

THIS WEEK ON THE COAST

A WEEKLY LISTING OF COMMUNITY EVENTS IN THE FLORENCE AREA

SUBMIT ALL EVENTS INFORMATION VIA EMAIL TO PRESSRELEASES@THESIUSLAWNEWS.COM

Saturday, May 6

PLANT AND RUMMAGE SALE

Women of the United Methodist Church will be holding a plant and rummage sale from 9 a.m. to 2 p.m. at the church, 333 Kingwood St.

Stop by for vegetable and flower starts, bulbs, berries and potted plants.

Indoor items include household stuff, tools, books, puzzles and whatever.

FLORENCE DEMS TO MEET

The Florence Area Democratic Club meets at 11 a.m. at the Florence Senior Center, 1570 Kingwood St.

Candidates from the May 16 Special Election will be on hand to discuss ongoing plans to help our community.

Sunday, May 7

PRESBYTERIANS TO HOST

NEW-MEMBER ORIENTATION

New member orientation at the Presbyterian Church of the Siuslaw is scheduled from 11:15 a.m. to 12:15 p.m. in the church library.

All are welcome to learn about the life and ministry of the Presbyterian Church.

Refreshments will be provided.

Monday, May 8

BOATERS ED. CLASS OFFERED

The Coos Bay Power Squadron will be hosting an ABC Class from 6:30 to 8:30 p.m. The class continues May 11, 15, 18 and 22.

The class is for all boaters, but geared for new boaters. The class meets the educational requirement to qualify for the Oregon Boaters Education Card.

It will be at the Coos Bay Power Squadron Building, 90346 Guano Rock Lane in The Charleston Boat Basin.

Cost for the class is \$45.

Call 541-888-6178 or 541-756-4408 to register or for more information.

Tuesday, May 9

PROSTATE CANCER SUPPORT

The Us TOO Florence Prostate Cancer Education/Support Group will meet at the Presbyterian Church of the Siuslaw, from 5 to 7 p.m. With the presence of urologist Dr. Bryan Mehlhaff and prostate cancer survivors with their spouses and loved ones, this Us TOO Florence meeting is an excellent source of prostate cancer information.

Pick up your free Us TOO "Hotsheet," which is eight pages of the latest prostate cancer research.

Bring questions and leave with answers, or just come listen and learn.

Call Bob Horney at 541-999-4239 for more information

Wednesday, May 10

PAIN MANAGEMENT

Wellspring Clinic in partnership with PeaceHealth Peace Harbor Medical Center is offering Points of Grace Community Acupuncture every Wednesday from 11 a.m. to 1 p.m.

Points of Grace is located inside Wellspring Clinic, 1845 Highway 126, Suite H, in Florence.

Experience relief from pain, headache, depression, anxiety and stress. Improve mental clarity, sleep and overall health.

No appointment is necessary, simply arrive between 11 a.m. and 1

p.m., allow 30 minutes for treatment.

Donations are accepted.

Treatment is by Patricia Immel, Licensed Acupuncturist and Herbalist.

Thursday, May 11

SSWCD MEETING CHANGE

The Umpqua Soil and Water Conservation District will meet at 6:30 p.m. in the office at 1877 Winchester Ave. in Reedsport.

RECYCLERS TO DISCUSS DETAILS ON 'FLO GRO'

The Florence Master Recyclers will hold their quarterly potluck and meeting at 5 p.m. at the Siuslaw Library Bromley Room.

Brenda Cervantes will give a presentation "Flo Gro: What's In It and How It's Made."

Florence Master Recycler potlucks and meetings are open to the public.

For more information, call 541-590-0506.

LEARN ABOUT BREAKFASTS THAT IMPROVE LIFE

Come experience an exciting way to start your day during a special breakfast-tasting event at 5:30 p.m.

The tasting will take place at the Seventh Day Adventist Church, 4445 Highway 101, in Florence.

The breakfasts promote increased productivity and scholastic achievement, can improve efficiency and safety, can help stabilize blood sugar levels, stops the urge to snack, and helps prevent irritability and fatigue.

Included in this free event will be samples, demos, recipes and drawings.

To register, email lindasveggies@gmail.com.

PLANT SALE AT FRIENDSHIP CLUB

The Siuslaw Friendship Club will hold its annual Plant Sale at Shorewood Retirement Residences, 1451 Spruce St.

It begins at 11 a.m. and will be followed by lunch. Bring a plant or buy one.

Everyone is welcome.

Proceeds go to local charities.

Friday, May 12

SPOKEN WORD POETRY

The Florence Regional Arts Alliance (FRAA) will host the second annual Big Wave Poetry Fest today and Saturday, May 13, at the Florence Events Center.

Friday will feature the popular Spoken Word Poetry Contest, in which up to 30 spoken word poets will compete for over \$1,000 in prizes.

Saturday evening will bring the premier showing of the documentary "From Prison to Purpose," featuring award winning poet and former Camp Florence resident Noah Schultz's journey from Prison to Purpose through poetry.

Both events begin at 6:30 p.m.

For more information on Poetry Fest events, visit www.fraaoregon.org.

WOMEN VETERANS TO MEET

The Coastal Women Veterans will have their monthly luncheon at Chen's Family Dish restaurant, 3620 Highway 101 in Florence, from 11:15 a.m. to 1 p.m.

All women veterans and active service women are invited.

Confirm with Judith Turk by calling 541-952-4951.

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