

Online registration now open for annual Rhody Run

This year's Rhody Run is happening May 20, beginning at the Florence Events Center at 9 a.m. Runners should arrive by at least 8:45 a.m. if pre-registered and 8:30 a.m. for those registering the morning of the race.

There will be a 10K and 5K events, and the entry fee is \$20 for ages 18 and older; \$15 for ages 13 to 17; and \$10 for ages 12 and younger prior to race day.

Add \$5 to registration fees the day of the race. T-shirts can

be purchased for \$15 in advance of race day, and for \$20 on May 20.

This year, Eclectic Edge Racing is partnering PeaceHealth Peace Harbor Medical Center Foundation and the Rhody Run committee to

ensure a well-run and fun event.

Participants can pre-register at www.eclecticedge.com/rhody-run.html.

The race proceeds will go to Peace Harbor Medical Center Foundation's Community

Benefit/Health Fund.

This fund has been created to enable Peace Harbor to partner with other community organizations to promote and administer health and wellness practices in the greater Florence and Mapleton area.

For more information on about the Rhody Run and the Community Benefit/Health Fund, contact Michele Diffenderfer at Peace Harbor by calling 541-902-6589 or email her at MDiffenderfer@PeaceHealth.org.

Annual Dunes City Triathlon seeks volunteers

Dunes City is gearing up to host its 5th annual Oregon Dunes Triathlon and Duathlon on Saturday, May 13.

Even though the Dunes City's signature event is two months away, organizers are already seeking volunteers to help staff the event.

Volunteers help ensure that the races run smoothly and safely while also playing a vital support role for all of the participating athletes by providing encouragement and hospitality-many.

Most volunteers work only half a day and all volunteers

will receive a free event T-shirt.

Again this year, Dunes City will award a \$250 donation to the organization that brings the most volunteers on race day. Be sure to mention your organization's name when you register to volunteer.

Volunteers are needed between about 6 a.m. and 1 p.m. on race day, May 13.

Anyone who has a few hours to spare and wants to be part of this exciting and fun event can call Dunes City Hall at 541-997-3338.

Whales from 1B

hand to answer questions.

The Whale Watching Center is located at 119 SW Highway 101 in Depoe Bay.

OPRD coordinates both the Spring and Winter Whale Watch Weeks in partnership

with Oregon State University's Hatfield Marine Science Center and Washington State Parks.

More information about the Whale Watching Spoken Here program is available at www.whalespoken.org or by calling 541-765-3304.

Thompson from 1B

with his strongest opening performance so far with a 1.32 ERA in his first 13 innings, allowing only 5 hits and striking out 15.

After Saturday's performance to pick up his fifth-straight win, he is quickly becoming a key player in cracking the three-man weekend rotation in Pac-12 play.

"The learning curve is different for every player," said OSU pitching coach Nate Yeskie. "I

think Jake is starting to realize what he's capable of — and he's having fun doing it. He's become more comfortable with who he is and what he can do."

Currently, the Beavers are ranked No. 1 by multiple national polls after sweeping the Pac-12 weekly awards last week with player (Cadyn Grenierwon, infielder) and pitcher of the week (Thompson).

OSU swept Arizona State in Tempe to win its first Pac-12 series.



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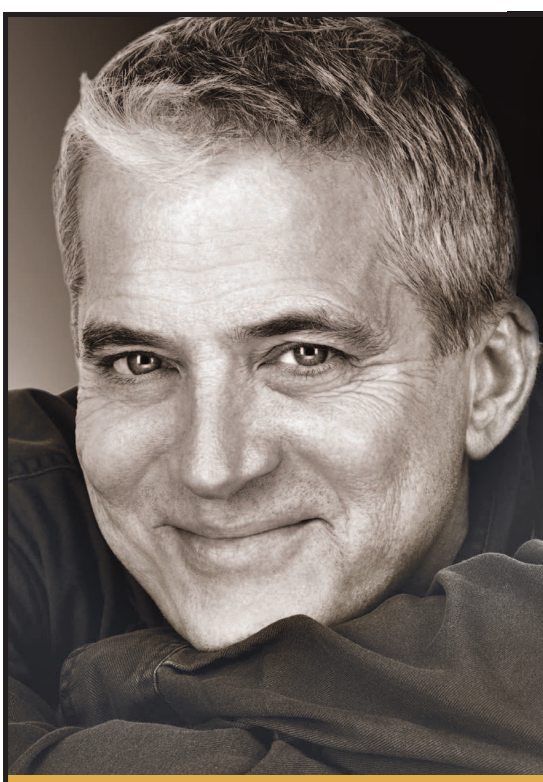
Windermere REAL ESTATE

Together, Wes Wells and I have served the Florence Area for the past 12 years through our family owned business, Wells Tree & Landscape. We have three children who attend Mapleton High School; Dominic Wells, Haley Wells, and Alyssa West. I recently earned my Oregon Real Estate Brokers license to further help our community. I am eager to share my knowledge of the local area with newcomers and serve local residents in the sale of their home.

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