

Siuslaw News Sports & Recreation

On the Bite

A WEEKLY FISHING REPORT FOR THE LOCAL REGION

www.dfw.state.or.us/RR

NORTH COAST LAKES:

Most of the North Coast lakes were stocked with trout recently. Water temps are great and fish should be hungry, so go catch them.

MID COAST LAKES:

Mid coast lakes are being stocked and are fishing well. The 2017 trout stocking schedule is available online.

ALSEA RIVER AND BAY: Steelhead

The Alsea River and listed tributaries closed for hatchery steelhead on May 1 to protect spawning wild steelhead.

SALMON RIVER: Steelhead

The Salmon River closed for wild and hatchery steelhead on March 31 to protect spawning wild steelhead.

SILETZ RIVER: Steelhead, Chinook

The Siletz River opened for wild Chinook on April 1 (1 per day and 2 per season). A few summer steelhead are starting to be caught in the lower river.

See **FISHING 3B**

TIDE TABLE

Entrance Siuslaw River

High Tide Low Tide

May 27
1:12am / 8.5 8:10am / -2.3
2:41pm / 6.7 8:08pm / 2.0

May 28
2:00am / 8.4 8:59am / -2.1
3:35pm / 6.7 9:02pm / 2.2

May 29
2:50am / 7.9 9:50am / -1.7
4:30pm / 6.6 10:02pm / 2.4

May 30
3:46am / 7.2 10:43am / -1.2
5:27pm / 6.5 11:08pm / 2.5

May 31
4:47am / 6.4 11:39am / -0.5

June 1
5:55am / 5.9 12:21pm / 2.4
7:22pm / 6.5 12:37pm / 0.1

June 2
7:11am / 5.4 1:37am / 2.0
8:15pm / 6.6 1:36pm / 0.7

SIUSLAW

NEWS

148 Maple St.

Florence

541-997-3441

Free field hikes offered for National Trails Day

YACHATS — National Trails Day is a nationwide celebration of America's magnificent trail system that occurs annually on the first Saturday in June. This year, it will be June 3. The day features a number of outdoor activities throughout the country designed to promote and celebrate the importance of trails.

In the Yachats area, events will begin at 9 a.m. at the Cape Perpetua Visitor's Center, 22400 Highway 101, in Yachats, with a presentation on trail

appreciation and the collaboration involved in creating and maintaining a viable trail system.

Following the presentation, three guided hiking opportunities will be offered

- The Discovery Loop is 1.5 miles — a moderate hike up and easy hike down that provides an overview of the bio-diversity of the forest.

- The West Side Trail is a 2-mile loop and an easy to moderate hike. Participants will traverse basalt rocks

and will learn about the interplay between the forest and the sea while exploring tide pools and marine life.

- The Amanda Trail is 3 miles one-way and is easy to moderate to difficult; it includes crossing a narrow creek and there is no outlet until 2.2 miles.

Participants can drive their vehicles to the start point of the hike located at the top of Cape Perpetua and will be shuttled back to their vehicles at the end of the hike.

Hikers will learn about local First Nation history and the eye-opening story of Amanda for whom the trail is named.

Hikers should plan to dress in layers, bring a walking stick, carry water and wear good hiking shoes, particularly for the Amanda Trail.

For more information, contact Joanne Kittel by email at jkittel@peak.org, call 541-547-3144 or visit www.yachats-trails.org.

CAST A LINE DURING FREE FISHING WEEKEND



PHOTOS BY NED HICKSON/SIUSLAW NEWS

A father fishes with his daughters along the shore of Cleawox Lake during last year's Free Fishing Day; a pair of teenagers land a small catch.

There will be a Free Fishing Weekend throughout Oregon on June 3 and 4, making it the perfect weekend to take a friend or family member out fishing, crabbing or clamming.

During this weekend, no fishing licenses or tags (including a Combined Angling Tag and a Columbia River Basin Endorsement) are required to fish, crab or clam anywhere in Oregon.

"Free Fishing Weekend is a great opportunity for friends and families to get out and enjoy a day or two of fishing," said Mike Gauvin, ODFW recreational fisheries manager.

