

# First Weigh-In Jan. 24<sup>th</sup> (mandatory!)



*It's BACK...  
BE  
FLORENCE'S*



# BIGGEST WEIGHT PERCENTAGE LOSER

# LOSE-TO-WIN CONTEST!

Over \$1000 in Prizes & Gifts!  
FREE ENROLLMENT  
14-Week Contest  
January 24-May 2, 2018

**– Only your weight loss average will be published. –**

- Weigh in each week at COASTAL FITNESS & AQUATICS
- Each Wednesday, Jan. 24-May 2, 2018 • 7:30am-9am and 4:30pm-6pm
- Weekly leaders in each category (male & female) will be pictured in the Saturday edition of the Siuslaw News.
- Learn Healthy Weight Loss Steps
- Look Good - Feel Good



**Contest Information Line:  
541-997-3441**

Weigh-In Location:  
**Coastal Fitness & Aquatics**



## FREE CONTEST PARTICIPATION • REGISTRATION FORM

Please complete and bring or mail this form to the Siuslaw News,  
P.O. Box 10, Florence, OR 97439

Registration is FREE. Contestants must be a minimum of 18 years old or with parental consent and sign a waiver form to participate.

Your registration form must be received at the Siuslaw News, by 5pm January 22nd.  
148 Maple Street,  
Mail: PO Box 10, Florence, OR 97439  
Fax: 541-997-7979  
or via our website  
[www.theSiuslawNews.com](http://www.theSiuslawNews.com)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Are you a subscriber of the Siuslaw News?  YES  NO

OFFICE USE ONLY

Face Photo # \_\_\_\_\_ Full Portrait Photo # \_\_\_\_\_ Disclaimer Signed  YES  NO

**Siuslaw News**  
148 Maple St., Florence  
541-997-3441

Sponsored by



PeaceHealth  
Medical Group

[www.peacehealth.org/phmg/florence](http://www.peacehealth.org/phmg/florence)



2285 Hwy. 101, Florence  
541-997-8086