

Classifieds available on-line at: www.thesiuslawnews.com, under Special Sections

Central Coast Classifieds

NOVEMBER 18 • 2017

To Contact Us About Classified Advertising:
By Phone:
(541) 997-3441
By Fax:
(541) 997-7979

- ▼ **010-230 GENERAL LISTINGS**
- ▼ **240-430 SERVICE LISTINGS**
- ▼ **440-720 REAL ESTATE**
- ▼ **850-900 VEHICLE SALES**

INFORMATION

Office Hours: 8 a.m. to 5 p.m.
Monday through Friday
Phone: 541-997-3441 • Fax: 541-997-7979
Address: 148 Maple St.
PO Box 10
Florence, OR 97439

DEADLINES:

Wednesday Issue—Regular classified ads (Starts @ \$31.00 and includes up to 14 words for 4 consecutive issues - excludes garage sales & lost & found), Monday 1 p.m.; Display ads, Friday 5 p.m.; Service Directory - Friday, 5:00 p.m. Boxed, Display Classified Ads & Vehicle/Boat Promos, Friday 5 p.m.

Saturday Issue—Regular classified ads (Starts @ \$31.00 and includes up to 14 words for 4 consecutive issues - excludes garage sales & lost & found), Thursday 1 p.m.; Display ads, Wednesday 5 p.m.; Service Directory, Boxed, Display Classified Ads & Vehicle/Boat Promos, Wednesday 5 p.m. TV Listings, Tuesday, 5:00 P.M.

ADJUSTMENTS:

If your advertisement appears incorrectly, notify us immediately. We will not be responsible for more than one incorrect insertion. Such responsibility is limited to correct insertion of advertisement. No information on the classified pages will be released prior to publication.

Ads are in Area Code 541 unless otherwise indicated in ad.

541-997-3441

010 ♦ YARD WORK/ LANDSCAPING

Clean-up Specialist - Yard clean-ups, hauling, trimming, weeds & beds. Low Rates. Free estimates. 541-997-6999.

Storm Clean-up, yard care & brush clearing. Call **541-991-0927**.

115 ♦ HEALTH & FITNESS

Bowflex Max Trainer MS paid \$1600, sell for \$975. Never used call 541-902-8924.

130 ♦ LOST & FOUND

Honeyman State Park 84505 Highway 101 S. Florence, OR 97439, Found gold necklace w/bullet. Type with cremation remains and 14kg Wedding Band. We will keep it till February 15, 2018. After that date it will be donated to a local non-profit. 541-997-3851.

160 ♦ HELP WANTED

Caregivers - FT, PT, all shifts, must pass drug test. Will train. Call for application. Northwest Reflections Memory Care. 541-997-5002.

Hod-Carrier/Laborer - Shawn Prociw Masonry Inc, now hiring, starts @ \$13/hr. w/lots of room to grow. 541-997-8275.

Housekeepers - For 40-room motel. FT must be willing to work hard with a great attitude. Experience preferred but will train. Competitive wages. Apply in person at the River House Inn. 541-997-3933.

Office Manager - FT/PT, M-F, proficient in Quickbooks, Word. Self starter. Good customer service is a must. Email resume to: lec.inc@outlook.com

Property Management Team - for 40-unit apartment complex, on Central Oregon Coast. 20hr. management position per week. Comes w/2bdm. Apartment on site. Required good math skills, & computer skills. Maintenance position includes landscape, janitorial, light maintenance work

& unit turn over. Wage DOE. Send resume to Property Management Team, C/O Po Box 10, Florence, OR 97439.

RN/LPN - Regency Florence is now hiring for RN/LPN Ft & PT, call Katie @ Regency Florence, 541-997-8436.

New Today

The City of Florence is accepting applications for a full-time Communications Officer. Salary: \$19.85—28.85/hr., includes a generous benefits package. First Review: December 4, 2017 at 5 pm. To Apply: Visit www.ci.florence.or.us/jobs for a complete job description and application. Resume, application, and cover letter may be mailed or hand delivered to Human Resources, City of Florence, 250 Hwy 101, Florence, OR 97439; or emailed to recruitment@ci.florence.or.us. Questions may be directed to (541) 902-2182. The City of Florence is an equal opportunity employer and service provider.

Veterinary Assistant & Veterinary Technician - wanted for companion animal veterinary practice. These positions involve directly working w/pets & their owners, as well as the rest of our veterinary team. People skills & computer skills necessary. Please send cover letter & resume to e.kennedy@oceansidevet-clinic.com.

