

# Tips to help identify signs of teen dating violence

Teen dating violence is what happens in a teen dating relationship when one person uses abuse to gain power and keep control over his or her partner. This abuse can be physical, emotional or sexual.

Anyone can be a victim of dating violence. It makes no difference what sex, race or ethnic background a person is.

Anyone can be a victim.

Anyone can be an abuser.

Dating violence is a consistent pattern of verbal (or emotional) abuse, physical abuse or sexual abuse. Emotional abuse can be as serious as physical abuse.

Does your partner call you names? Humiliate you? Isolate you

from your friends? Make all the decisions? Threaten you? Make you afraid?

Don't keep any abuse secret.

The more people who know, the safer you are.

Get help by informing family, friends or by contacting a domestic violence program. You are not alone.

Help your friends who may be victims. They need you as a friend now more than ever.

Do not accept any abuse from anyone or to anyone. Judges know the problems of dating violence. If you have to get an order of protection to be safe, do it.

Kicking, hitting and punching are types of physical abuse — and once

is too many times.

A relationship should never be about one person telling the other person what to think, do or how to act.

Murder is the ultimate horror of dating violence and the cause of 24 percent — or nearly one quarter — of teen homicides.

In many cases, victims are afraid to leave abusers because they are afraid of being hit harder.

Leave and be a survivor rather than a statistic.

Orders of protection tell the abusers what they can and cannot do. Physical abuse doesn't always leave bruises, but always leaves scars.

Qualified counselors are available to help teen dating violence victims 24 hours a day.

Call any time for support.

Sexual abuse can be anything from ruining your reputation, to touching you improperly, to rape. The abuser wants you to think that no one will believe you and that no one cares about you.

The abuser is wrong.

People believe because people care. Abuse should not be a secret. Understand that you are not alone: friends, family, teachers, police, judges are all there to help — but only you can begin to make that change.

Teen dating violence hurts every-

one, so help stop the hurt.

Each year, about 25 percent of all teens are dating violence victims.

Zero tolerance is the only acceptable level of teen dating violence.

If you or someone you know is being abused, one agency to call for assistance is My Sister's Place at 541-574-9424, 541-994-5959 or 1-800-841-8325.

Also report suspected abuse to the police.

Don't let the abuse continue.

For more information and tips, visit [www.lincolncounty.sheriff.net](http://www.lincolncounty.sheriff.net).

—Submitted by Kathy Manning, Lincoln County Police Administrative Assistant.

# Women in Business

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## Coldwell Banker Coast Real Estate

I was born in Vernonia, Ore., and moved to Roseburg when I was 4. I attended school there, including two years at Umpqua Community College, before receiving a degree in marketing/business with a minor in psychology at Oregon State University. When I was 25, my partner and I purchased the Gingerbread Village restaurant in Mapleton. In 1984, we also bought the Windward Inn in Florence. After four years, I left the Windward Inn in 1988 and solely focused on running the Gingerbread restaurant until 2004. After 25 years in the restaurant industry, I decided it was time to do something else and chose to go into real estate. In 2005, I joined the team at Coldwell Banker. I still thoroughly enjoy interacting with people and helping them fulfill their dreams of home ownership. This is a great community and I'm proud to call it home.



**Lynnette Wikstrom**  
Broker

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## MM Piano Studio

Mary holds a B.S.: Music Ed from Western Oregon University. She is active in both MTNA/OMTA. Mary has worked for Yamaha Music Corporation in Research and Development, creating curriculum, training teachers, teaching and performing. She has traveled the world with the "Passport to Music" program.



**Mary Morganti**  
Pianist/Teacher

Mary has worked for 30+ years as an accompanist, currently playing for Siuslaw school choirs and the Last Resort Players' production of "Annie." Mary is accepting students, ages 6-adult.

520-850-3563 • [maryjo3663@msn.com](mailto:maryjo3663@msn.com)

## Dana Dane Insurance

Seattle was a great place for me to grow up but Florence has so much outdoor fun to offer with the advantage of living in a small town, and such a beautiful one. Doing business with people in Florence is really a pleasure. It's comforting to see the familiar faces of my clients around town. I was new to Florence in 1994. Now, it's as if I have extended family here. I appreciate every one of you very much. Thank you.



