snacks to keep everyone feeling full in between roadside pit stops. Drivers also can load their cars up with tissues, water and music to limit distractions.
- Plan fun breaks along the way. Breaks give drivers a reason to rest and passengers an opportunity to get out and stretch their legs. The Roadside America smartphone app lists mustsee stops along any route, and drivers can plan their own stops as well.
- Stay over if necessary. According to the NHTSA, driving while drowsy is a contributing factor in 100,000 accidents every year. Drive only when well-rested. Share driving duties or plan a night at a motel so everyone is well-rested.

Road trips are all about fun, but drivers must emphasize safety before

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Simple ways to extend the life of your vehicle

Automobiles are significant investments. According to Kelaction price for light vehicles was dirt that, if left on a vehicle, \$34,968 in January 2017, marking a 3 percent increase from just a year earlier.

sands of dollars on a new vehiand get greater returns on those vehicles. investments by prioritizing maintenance and taking simple yet effective steps to extend the lives of their cars and trucks.

1. Drive defensively

and avoid accelerating and decelerating quickly. Such a style of driving can strain vehicle engines and drive trains while negatively affecting fuel efficiency and wearing down brakes.

2. Maintain a clean vehicle

Car washes do more than just should routinely check tire presclean a vehicle. Routine washcan gradually scratch paint and contribute to chips and rust. Over time, rust can affect vehi-The decision to spend thou- cle performance and may even compromise the safety of drivcle is not one consumers should ers and their passengers if bad take lightly. Once drivers purenough frame rust affects strucchase their new vehicles, they tural integrity. Routine washing can protect their investments also can remove road salt from

3. Check tire pressure

Many of today's new vehicles alert drivers when tire pressure is low. Drivers should not ig-Aggressive driving is danger- pressure can affect engine per- stick to those intervals for as ous and can have adverse effects formance by forcing it to work long as they have their vehicles. on a vehicle. When driving, al- harder than necessary. Engines ways obey posted speed limits that are forced to work harder than they need to likely won't last as long as those that run efficiently. Low tire pressure also negatively affects fuel efficiency, potentially costing drivers substantial amounts of money over time. Drivers of older vehicles without tire pressure alerts

sure and keep tires adequately ley Blue Book, the average trans- ing and waxing can remove inflated. Vehicles that are slow to accelerate from resting positions may not have enough air in their tires.

4. Maintain a schedule

Drivers may have heard that today's vehicles were built to go longer periods of time between oil changes and tune-ups than the vehicles of yesteryear. But drivers should still adhere to manufacturer-recommended maintenance guidelines. Upon buying new vehicles, drivers should read their owners' manuals to determine recommendnore such warnings, as low tire ed maintenance intervals, and

> Cognizant of the sizable investments they're making when buying new vehicles, many drivers want to get as many miles out of their vehicles as possible. Simple maintenance and safe driving habits can go a long way toward keeping vehicles on the road for years to come.



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Essentials for roadside emergency kits The following are some must-have items drivers should include

in their roadside emergency kits.

- Roadside flares
- First-aid kit
- **J** mper cables
- Warm blankets Flashlight
- basic tool kit • Tire-pressure gauge
- Spare tire
- Mn perishable snacks Contact information
- and drinking water • Screwdrivers and a • E tra fluids — motor
- oil, brake fluid, antifreeze, water
- Cell phone charger
- Check in person who knows your route





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