### 'BIRD MAN' TO SPEAK AT NEXT **STEP** MEETING JUNE 6

predation on juvenile salmonids is a possible management issue in some areas of coastal Oregon.

Concern over cormorant impacts on declining runs of Columbia River Basin salmon has led to a recent federal management effort that has reduced the overall double-crested cormorant population in the western U. S. by about 25 percent.

However, some areas of the Oregon Coast, such as the Siuslaw River estuary, have experienced recent increases in cormorant use.

Join ODFW biologist James Lawonn at the June 6

Double-crested cormorant STEP meeting for a 20-minute talk that will cover recent cormorant population changes, results of research on cormorant impacts to salmon, and management efforts related to this controversial native bird species.

There will be an opportunity for questions and discussion following the talk.

STEP meetings are held in the back room of the Florence Elks Lodge, 1686 12th St., at

All STEP meetings are open to the public.

For more information contact Ron Caputo at 541-997-4961.

### PEACEHEALTH, LOCAL SCHOOLS TEAM UP TO OFFER FREE SPORTS PHYSICALS JUNE 6

n Wednesday, June 6, PeaceHealth Medical Group in Florence will partner

with the Siuslaw and Mapleton school districts to provide free sports physicals to students.

Sports Physical Day will be held from 8 a.m. to noon at Siuslaw Middle School, 2525 Oak St., in Florence.

PHMG will contribute medical supplies and the time and expertise of five providers and several medical assistants for the

Sports physicals are required in order for youths, grades 6 through 12, to participate in extracurricular sports.

The exams are critical for safe sports participation. They can help screen ath-

Sports Physical Day will be held at Siuslaw Middle School, 2525 Oak St., from 8 a.m. to noon.

> letes for potential illness or conditions that may limit or restrict their ability to participate in a school sport, and help ensure that students are physically capable of meeting the demands and don't

have conditions that may be aggravated by intense exercise.

The Sports Physical Day exam includes height, weight, blood pressure and pulse check, as well as an eye chart exam and examination by a provider.

Also included is a questionnaire that asks about medical history. If a provider encounters a medical issue, the information is documented and parents and/or guardians are notified so they can follow up with the student's primary

care provider.

Sports physical forms are available at local schools, and must be completed and signed by the student's parent and/ or guardian prior to the exam.

### Boating

areas for paddlers and easy accessibility.

The Marine Board also recommends boaters play it safe

Not using marijuana, drugs

or alcohol. Instead, take along a variety of non-alcoholic beverages and plenty of water. Impairment can lead to a BUII arrest. Drugs and alcohol impair a boater's judgement and coordination which every boat operator needs. Swift currents, changing weather

and debris require boat operators to be focused and skilled to avoid an accident.

If you are feeling tired, take a break on land and return to the water when you are re-energized and alert. Wind, glare, dehydration and wave motion contribute to fatigue.

Continually monitor the weather because it changes auickly.

Operators and passengers should wear properly fitting life jackets. Learn more about life jacket types, styles and legal requirements. Anyone rafting on Class III Whitewater

Rivers is required to wear a life jacket, and all children 12 and under when a boat is under-

The water temperature for most waterways is below 50 degrees this time of year and wearing a life jacket is the most important piece of equipment for surviving the first few seconds of cold water immersion. What's the downside to wearing one?

Never boat alone — especially when paddling. Always let others know where you are going and when you'll return. Print out a downloadable float plan to leave with friends and

Be courteous to other boaters and share the waterway. Congestion is a given in many popular locations, especially with nice weather.

By staying in calmer water near the shore, paddlers can help ease conflict with motorized boats and sailboats that need deeper water to operate.

Non-motorized boats are encouraged to use the shoreline adjacent to the ramp to help ease congestion.

Regardless of your boat type, stage your gear in the parking lot or staging area prior to launching your boat.

This makes launching faster and everyone around you, hap-

In Oregon, all boaters must take a boating safety course and carry a boater education card when operating a powerboat greater than 10-horse-

The Marine Board also offers a free, online Paddling Course for boaters new to the

For more information about safe boating in Oregon, visit www.boatoregon.com.