**Dana Dane**  
Owner

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## LOFY CONSTRUCTION

We have been in construction for over 30 years and have loved every minute of every year. We have done everything from small projects, custom homes to 60,000 Sq. Ft., commercial buildings, home additions, single room remodels to complete house remodels. If you are looking for a new home build, at Lofy Construction we handle it all from site clearing to finish. If you already own your home or have found a home to buy that just does not quite work we do custom remodeling jobs as well.



My wife Teresa and I have been married for 32 years. We have one daughter and two sons as well as two granddaughters and one grandson. We moved to Florence over 27 years ago. We love being a part of this community. The fishing is great too!

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# Men in Business

## Shorewood Senior Living

Horst Jahn is a Chef by heart. His dream to live by the Ocean and serving our Seniors came true when Shorewood looked for a new Kitchen Director in 2016. He truly loves what he does and that shows with steady increase in Lunch Guests and Residents.



**Horst Jahn**  
Chef

He walks the dining room often to make sure everybody is happy with his "choice of the day". A flair of home with Restaurant style food is his reputation.

1451 Spruce Street • Florence, OR 97439  
[www.shorewoodsl.com](http://www.shorewoodsl.com)

## West Coast Real Estate Services, Inc.

I love what I do. My career in Real Estate began in 1989, the last 25 years of which I have been licensed as a Principal Broker. During this time I've had the privilege of working on a wide array of Real Estate transactions and dealing with many wonderful clients, contractors and vendors in the Florence area.



It is important to me to seek out additional education opportunities to keep up with current Real Estate trends and provide a higher level of service to my clients. For instance, most recently I earned the NAR's GREEN designation which helps me stay on top of green Real Estate issues and trends.

I have a deep respect for the goals and concerns of my clients and, because of this, have exceeded the expectations of my clients. This has made me both friends and clients "for life".

To ensure efficient & complete service for my clients I have carefully selected a team of assistants who are as enthusiastic about helping you with every aspect of your Real Estate needs, as I am. We are known for providing outstanding service and sticking with our clients till the job is done.

Jim Hoberg, Broker/Owner  
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## Mike Barrett's Garage Doors

My wife Angie and I and our three daughters, moved to Florence in December 1988. Our lovely daughters are all married now and we have five wonderful Grandkids. Along with being a self-employed contractor, I am a volunteer Fire Captain at Siuslaw Valley Fire & Rescue. In my spare time I go land and water metal detecting. My wife and I are currently Afghan hound rescue volunteers for Oregon, rehabilitating and re-homing this wonderful breed of dogs.



**Mike Barrett**

Call me with your garage door needs. I install, repair and service all garage doors.

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## Siuslaw News

Jared Anderson has been the Community Reporter at Siuslaw News since July. He is a graduate of the University of Utah with a degree in Theater Studies and an emphasis on playwriting and film history. He has worked for the Veterans Administration doing analytical research, edited scholarly articles on film and taught special education for children with autism and behavioral issues.



**Jared Anderson**

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## Siuslaw News

Mark Brennan has been the City Beat reporter at Siuslaw News since October 2016. He is a proud graduate of the University of Oregon, having attained a Bachelor of Science degree from the Allen School of Journalism in 2006. He has also written, filmed and directed six documentary films. He is a certified Master Recycler, brewer, self-proclaimed "foodie" and plays acoustic bass when time allows.



**Mark Brennan**

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## Siuslaw News

Ned Hickson has been with Siuslaw News since 1998, where he was sports editor for 17 years until becoming Editor in 2016. He is an award-winning syndicated humor columnist with News Media Corporation and has been recognized for his photography, editorials and journalism by the Society of Professional Journalists and Oregon Newspaper Publishers Association. He is the author of "Humor at the Speed of Life" and "Pearls of Writing Wisdom: from 16 shucking years as a columnist."



**Ned Hickson**  
Editor

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