If you take no risks, you will suffer no defeats. But if you take no risks, you win no victories.
—Richard Nixon

Good ideas are not adopted automatically. They must be driven into practice with courageous impatience.
—Admiral Hyman Rickover

If no one ever took risks, Michelangelo would have painted the Sistine floor.
—Neil Simon

Thunder is good, thunder is impressive; but it is the lightning that does the work.
—Mark Twain

Make your bargain before beginning to plow.
—Arab Proverb

220 ♦ VEHICLES FOR SALE

JOHNSTON MOTOR COMPANY
2007 HONDA ACCORD
Trades Welcome
Stk#17U62A
Sale Price \$10,995

2003 TOYOTA COROLLA
Stk#17T97A
Sale Price \$7,000

2015 FORD ESCAPE
26K miles. Stk#17U30
Sale Price \$18,900

2008 MERCURY GRAND MARQUIS
Trades Welcome.
Stk#17U60A
Sale Price \$6,995

2013 C-MAX HYBRID
Stk#16U119
Sale Price \$15,995

2014 FORD FOCUS
Trades Welcome.
Stk#16U117
Sale Price \$13,500

2003 FORD RANGER
Stk#17U81
Sale Price \$12,995

We Come Highly Recommended!
2150 Hwy. 101. Florence
(541) 997-3475
1-800-348-3475

280 ♦ FLEA MKTS/ BAZAARS

"PICC-A-DILLY" Flea Market THIS SUNDAY, 10am-4pm Fairgrounds, Eugene, 541-683-5589.

290 ♦ ANTIQUES

BLOW OUT SALE @ Eagle's Nest Antiques & Collectibles. 50% off Xmas items, 25% off everything else. Lots of things suitable as gifts. Going out of Business! 1901 A Hwy 101, open Thurs-Sun 12pm-5pm.

330 ♦ SPORTING GOODS

Bob's Fishin' Barn now in Florence Oregon. We buy and sell new and used. Expert rod repair & rod building. 541-305-5939/541-305-5938 for appointment.

380 ♦ ANIMALS

New Today

Gift of Love and Security. German Shepherd puppies. Sire - Son of 2X world champion "Ballack". Dam - Granddaughter of 2X world champion "Remo". 541-999-1091. BestOfBreedGerman-Shepherds.com.

400 ♦ MISCELLANEOUS

For sale, standard slate pool table. Lots of extra equipment. \$750 Call 541-999-9994.

2004 51in HDMI TV Flat Screen Hitachi, roll around console \$250 or best offer. Call 541-590-5109.

420 ♦ TO GIVE AWAY

New Today

To give away, 2 black cats + supplies, 1-7yrs., 1-9yrs. Old. Moving cannot take with me. Call Colleen @ 541-902-8554.

430 ♦ STORAGE

101 MINI-STORAGE 3340 Hwy 101 N. Call for sizes & prices. 997-8117 101 mini-storage.com.

560 ♦ COMMERCIAL RENT/LEASE

Commercial Space, 1000sq/ Ft in Old Town for lease, 3-5yrs preferred. 1st & last required at contract beginning. \$1,100/mo., has a cooling system in unit. Located at 185 Nopal, next to Love-joys. Call 541-997-8541.

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- **GRAPHIC SEARCH PLAYERS** •••••
- **Due to the Holiday** -
- Next weeks Wednesday
- Graphic Search entries need to be turned in by 1PM on Wednesday
- Nov. 22, for Saturdays publication.
- Thank You.
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850 ♦ VEH. & BOAT PROMO



98 GOLDWING
Red, 43K mi., on board compressor (w/tire hose & gauge), trickle charger (New batt.), VHF, AM/FM/tape deck, intercom, reverse gear. \$5,675. 541-902-7928. Accessories also avail. call for items & prices



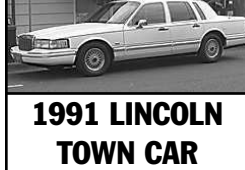
1991 F-150 4WD
Very good cond., All Power, factory towing kit. Easy off camper, boat rack. Look & Drive. \$5,500
541-991-1720



JAZZY POWER CHAIR
Real Nice Condition. \$300
541-902-9195



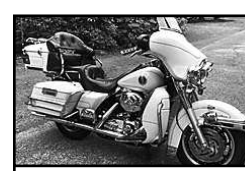
2000 MERCEDES BENZ 230 SLK KOMPRESSOR
One owner, 122K mi., excellent cond., retractable hardtop, Very nice car. \$7,900
541-997-1080