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#### Little

an additional 30 points, including a second-place finish by Shannon Hale in the javelin and a second-place throw by Danielle Wilson in the discus.

The 1986 team needed help in the relay events and scored big in each race.

Three-hundredths of a second was the combined time Terri Gortler finished ahead of the

second-place runners in her two victories. A first-place long jump mark by Tami Courtney added needed points as second place Gladstone kept the pressure on the Vikings.

This team would not falter, winning its second consecutive state track title.

The 2016 girls team's second-place state trophy featured a win in the 800 meters by Destinie Tatum and a first-place finish by Mikaela Siegal in the 100-meter hurdles.

Several other girls contributed to the final total of 72 points, but first place Astoria brought a staple of sprinters and jumpers to power past all teams, scoring more than 107 points.

At the 2003 and 2004 state track meets, Siuslaw standout Collin Cram scored 18 and 30 points at the state meets.

These points, combined with Adam Pino's strong finishes in the 1,500- and 3,000-meter races in 2004, saw Siuslaw bring home second- and third-place state trophies.

Even the late Steve Prefontaine of Marshfield was unable to bring a team title to the Coos Bay school despite winning both the mile and two-mile race at the 1969 state track meet.

Despite his star-like status, he still needed the rest of his team to achieve a state title for Marshfield Track and Field team.

# From Baby to Graduate (it seemed like just a few short years)

8th Grade, High School or College



Coming Wednesday, June 6th "Baby to Graduate Review" Deadline is Friday, June 1st

Now is the time to reserve your graduates a spot in this special section just for them.

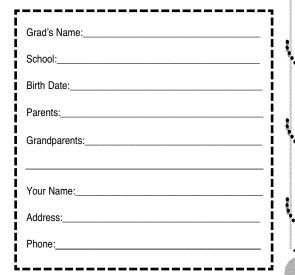
Just bring in or mail, with the coupon below, your graduate's favorite baby picture along with a current picture to be published side by side on June 6th.

What a special way to show off that graduate that you are so proud of!

Please attach a self-addressed envelope for picture return.

Enclose Check for \$35.00 and mail to "Baby to Graduate Review" Siuslaw News P.O. Box 10 Florence, OR 97439

Or stop by our office at 148 Maple St. in Old Town Florence







10818 Hwy 36 - Large commercial building on two city lots at the junction of Hwy 36 and 126 in Mapleton, a high traffic area. Metal building with high open beam ceiling, 3 phase power on one meter. Check with Lane County for zoning uses. Property is being sold "as is". \$74,000. #2802-



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#### Fishina from 1B

few suggestions for the week-

• Consider a charter ocean salmon or halibut trip.

• Hit the evening low tide

for some surfperch fishing.

• Cast for spring Chinook on the Deschutes and Hood Rivers.

• Troll for kokanee in Odell Lake and Wickiup Reservoir.

• Catch the big one (trout that is) is Paulina, Big Lava or Hosmer lakes.

• Fish any of the dozens of Willamette Valley lakes and ponds being stocked this week with rainbow trout.

 Camp and fish at Applegate Reservoir, Howard Prairie Reservoir and Willow Lake, all of which will be stocked this week.

• Set the kids up with a worm and bobber, and take them bluegill fishing at Eel Lake, Johnsons Mill Pond or Powers Pond.

• Catch the salmonflies and golden stone hatch on the Klamath River from the JC Boyle Dam to the California border.

• Visit Willow Creek Reservoir, McKay Reservoir, Cold Springs Reservoir and the Columbia River for some premiere warmwater fishing, including crappie, bass, walley, perch and brown bullhead.

### Salmon

May/June means spring Chinook in rivers and basins from Tillamook south to the Siletz. By August attention turns to fall Chinook and coho. There is a rare opportunity to fish for chum salmon (catch-and-release only) on the Kilchis and Miami rivers beginning in mid-September.

### Steelhead

These ocean-going rainbow trout are divided into two runs: winter and summer. For those that prefer frostbite to sunburn, winter steelhead begin entering area rivers and streams from November and December.