

850 ♦ VEH. & BOAT PROMO

2015 883 HARLEY DAVIDSON SPORTSTER
1500 mi, Full D&D exhaust sys, Extended forward controls, New leather Harley Davidson seat. \$8,500 OBO
210-379-5945 Lv. mess.

850 ♦ VEH. & BOAT PROMO

96 DODGE DAKOTA
Cab & 1/2, V8, 2WD, good cond.
Problem:
Vacuum leak for trans.
Call 541-999-8651

850 ♦ VEH. & BOAT PROMO

16' JETCRUISE TRAILER
Aluminum, 2008 Honda, 50hp, 11' x 16', walk-thru windshield, full canvas top, 21 gal. built-in fuel tank, 2 swivel bucket seats, many extras.
\$9,900
Call for details
541-268-6807

2006 YAMAHA ROYAL STAR MIDNIGHT VENTURE 1300cc
Black, 4 cyl., custom Cobin seat, lugg. rack, stand, and cust. exhaust, Michelin tires, 45K mi., never damaged. Runs and looks like new. \$5,900.
541-268-6807

'05 SIERRA 25RLSS
5th Wheel, Deluxe model, 27' one slide, 2 gray tanks, 100 gal. fresh water. Good cond., Priced below KBB
\$8,750 incl. Reese 14k swivel slide hitch.
541-991-3656

2011 ARIMA
Expertly maintained, 200 hrs on engines. Loaded.
541-999-1091

2011 DODGE RAM
1500 SLT, 5.7 Hemi, excellent cond., Loaded, Gold w/matching Leer canopy. 99K mi.
541-999-1091

2003 COUGAR 29'
5th Wheel w/slide, many extras. 1996 DODGE 3/4 ton, V10, only 72K mi., well maint., truck & trailer pkg \$13,000.
Trlr alone \$10,000
Trk alone \$3,000
541-997-6804

1980 COBALT 19' BOAT
1980 Cobalt 19' boat. 260hp I/O. Runs great. New Bimini and mooring cover.
\$2,750
541-991-3656

RARE 1998 2.4 CHEVY CONVERTIBLE
\$3,000 in upgrades last 18 mos., New top, senior owned, receipts avail.
\$4,700
541-999-1011

GRUMMAN 17' CANOE
Aluminum, w/Grumman sailing kit. Incl. rowing attachment, 2 oars, 3 wooden canoe paddles. \$600
541-991-6026

2005 VIKING SAGA TENT TRAILER
Good cond., stove, water, fridge, heater, toilet, sleeps 6, lots of storage.
\$4,500 obo
541-590-3563

2012 POLARIS RZR XP900
Only 24 running hours. Covered in garage, maintained, like new. Trailer, tie downs included. \$13,500
541-991-3467 or cell 707-239-2322

2001 YAMAHA XL800 WAVERUNNER
Low operating hrs., good operating & body cond., Incl. cover, trailer, spare tire.
\$2,900 - To see, call 541-997-5676

Reduce Reuse Recycle
Reduce Reuse Recycle
Reduce Reuse Recycle

Your Home

Increase The Value Of Your Home Quickly And Affordably With These Helpful Tips

(NAPSA)—When it comes to making your home more attractive to potential buyers, one of the most important considerations is right at your feet: the floor. According to Realtors and home inspectors, quality flooring is more likely to increase your home's value than the roof, windows, even room additions.

Fortunately, increasing the value of your home doesn't have to mean replacing your floors. The upside of flooring is that it can be one of the most valuable commodities in a house and one of the least expensive to maintain and improve. A few simple techniques suggested by the experts at the World Floor Covering Association (WFCA), that cost virtually nothing but your time, may help extend the life of your flooring:

Easy Care Advice on Hardwoods

- For natural flooring such as wood, never use ammonia cleaners or oil soaps. They will dull the finish and performance of the floor. These products will also affect the ability to recoat your floor at a future point in time.
- Since wood naturally expands when it's wet, never wet mop or use excessive water to clean a hardwood floor. Large amounts of water can make the wood swell and may cause planks or strips to crack or splinter. Be sure to wipe up any spills on hardwood promptly.
- Pets with long nails can cause dents and scratches on hardwood floors that are not covered by your warranty. Be sure to regularly trim your pet's claws to avoid damage.

