



Presenter

LCOG, Leslie Gilbert

Leslie began her career with positions in case management with adults with developmental disabilities, and professional education about diverse learners at the University of Oregon. She has worked as the Health Promotion/Chronic Disease Prevention Coordinator for LCOG Senior and Disability Services for over three years. This position is perfect for her because her passion is patient education and empowerment. Having experienced disability her whole life, she values the opportunity to help others understand and manage their health to the best of their ability. In her position, she coordinates health education workshops called the Living Well Programs; these workshops help adults with chronic health conditions learn how to better cope with and improve their health conditions through sleep, exercise, nutrition, relaxation, and so much more. Leslie developed additional skills and knowledge when she recently completed a Master of Public Health degree from Oregon Health Sciences University. When Leslie is not working, she enjoys movies, cooking, and spending time with her partner and their dog, Charlie.

To join Leslie and her team of instructors for a Living Well program, call us at (541) 682-4103, or email livingwell@lco.org.

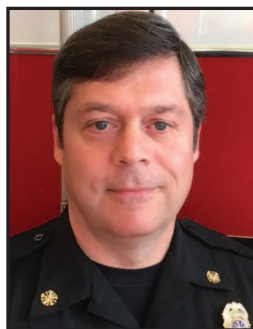



Presenters-Emergency Responders



Sergeant Denton Tipler grew up in Springfield, Oregon. After high school he attended college and earned his Associates Degree in Criminal Justice. He joined the Florence Police Department as a Reserve Police Officer in 2011 and was hired on full time as a Police Officer in 2013.

Denton was certified as a Drug Recognition Expert in 2015 and promoted to Sergeant in 2018. He is also a Field Training Officer who is responsible for the training and evaluation of new officers.



Siuslaw Valley Fire and Rescue Chief Jim Langborg

Jim Langborg has been in the Fire Service for over 25 years and involved in EMS for over 30 years. He got his start in the USAF where he served as Medic. Jim is committed to a community approach for both public safety and health care and believes that it takes

village to ensure the well being of our community and the people who live in it. Jim is also a member of the Peace Health Community Health Board and is married to his wonderful wife Tina. Together they have a 26 year old daughter who lives in Vancouver, WA.



Matt House is the Western Lane Ambulance District Emergency Medical Services Chief. He will speak about WLAD's role in the Mobile Integrated Healthcare program. This program is designed to bridge gaps in healthcare needs, provide options to high healthcare system utilizers and improve overall medical services to our region.