

Bump in the Road to perform at Three Rivers



The weekend entertainment for Friday, Aug. 4, and Saturday, Aug. 5, at Three Rivers Casino Resort's Blue Bills Sports Bar & Tap Room, 5647 Highway 126, will be Bump in the Road.

The band plays from 9 p.m. to 12:30 a.m. While modern country music is the backbone of the group, many of Bump in the Road's individual influences appear in the live show.

Heat from 1A

weather conditions across most Oregon Fire Zones through Thursday.

ODF Western Lane District Forester Grant Smith released a statement Monday afternoon that contained actions stemming from the NWS warning.

"There'll be a couple of extremely difficult fire days ahead. The predicted weather forecast calls for very hot, record setting temperatures, low humidity and winds," Smith said. "Bottom line, you better not have a fire start, and if you do, you better catch it with aggressive initial attack. If it escapes initial attack, we'll be ordering fire teams and dealing with significant costs and resource loss.

"Beginning Wednesday, we'll be increasing our fire danger levels throughout the district. ... Our fire danger goes to extreme, which increases our public restrictions. Activities such as mowing of dry grass and chainsaw use will be prohibited at that time."

SVFR Chief Director Jim Langborg said community members should approach these conditions with caution.

"I would like to remind the people living and visiting our community to be extra careful during this period of extreme fire potential. Just because we live on the coast doesn't mean we don't get brush fires," he said. "I also recommend that people drink a lot of fluids, stay in the shade, and avoid over exerting themselves in the heat."

According to the Centers for Disease Control (CDC), heat related deaths are preventable, but more than 600 individuals die each year in the U.S. from exposure to excessive heat.

The elderly, the very young and those with developmental challenges and chronic diseases are at highest risk.

The CDC offers the following tips for beating the heat and for avoiding heat related illnesses:

- Wear appropriate clothing for the weather. Choose lightweight, light-colored, loose-fitting clothing.
- Stay in an air-conditioned place as much as possible. If a home does not have air conditioning, people are encouraged to go to a shopping mall or public library; even a few hours spent in air conditioning can help your body stay cooler when you go back into the heat.

Siuslaw Public Library Director

Meg Spencer supports the idea that libraries can provide a "cool location" for people.

"The Siuslaw Public Library District works to maintain a safe environment during all kinds of weather events. I am proud that the CDC recognizes the important role a library can play in offering shelter during times of need, and would certainly welcome anyone in need of a cool place to read, use the computer, check out our public art, or otherwise avail themselves of the many resources we offer throughout the year at both our locations," Spencer said.

The CDC also said that electric fans may provide some comfort, but when the temperature is in the high 90s, they will not prevent heat-related illness. Taking a cool shower or bath or moving to an air-conditioned place is a much better way to cool off.

- Use your stove and oven less to maintain a cooler temperature in your home.
- Limit outdoor activity to when it is coolest, such as the morning and evening hours. Rest often in shady areas so that your body has a chance to recover.
- Cut down on exercise during the heat. People not used to working or exercising in a hot environ-

ment, should start slowly and pick up the pace gradually.

The CDC warns, "If exertion in the heat makes your heart pound and leaves you gasping for breath, stop all activity. Get into a cool area or into the shade, and rest, especially if you become lightheaded, confused, weak or faint."

- Wear sunscreen: Sunburn affects a body's ability to cool down and can make you dehydrated. People can protect themselves from the sun by wearing a wide-brimmed hat, sunglasses and by putting on sunscreen of SPF 15 or higher 30 minutes prior to going out. Continue to reapply it according to the package directions.
- Never leave infants, children or pets in a parked car, even if the windows are cracked open.
- Avoid hot and heavy meals, as they add heat to one's body.
- Stay hydrated. People should drink more fluids, regardless of their activity level.
- Replace salt and minerals. Heavy sweating removes salt and minerals from the body that need to be replaced. A sports drink can replace the salt and minerals lost when a person sweats.
- Keep pets hydrated: Provide plenty of fresh water and leave the water in a shady area.



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SIUSLAW PIONEER MUSEUM TO HOST PIONEER PICNIC AUG. 12

The Siuslaw Pioneer Museum will hold its annual Pioneer Picnic Potluck on Saturday, Aug. 12, beginning at noon at the Elks RV recreation building on Mercer Lake Road.

Lunch will begin at 12:30 p.m.

The museum will furnish the entrée, as well as chips, coffee, punch, plates and eating utensils.

People are encouraged to bring a dish to share, such as baked beans, salad or dessert.


The program will include the

annual report by Vice-President Steve Skidmore and a visit from the John Quay Heritage Players portraying early pioneers Elizabeth Knowles, Clara Gamble Haring, Harvey Hanson, Lily Cox Hurd and William Kyle.


There will also be music by Russ Hall and Friends.

For more information, call 541-997-7884, visit www.siuslawpioneermuseum.com, or visit the museum at 278 Maple St.

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- Wednesday, 7 p.m. - Family Connections
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NEW LISTING
Want glorious panoramic views of the Ocean & gorgeous sunsets? This beautiful, immaculate home has them along with a spacious open floor plan, oversized garage & hiking trails to Beach 3 Bdrm, 2 Ba 2015 sq ft
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Enchanted lakefront cabin on Collard Lake, private dock with stunning dune & lake views from both structures. Permitted addition above garage 1 Bdrm, 2 Ba 864 sqft And 336 sq ft addition above garage
\$339,900 BH7542 ML#17104596



NEW LISTING
Deal 2 for 11 2 tax lots, home, fenced, 4 garages, beautiful in town lot, all flat & useable, office or studio.
3 bdrm, 1 ba
\$249,000 BH7521 ML#17418714



NEW LISTING
Privacy, seclusion with country setting & city close, only 20 minutes south of the bridge. 36' x 48' barn with enclosed workshop & storage room
3 Bdrm, 3 Ba 1804 sq ft
\$395,000 BH7539 ML#17402153




PRICE REDUCED
Premier subdivision Shelter Cove! Custom home open & spacious design mint condition!
3 Bdrm, 2 Ba 2211 sq ft
\$415,000 BH7395 ML#17196889



PRICE REDUCED
North lakes area. 2005 Fuqua. Double garage, back deck, back yard fenced. Excellent condition
3 Bdrm, 2 Ba 1144 sqft
\$174,900 BH7478 ML#17350413



NEW LISTING
Recreational opportunities abound & Mercer Lake views. Double-wide with detached 24 x 28 garage with bath & upstairs rec room. Plus single car garage, carport & ample parking
2 Bdrm, 3 Ba 1120 sq ft
\$289,900 BH7532 ML#17363341



PRICE REDUCED
South Shore subdivision, Woahink lake access. Corner lot, ready for dream home. Cleared, septic approval, lake water available.
1 acre
\$95,900 BH6892 ML#14666443



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Sea Watch Estates community of fine homes. Large .35 of an acre corner lot on a Cul-de-Sac. Build your dream home.
\$62,000 BH7533 ML#17147822

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