Carpet Care

- You may not realize it, but carpet is the largest filter in a home. It filters soils, gases, allergens, spills and other pollutants. With this in mind, vacuum it regularly.
- To avoid running into warranty issues with your carpet (and many other types of flooring), make sure you use cleaning products recommended by the floor's manufacturer.

Be Smart About Ceramics, Stone and Vinyl

- Try to clean up spills as quickly as possible on ceramic floors so the grout or tile doesn't become stained. Don't use bleach or ammonia-based cleaners, as these can discolor your grout. Don't clean glazed tile with oil-based cleaners. While ceramic tile is considered very durable, it's not indestructible and may crack or chip



Photo credit: US Floors COREtec

Residential and industry experts agree that well-maintained floors add instant value to your home.

under extreme force.

- With ceramic floors, after the installation process is complete and the grout has had ample time to cure, sealing the entire floor can provide protection from dirt and spills by slowing down the staining process.
- With vinyl floors, avoid using rubber-backed mats or rugs as they can damage and potentially discolor your floor. Instead, use mats or rugs made especially for vinyl floors.

- With stone floors, always blot spills immediately. A neutral-pH detergent or pure soap, such as Liquid Ivory and warm water, can be used for spills or periodic cleaning. Never use lemon juice, vinegar, ammonia or other acids—or products that contain these fluids—on marble, limestone or travertine. Also avoid using scouring cleaning products or cleaners that contain abrasives on any stone as they will dull its luster.

Limit Sun Exposure

- Protect the finish of your laminate, hardwood, carpet and resilient floor from the harmful rays of direct sunlight by using window shades and closing drapes. It's also a good idea to periodically rotate rugs and furniture exposed to direct sunlight so your floors don't develop unwanted "tan lines" and discoloration.

When It's Time for New Flooring

Even the best care can't keep your floors at their best forever. If you're thinking of getting new flooring but are concerned about the possible cost, consider these two ideas:

- You don't have to redo all your floors at once. Research shows that the first two areas of a home potential buyers look at are the kitchen and the bathroom. New floors there can make a powerful first impression.
- It's a common myth that flooring needs to be

expensive to add value. The truth is that kitchens can be patterned with inexpensive floor tiles for a customized effect. Similarly, adding accent tiles in a bathroom can make it appear more finely detailed and attractive. If you do decide upgraded floors are in order, it's very likely your kitchen and bathrooms do not take up a lot of square footage, which means relatively small investments in actual flooring product. That translates into big impact for very little cost.

Expert Advice

"Money invested to upgrade replacement floor covering, particularly in kitchens and baths, prior to reselling a house can be expected to return substantially more than 100 percent of the cost of renovation," said Scott Humphrey, Chief Executive Officer, WFCA. "For example, if homeowners invest \$5,000 to replace worn-out floor coverings and then list their home on the market, they should factor in an extra \$10,000 to \$15,000 on the selling price. We've seen this time and time again for homes of all values in markets across the country."

What's more, for every \$1,000 spent on upgraded flooring and financed into the mortgage, the buyer's payment typically increases by less than \$10 a month. The new floors can usually be written off during the first few years of the mortgage.

Learn More

For further facts and tips on caring for all types of fine flooring, go to www.WFCA.org. There, you'll find an overview of each flooring category including the pros and cons, a product catalog, varieties and styles available, cleaning tips, things to consider before purchase and how to prepare for installation. There's also a searchable database of reputable WFCA retail members across the country.

HEART HEALTH

How To Succeed At Surviving Heart Failure

(NAPSA)—The latest statistics from the American Heart Association (AHA), one of the world's oldest and largest voluntary organizations dedicated to fighting heart disease and stroke, show that the number of people living with heart failure has now topped more than 6 million—and that number is expected to rise to more than 8 million by 2030.

Much of that increase can be attributed to medical advances that have improved survival rates of heart attacks and other conditions that can lead to heart failure.

