



Week # 12 RESULTS

Who Can Lose the Largest percentage of weight?



- Top 5 Women -



Scholastica Turner
1.60%



Leonor Marmion
2.17%



Keli Thrall
1.53%



Debbie Haring
1.06%

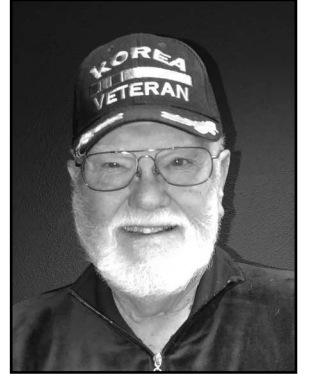
WEEKLY LEADER *This Week's Leaders* **WEEKLY LEADER**

Congratulations to our WEEK #12 leaders

- Top 5 Men -



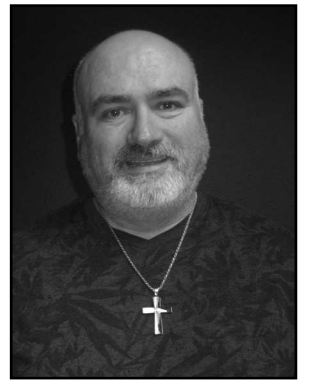
Robert Ybarra
0.32%



Rick Hardwick
0.09%



Bill Prosser
0.00%



Michael Cole
0.00%



Taylor Roberts
0.94%



Timothy Moffett
0.08%

Contestant Name Weekly % Lost Total % Lost

WOMEN'S RESULTS

Leonor Marmion	2.17%	4.39%
Scholastica Turner	1.60%	14.49%
Keli Thrall	1.53%	7.99%
Debbie Haring	1.06%	5.93%
Taylor Roberts	0.94%	14.01%
Margaret Free	0.76%	7.52%
Amanda Franklin	0.72%	5.91%
Odilia Garcia	0.43%	1.58%
Lollie Galvan	0.33%	0.73%
Leslie Wade	0.08%	11.82%
Kassy Keppol	0.04%	3.07%
Linda Crowell	0.00%	12.59%

Cheryl Wittmier	0.00%	14.12%
Terry Dewey	0.00%	6.79%
Christi Gangstad Riggs	0.00%	1.30%
Linda Kirsch	0.00%	5.72%
Katie Prosser	0.00%	7.45%
Rhonda Brophy	-0.11%	10.63%
Guadalupe Galvan	-0.12%	9.71%
Michelle Sodaro	-0.27%	19.14%
Audrey Pearn	-0.27%	4.53%
Tracy Hufford-Schmoe	-0.39%	8.59%
Jo Beaudreaux	-0.44%	-1.96%
Kim Holden	-0.58%	11.08%

MEN'S RESULTS

Robert Ybarra	0.32%	1.69%
Rick Hardwick	0.09%	7.89%
Timothy Moffett	0.08%	15.08%
Bill Prosser	0.00%	8.58%
Michael Cole	0.00%	7.36%
Rodney Dewey	0.00%	4.41%
Bobby Riggs	-0.09%	9.64%
David Clark	-0.32%	3.37%
Kurt Vander Bogart	-0.40%	2.14%
Delbert R. Hanks	-0.54%	9.81%
Danny Keppol	-0.59%	2.16%
Al Rojas	-0.61%	10.41%
Wes Mahling	-0.61%	4.71%
Mack Wade	-0.80%	14.78%
Carlos Galvan	-1.26%	13.33%
Jim Hecker	-1.71%	11.33%
Randy Schmoe	-2.31%	6.00%

More than 100 contestants are competing for **OVER \$1,500 IN PRIZES & GIFTS**



14-WEEK CONTEST
January 24 - May 2, 2018

*Weigh in each week at Coastal Fitness & Aquatics
2285 Hwy. 101, Florence, each Wednesday,
7:30a.m.-9:00a.m. -or- 4:30p.m.-6:00p.m.

*Weekly leaders in each category (male & female) will be pictured in the Saturday edition of the Siuslaw News.

*Look Good - Feel Good!

Contestants understand that participation in the contest may involve inherent risks, dangers and hazards, which many occur without warning, or be due to lack of conditioning, carelessness, and other unforeseen, unidentified, or unexpected perils inherent in physical activities or weight loss programs. Contestants understand that oversight of the contest by the Siuslaw News or any other sponsors does not and cannot, guarantee their safety. Contestants understand that they should not participate in the contest if they have any health conditions affecting their ability to participate. Contestants have signed release forms to certify they are fully aware of, and expressly assume these and all other risks involved in participating in the contest, and to grant to the Siuslaw News and all contest sponsors and their respective assignees, the absolute right and permission to use their name, address, photograph and/or likeness in any and all advertising, trade, or promotion. Contestants have weighed in at the first contest weigh-in on January 24 and will weigh-in every Wednesday through May 2, 2018 at the Florence location at Coastal Fitness and Aquatics, 2285 Hwy. 101, Florence.

Diet Tip #12

You are only as healthy as your last trip to the grocery store. Shop once a week to keep your home stocked with healthy foods. your grocery card should have 50 percent produce, 25 percent whole grains, and 25 percent lean proteins and low-fat dairy foods.

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Siuslaw News

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www.peacehealth.org/phmg/florence



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