1991 LINCOLN TOWN CAR
139K, runs very good. \$1,800 obo
Cell: 541-999-9173
Ask for Randy



850 ♦ VEH. & BOAT PROMO



2002 HD ULTRA CLASSIC
34K orig. mi., Has Stage 1, New tires & brakes. Serviced on time. Always garaged. Lots of chrome & extras. \$10,500 obo
541-915-9635 / 541-902-8361 ask for Rick



2009 CHEVY EQUINOX LT
AWD, loaded, 160K miles, \$5,895 obo
541-991-2274
541-902-1368



04 HD SPORTSTER XL883C
Custom, brand new cond. only 1200 mi., garage kept, lots of chrome & extras. Must see! \$5,400
541-997-5933



1993 21' 4" SEAWIRL OCEAN BOAT
Ford 302 engine needs repair. Make offer
541-999-1339

News For Older Americans

Five Helpful Tips For Staying Fit And Fantastic After Age 50

(NAPSA)—About one in every three Americans is age 50 or older. If you or someone you care about is among them—or hopes to be someday—it may be wise to heed these five hints on keeping healthy, active and pain-free as you age. They come from Dr. Bob Arnot, an award-winning author of 12 books on nutrition and health, and former chief medical correspondent for CBS and NBC.



Dr. Arnot is also an avid athlete who excels as a Paddleboard World Championship award winner.

Healthy Aging Ideas
1. Give good health a shot. Get your flu, shingles and pneumonia immunizations. Follow your doctor's advice about regular cancer screening tests, stress tests and bone density measurements. Head off some of the problems of aging before they occur.

a week. Do it in increments of 10 minutes or more. Bike, dance, walk for cardiovascular health. To help preserve your balance, add strength-building activities such as lifting small weights at least twice a week. Check with your doctor about the regimen that's best for you.

2. Stay mentally alert. Read the newspaper every day. Do the crossword puzzle. Play bridge or chess. Take—or teach—a class. Keeping your mind engaged could ward off the brain changes that lead to Alzheimer's and other forms of dementia. Stay socially active, too. If friends and family are far away, see if you can communicate electronically with computer programs such as Skype.

If you develop body pain, turn to topical pain relievers with lidocaine instead of over-the-counter pills.

3. Don't smoke. You're never too old to quit.
4. Eat right. In addition to lots of fruits, vegetables and a few lean meats, older people should consume foods with vitamin B12, such as fortified cereals. Also, add flavor to foods with spices and herbs instead of salt and look for low-sodium packaged foods. Drink three cups of fat-free or low-fat milk throughout the day or the equivalent in yogurt, cheese or other dairy products.

According to the Center for Medicare Advocacy, "[Lidocaine] is a highly effective pain reliever and its unique nonnarcotic and nonaddictive properties make it a benign alternative to opioids, without the risks and devastating side effects of opioids."

5. Be physically active. Regular activity can help delay, prevent or manage many costly chronic diseases faced by adults 50 years old or older. Try for at least 27 hours of moderate-intensity physical activity

For example, Salonpas Lidocaine Plus from the world's No. 1 (OTC Topical Analgesics Patch) brand contains two powerful anesthetics: 4 percent lidocaine, the maximum strength available without a prescription, and 10 percent benzyl alcohol. The benzyl alcohol is fast acting while the lidocaine is long lasting. Together, they desensitize aggravated nerves for temporary relief of back, neck, shoulder, knee or elbow pain.

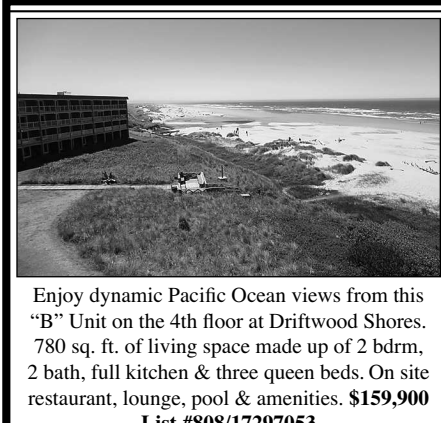
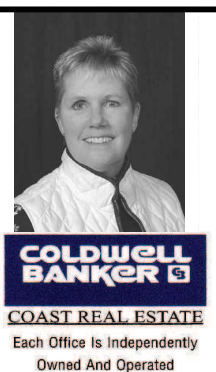
Unscented for discreet relief, nonirritating and nongreasy, Salonpas Lidocaine Plus is available in two convenient forms: cream and roll-on.

Learn More
For further facts on relieving pain and improving health, go to www.salonpas.us.