"The ability to treat this condition, restore health and quality of life, extend life and, most importantly, prevent this condition is more robust now than ever," said Clyde W. Yancy, M.D., past president of the AHA and chief of cardiology and Magerstadt professor at Northwestern University, Feinberg School of Medicine, Chicago. "Prevention is a key consideration as one of every five adults alive at age 40 will develop heart failure during his or her lifetime."

Heart failure is a condition in which the heart is too weak to pump blood sufficiently throughout the body. Knowing the signs and symptoms of heart failure is critical—the earlier someone seeks care for heart failure, the better the chances of living a longer, more active life.

- Symptoms**
- Difficulty breathing
 - Persistent coughing or wheezing
 - Fatigue
 - Nausea
 - Confusion
 - Fainting or near-



More people these days are living with heart failure. The more you know, the better you can manage the condition.

fainting

- Increased heart rate
- Swelling of the feet, ankles and legs.

People experiencing more than one of these should talk with their doctor about a heart evaluation. There's usually no cure for heart failure but it can be managed.

Treatments

- Lifestyle Changes:** Certain lifestyle changes can help alleviate symptoms, slow disease progression and improve everyday life. These changes could include quitting smoking, losing or maintaining weight, eating a heart-healthy diet, being physically active, managing stress and getting adequate rest.

- Regular Monitoring:** It's very important for people with heart failure to monitor their symptoms and report any changes to their health care team. This may involve daily weigh-ins to track water retention, closely watching swelling, and monitoring changes in ability to exercise.

- Medications and Devices:** Heart failure patients often need multiple medications. There are devices that can control heart rhythm or

measure circulation. It's important that patients and caregivers work with their health care team to understand the medications and how they should be taken. Understanding the devices is also important.

- Surgery:** Surgery is sometimes recommended when a doctor can identify a correctable problem, such as a congenital defect, valve abnormality or blocked coronary artery. When heart failure is advanced, the use of an artificial pump to sustain circulation or heart transplantation to replace the failing heart can be done today with much less risk than ever before and improved outcomes.

The most important thing, suggested Dr. Yancy, is to work closely with a heart failure team and follow its advice. "Research today is pointing to new directions to restore the heart's function, capture early warning signs and create highly personalized treatment plans," he said. "There is no reason to ever again accept 'failure' as a diagnosis. With the right team in place exercising best care options, nearly everyone with this condition can now thrive."

Learn More

For facts about heart failure, and free tools to help you prevent and better manage the disease, visit www.RiseAboveHF.org. The American Heart Association's Rise Above Heart Failure initiative is nationally supported by Novartis Pharmaceuticals Corporation. To learn more about heart health or to get involved, visit www.heart.org.

Fabulous Food

California Sweet Potatoes For Holidays And Every Day

(NAPS)—Here's food for thought: As more and more Americans realize, sweet potatoes can be enjoyed not only during the winter holidays but on other holidays and on a regular old Tuesday night, for that matter.

High in vitamin B6, vitamin A, carotene and potassium, rich in antioxidants, vitamins C and E and a great source of manganese and dietary fiber (almost twice as much fiber as a white potato), sweet potatoes are healthful and nutritious.

Sweet potatoes grown in California, many on small family farms, are especially delicious because California's warm, dry climate and rich, sandy soil grow some of the nation's best sweet potatoes and they are available year round.

Here are a few ways to incorporate tasty California sweet potatoes in dishes for other holidays and anytime.

- Switch up a classic potato gratin recipe and substitute California sweet potatoes for white potatoes. It's a great accompaniment to an Easter ham or lamb or as an easy-to-make side dish to go along with a store-bought rotisserie chicken—making any weeknight meal a little more special.

- When avocado toast starts to feel a little humdrum, forget the bread and pop a 1/4-inch-thick slice of a California sweet potato into the toaster for five or so minutes, then top with peanut butter and sliced bananas, chocolate hazelnut spread and crushed nuts, cottage cheese and chives or a fried egg with a dash of hot sauce. And if you haven't had your fill of avocado toast, go ahead and smear the toasted sweet potato with mashed or sliced avocado and enjoy the best of both worlds while skipping the gluten—the opportunities are practically endless.