"Lakes and ponds are fully stocked, rivers and streams are open for trout, and don't forget about the coast for crabbing and clamming."

Although no licenses or tags are required, all other regulations apply including closures, bag limits and size restrictions.

Free Fishing Weekend also aligns with State Parks Day on Saturday, June 3, so if you're going camping in an Oregon State Park that weekend, be sure to pack your fishing, crabbing or clamming gear, Gauvin said.

Several state parks will be hosting ODFW Free Fishing Weekend fishing

See **FREE 3B**



Viks, Sailors to be recognized during 'Evening of Excellence'

Thirty-nine athletes from Siuslaw and Mapleton high schools will be honored Wednesday, May 31, during the sixth annual Athletic Recognition, Evening of Excellence at Siuslaw High School.

The event is organized and co-sponsored by the Sports Club, a group of area businesses that promote the Athlete of the Week in the Siuslaw News and on Coast Radio each week during the school year.

The other co-sponsor is the Siuslaw Athletic Booster Club, which participates as a way to further recognize the accomplishments of not only the student athletes, but also their families and friends who support them through the year.

Finalists for the boys and girls

Athletes of the Year will be announced prior to the evening. They'll be selected from the list of Athletes of the Week and Honorable Mention.

The male and female Athletes of the Year will be announced that evening.

There is no admission charge for the event and dessert will be provided. It is open to all who wish to attend and honor all 39 student athletes.

Athletes being honored will be: Hunter Simington, Tyler Packebush, Jared Brandt, Celie Mans, Trent Reavis, Nick Steinman, Makenzie York, Elyssa Rose, Evan Moso, Brittany Long, Claire Waggoner, Josi Hays, Macie Wells, Jack Pickell, Kaeli Ramos, Emma Collins, Brogan Cornish, Michael Larson, Richard Huff, Jakob Hickson, Destinie Tatum,

Jesus Sierra, Kainan Lane, Alyssa Richards, Kyle King, Abby Coday, Dominic Wells, Eya Abbas, Riley Jennings, Sam Meyers, Carissa Oliver, Heidi Jones, Mia Collins, Clark Hooper, Ryan Rendon-Padilla, Gabe Simington, Hannah Rannow and Anne Wartnik.

The broad array of desserts will be catered by Kyle Lewis and the Culinary Arts Class at Siuslaw; service provided by the Siuslaw High School Leadership class.

Entertainment will be provided by the Siuslaw Cheer Team.

Doors open at 6:30 p.m. The program will conclude no later than 8:30 p.m.

PeaceHealth to offer free sports physicals

On Wednesday, June 7, PeaceHealth Medical Group in Florence will be partnering with the Florence and Mapleton school districts to provide sports physicals to students.

Sports physicals are required in order for youths grades six through 12 to participate in extracurricular sports.

The exams are critical to safe sports participation: they can screen athletes for potential illness or conditions that may limit or restrict their ability to participate in a sport, or conditions that may be aggravated by intense exercise.

During Sports Physical Day, students will receive a "Sports Pre-Participation Examination."

PeaceHealth Medical Group is contributing medical supplies and the time and expertise of five providers and 10 medical assistants to complete these physicals, which include height, weight, blood pressure, an eye chart exam and an examination by a provider.

It also includes a health history questionnaire which asks about the student's medical history of injury, illness and conditions to help ensure any and all conditions are being properly addressed.

Sports physicals can be obtained during Sports

See **PHYSICALS 3B**

SPORTS Calendar

- **MAY 30**
SHS FOOTBALL
SPRING DRILLS
3:30 TO 5:30 P.M.
GRADES 8-11 ONLY

- **JUNE 2**
SHS GIRLS BBALL
BLUE & GOLD GAME
GLENN BUTLER CT.
4:30 P.M.

- MHS GIRLS BBALL
BASKETBALL CAMP
FOR AGES 9-14
AT MHS
1 TO 3 P.M.

- **JUNE 2 & 3**
FREE FISHING
WEEKEND
NO LICENSE NEEDED
FOR FISHING,
CLAMMING AND
CRABBING IN OREGON