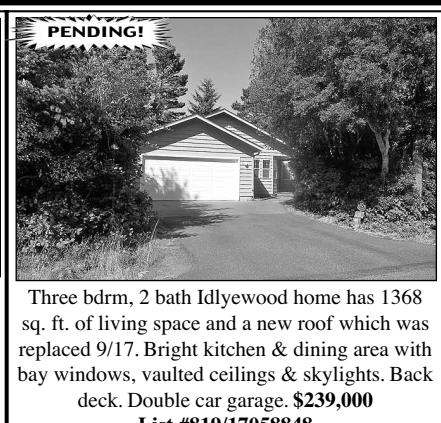
LYNNETTE WIKSTROM

Broker
(541) 997-7777 EXT 118 OFFICE
(800) 999-5343 TOLL FREE
(541) 997-7159 FAX
(541) 999-0786 CELL
lynnette@cbcoast.com

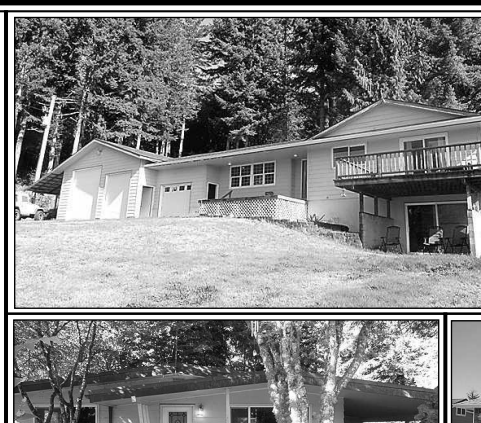
COAST REAL ESTATE
100 HIGHWAY 101
PO BOX C
FLORENCE, OR 97439



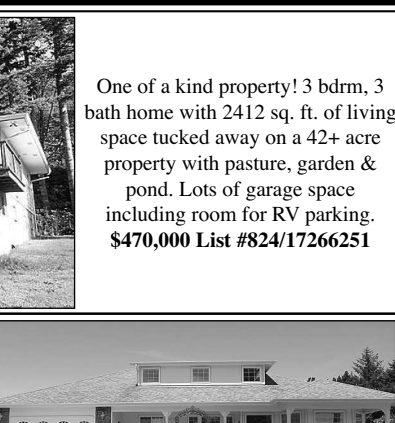
Enjoy dynamic Pacific Ocean views from this "B" Unit on the 4th floor at Driftwood Shores. 780 sq. ft. of living space made up of 2 bdrm, 2 bath, full kitchen & three queen beds. On site restaurant, lounge, pool & amenities. **\$159,900**
List #808/17297053



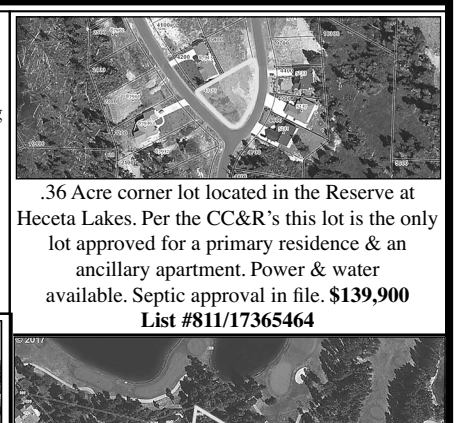
PENDING!
Three bdrm, 2 bath Idlyewood home has 1368 sq. ft. of living space and a new roof which was replaced 9/17. Bright kitchen & dining area with bay windows, vaulted ceilings & skylights. Back deck. Double car garage. **\$239,000**
List #819/17058848



Cute project house located in Mapleton on Rice Hill Road. 2 bdrm, 2 bath home has 1350 sq. ft. of living space and double car carport. Shop building, patio spaces. Great starter or income property. **\$99,900** List #822/17533213



One of a kind property! 3 bdrm, 3 bath home with 2412 sq. ft. of living space tucked away on a 42+ acre property with pasture, garden & pond. Lots of garage space including room for RV parking. **\$470,000** List #824/17266251



.36 Acre corner lot located in the Reserve at Hececeta Lakes. Per the CC&R's this lot is the only lot approved for a primary residence & an ancillary apartment. Power & water available. Septic approval in file. **\$139,900**
List #811/17365464

1870 HWY 126, SUITE A
PO BOX 3040
FLORENCE, OR
FAX 541-997-7654
VISIT US ONLINE AT
WWW.JIMHOBERG.COM

WEST COAST REAL ESTATE SERVICES, INC.
541-997-7653

- RESIDENTIAL
- LAND
- COMMERCIAL
- PROPERTY MANAGEMENT

Lot #17 is a .23 Acre lot located in Sandpines West just off the 4th & 5th holes of Sandpines Golf Links. Established gated neighborhood with protective CC&R's. **\$141,000**
List #817/17638037