- California sweet potato oven fries are a welcome change to regular old French fries and are super-easy to make. Simply cut the sweet potatoes into desired thickness, coat them with olive oil and sprinkle with a little salt, pepper, cayenne, cumin or other favorite spice, arrange on a cookie sheet so they are in a single layer and bake at 425° F. until done.

- And don't forget the long-popular baked California sweet potato. Just preheat the oven to 400° F, pierce the sweet potatoes with a fork, wrap them individually in foil and bake for 45 to 50 minutes or until fork tender. Then the fun begins: Enjoy them with a little salt, pepper and butter or stuff them with bacon and cheddar or sour cream and chives.

For your next brunch, picnic, tailgating party, holiday open house or random Sunday breakfast with family or friends, try adding these delicious muffins to the menu.

Only mildly spicy, the muffins have



Sweet Potato Jalapeño Corn Muffins are a great addition to brunch, lunch or dinner.

great texture, flavor and nutrition thanks to mashed sweet potatoes in the batter. Enjoy them for breakfast, brunch, lunch or dinner—they go great with ham and eggs, green salads, soups, stews and chili.

Sweet Potato Jalapeño Corn Muffins

- Makes 20 muffins
- 1 1/2 c yellow cornmeal
 - 1 c all-purpose flour
 - 1 T baking powder
 - 1 1/2 t salt
 - 1/2 t baking soda
 - 1/2 t ground chipotle chili peppers
 - 8 oz cream cheese, softened
 - 4 large eggs
 - 1/2 c melted butter
 - 1/2 c plain yogurt
 - 1/3 c honey
 - 2 jalapeños, thinly sliced

Preheat oven to 400° F. Pierce sweet potatoes, wrap in foil and bake until tender, about 1 hour; set aside to cool. Lower oven to 375° F. Coat 20 cups from two 12-cup muffin tins with nonstick spray; set aside. In medium bowl, whisk cornmeal, flour, baking powder, salt, baking soda and chili powder; set aside. Peel skin from sweet potatoes, transfer flesh to large bowl and mash with cream cheese. Whisk in eggs, butter, yogurt and honey. Add cornmeal mixture and half of jalapeños; stir until just combined. Divide batter among prepared muffin cups. Top with remaining jalapeños. Bake until a tester comes out clean, about 25 minutes. Let cool slightly or completely before serving.

Learn More
For further information and recipes about California sweet potatoes, visit www.casweetpotatoes.com.

999 ♦ PUBLIC NOTICES

999 ♦ PUBLIC NOTICES

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR THE COUNTY OF LANE

PROBATE DEPARTMENT
In the Matter of the Estate of
PATRICIA A. CLARK, Deceased.
No. 17PB03044

NOTICE TO INTERESTED PERSONS

NOTICE IS HEREBY GIVEN that the undersigned, Mark Wetzel, has been appointed Personal Representative of the above-entitled estate. All persons having claims against the estate are required to present them, with proper vouchers attached, within four (4) months after the date of first publication of this Notice, as stated below, to the Personal Representative at the offices of THOMAS C. NICHOLSON, Attorney at Law, PO Box 308, Florence, Oregon 97439, or the claims may be barred.

ALL PERSONS WHOSE RIGHTS MAY BE AFFECTED BY THESE PROCEEDINGS MAY OBTAIN ADDITIONAL INFORMATION FROM THE RECORDS OF THE COURT, FROM THE PERSONAL REPRESENTATIVE, OR FROM THE ATTORNEY FOR THE PERSONAL REPRESENTATIVE.

