

LRP looking for directors

The Last Resort Players (LRP) is putting out an open call for experienced directors, assistant directors, vocal music and orchestra directors and stage managers for upcoming productions.

Retired theater or film professionals are welcomed to share their experience and enthusiasm with one of Florence’s longest running companies. Those with no experience, but are interested in taking part, are welcomed to apply as well.

LRP, founded in 1993, is a local theater production company founded in 1993 by a group of thespians.

The founders of Last Resort Players, otherwise known as LRP, helped to establish the Florence Events Center. In

fact, the Florence Events Center is “home” to the Last Resort Players.

LRP, which was founded in 1993 and generally performs at the Florence Events Center, typically produces 2-3 small stage productions every year and one large stage production in the fall.

LRP depends on dozens of volunteers to direct, produce and perform their productions, with all ages providing their experience as actors, musicians, directors and backstage help.

To become involved, visit www.lastresortplayers.com, or contact LRP board member Dana Rodet at 541-997-9016, or email lastresortplayers@yahoo.com.

County Health Dept. urges residents to get flu shots

Lane County Public Health (LCPH) is urging community members to get their flu shot early in order to proactively prevent as much influenza in our community as possible.

During the 2016-2017 flu season, Lane County saw an alarming prevalence of flu throughout the county and as a result, double-digit deaths attributed to influenza.

Getting an annual flu vaccine, and getting it early in the season, is the first and best way to protect yourself, your family, and your community from the flu. Flu vaccination can reduce flu illnesses, doctors’ visits and missed work and school due to flu, as well as prevent flu-related hospitalizations.

In 2017, a study from the American Academy of Pediatrics was the first of its kind to show that flu vaccination also significantly reduced a child’s risk of dying from influenza.

“We know pretty clearly that the more people who get vaccinated, the more people will be protected from flu, including older people, very young children, pregnant women and people with certain long-term health conditions who are more vulnerable to serious flu complications,” said Lane County Health Officer, Dr. Patrick Luedtke.

While “Flu Season” generally lasts from early fall through early spring, it takes about two weeks after vaccination for antibodies to develop in the body that protect against flu, so LCPH is recommending community members make plans to get vaccinated early, before flu season begins so they will have immunity once the season is in full swing.

Getting vaccinated later, however, can still be beneficial and vaccination should continue to be offered throughout the flu season, even into January or later.

Some flu shots protect against three flu viruses (Trivalent) and some protect against four flu viruses (Quadrivalent) and both are currently available at the Lane County Communicable Disease Clinic as well as a number of pharmacies throughout Lane County.

This season, only injectable flu vaccines (flu shots) are recommended as the recommendation to not use the nasal spray flu vaccine (LAIV) was renewed for the 2017-2018 season.

The composition of U.S. flu vaccines is reviewed annually and updated as needed to match circulating flu viruses.

Flu vaccines protect against the three or four viruses (depending on vaccine) that research suggests will be most common.

For 2017-2018, three-com-

ponent vaccines are recommended to contain:

- A/Michigan/45/2015 (H1N1)pdm09-like virus (updated)
- A/Hong Kong/4801/2014 (H3N2)-like virus
- B/Brisbane/60/2008-like (B/Victoria lineage) virus.

It is important to note that pregnant women may receive any licensed, recommended and age-appropriate flu vaccine. Additionally, for our older community members who are among those most at risk, a “high-dose” vaccine is available.

‘Bump’ to play Blue Bills



Three Rivers Casino Resort will be presenting Bump in the Road at the Blue Bills Sports Bar and Tap Room on Oct. 6 and 7 from 9 p.m. to 12:30 a.m. While modern country music is the backbone of the group, many of their individual influences appear in the live show. Blue Bills is located inside TRC, which is located at 5647 Highway 126.



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Flu shots to be available at Florence Senior Center

Rite Aid will be at the Florence Senior Center on Oct. 11, from 9 a.m. to noon.

Anyone 65 years and older can receive a flu vaccine, and anyone under 65 years of age can receive the Quadrivalent

vaccine. The Florence Senior Center is located at 1570 Kingwood St.

People should bring their insurance or Medicare card with them.



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