DATED this 9th day of May, 2017.
Mark Wetzel, Personal Representative
ATTORNEY:
Thomas C. Nicholson, OSB #813265
552 Laurel Street
PO Box 308
Florence, OR 97439
Telephone: 541-997-7151
Fax: 541-997-7152
tnicholson@nicholsonlaw.biz
Publication Dates: May 17, 24, & 31, 2017

CENTRAL LINCOLN PEOPLE'S UTILITY DISTRICT INVITATION TO BID BID NUMBER 04-04-17

Formal sealed bids will be received by the Purchasing Agent of Central Lincoln People's Utility District (the "District") at 2129 North Coast Highway, P.O. Box 1126, Newport, Oregon 97365 until 2:00 p.m. on June 22, 2017 and not thereafter, for the following:

Contractor to provide general construction services for the remodel of the District's Southern Operations Center, located at 966 Highway 101, Florence, Oregon. Work includes remodel of certain interior offices, expansion and improvement of storage yard paving, construction of new tool storage room, remodel of existing restrooms and locker room, improvements to outside front access, replacement of HVAC units, upgrade of interior lighting, and limited seismic retrofit measures. The Bid Opening Time will be immediately after the deadline for submission of bids. Bids will be opened at the above location.

Bids are required for the entire work described in the Bidding Documents. Each bid must be submitted on the required form and be accompanied by a bid security in the form of a bid bond, irrevocable letter of credit issued by an insured institution as defined in ORS 706.008, cashier's check, or certified check, payable to the Central Lincoln People's Utility District in an amount not less than ten percent (10%) of the amount of the bid including additive alternatives if any.

Copies of the files containing the Bid Documents may be downloaded by any interested bidder, subcontractor, or supplier on or after 10:00 a.m., June 1, 2017 by going to the Architect's File Transfer web site at <https://fx.pivotarchitecture.com>. A screen will open with PIVOT Architecture in upper left and a dialog box titled 'Newforma Information Exchange'. In the dialogue box enter your email address under Username. Enter anonymous for the password. From there follow the links to [Central Lincoln PUD Southern Operations Center]. This will lead you to a list of bid documents. It is the responsibility of the Bidder to check the web site regularly for addenda that may be issued during the bid period.

Electronic copies of the Bid Documents may be provided to regional plan rooms. Bidding Documents may also be examined at the District's Southern Operations Center, located at 966 Highway 101, Florence, Oregon. Interested bidders, subcontractors, and suppliers may obtain printed sets by paying the cost of reproduction, which is not refundable, through Central Print and Reprographic Services, Eugene, Oregon.

Prevailing wage rates for public works contracts in Oregon are required for this project. No bid will be received or considered unless the bid contains a statement that the Bidder will comply with the provisions of ORS 279C.800 to 279C.840 regarding the payment of prevailing wage.

All Bidders must be "Equal Opportunity Employers" and comply with the appropriate provisions of state and federal law. In regards to Worker's Compensation, all bidders shall be required to comply with ORS 656.017.

A Non-Mandatory Pre-Bid Conference will be held at 10:00 a.m. on June 8, 2017, at the District's Southern Operations Center at 966 Highway 101, Florence, Oregon, to tour the site and answer questions regarding the project.

Each bid must include a statement by the Bidder as to whether the Bidder is a resident bidder under ORS 279A.120.

The District may reject any bid that does not comply with all prescribed public bidding procedures and requirements, including the requirements to demonstrate the bidder's responsibility under ORS 279C.375(3)(b). The District reserves the right to waive informalities, and for good cause to reject any and all bids after finding that doing so is in the public interest.

No bid will be received or considered unless the Bidder is licensed by the Construction Contractor's Board for the work on the project.

Each Bidder must submit a disclosure of first-tier subcontractors supplying labor or labor and materials within two hours after the date and time of the deadline when bids are due, in accordance with ORS 279C.370.

Questions regarding the bidding procedure shall be directed to the District at 541-574-2020. Questions regarding technical matters shall be directed to Larry Banks, Project Architect at 541-762-1622.

ALL ENVELOPES MUST BE SEALED AND PLAINLY MARKED ON THE OUTSIDE SHOWING THE NAME OF THE BIDDER, NAME OR PORTION OF PROJECT REPRESENTED BY THE ENCLOSED BID, AND THE DATE AND HOUR OF OPENING.

Purchasing Department
Tom Willoughby
Material Systems Manager
Publication Date: May 31, 2017

Public Notices continued on page 11B

It's CASH in the Classifieds!

SELL IT in the Classifieds in the Siuslaw News

541-997-3441