

## KXCR invites all to 'Hearts and Flowers' event at Elks

On Saturday evening, Feb. 11, invites everyone to a dance and buffet event at the Florence Elk's Lodge.

KXCR DJ's will present a great selection of American dance music of the last half century for the community to enjoy. The music played will draw from many eras. From Glenn Miller's Moonlight Serenade to Patti Page's Tennessee Waltz to Frank Sinatra, Johnny Mathis, Anne Murray, Debbie Reynolds the Beatles to the Everly Brothers and from Aretha to Natalie.

The evening will be rounded out with raffle ticket prizes from generous local business owners.

A free buffet table stands ready to sustain happy and hungry dancers, and the Elks Lodge no host bar will be available to provide beverages for the thirsty.

This Valentine Dance Special continues the stations string of music and dance presentations we hope will help familiarize friends and neighbors with our local, volunteer-powered, nonprofit, non-commercial, community radio station. KXCR is located on your dial at 90.7FM.

All are welcome. The Elks' west door opens at 7p.m. Admission is \$5 per person, and raffle tickets are for sale inside.

## Siuslaw Riverside Restaurant to hold benefit spelling bee

Siuslaw Riverside Restaurant will hold another in its series of fund raisers for local charities on Feb. 3.

Siuslaw Riverside is located at 1340 Bay St. and it will be charging \$10 to enter a

spelling bee that begins at 6 p.m.

The winner of the spelling bee will receive a \$25 gift certificate to the restaurant.

For more information, contact Melonie at 541-991-3663.

## AARP tax prep assistance begins Feb. 1



PHOTO BY MARK BRENNAN/SIUSLAW NEWS

AARP members have been training to assist residents with state and federal tax returns since the beginning of the year. The service is offered free of charge to low income households and is available to all, regardless of age.

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## County Cultural Coalition awards grant to CROW

Children's Repertory of OR Workshops (CROW) recently received a grant in the amount of \$2,500 from the Lane County Cultural Coalition (LCCC) as part of its 2017 Cultural Opportunity Grants cycle.

According to the website for LCCC, "Grants are awarded in the areas of arts, heritage and humanities with the goal of increasing cultural accessibility, awareness and education throughout Lane County."

Cultural Opportunity Grants are funded by the Oregon

Cultural Trust. In 2017, the LCCC awarded \$39,000 to 19 cultural projects in Lane County.

Funds from this particular grant will be utilized to offset the \$6,450 in Florence Events Center theatre rental and ticketing fees projected in the budget for CROW's upcoming April production of "The Addams Family Musical."

CROW held its first rehearsal for the new youth musical Jan. 23, and will be working with a cast of nearly 60 young stars, ranging from ages 4 to 23.

Aligning with the coalition's

overall goals, CROW described the musical project's specific and measurable objectives as keeping the performing arts alive and teaching local youth how to effectively participate as a cast/crew member in a professional-caliber live theatre production; nurturing creativity, building confidence and fostering a sense of belonging; involving the local Florence community and educators in a valuable project that is measurable and will create countless opportunities for growth, interpersonal communication, networking, marketing, personal enjoyment and other positive

social and economic benefits; giving youth something to strive for, and; providing an exciting, affordable family-friendly event to the local community.

CROW's artistic director, Melanie Heard, said, "CROW was deeply honored to have received these LCCC grant funds, and wishes to thank the Coalition and the Cultural Trust for making a tremendous impact on a rural nonprofit with a shared common goal of keeping the arts alive and thriving in our Lane county communities."

thesheppard.org/JazzKings

**Jazz Kings**  
**CLARINET MARMALADE**  
Saturday, Feb 11, 2 pm matinee  
Florence Events Center 541.997.1994

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## Tale Spinners hosting wellness panel today

On Saturday, Jan. 28, the Siuslaw Tale Spinners Toastmasters club will host a special wellness panel from 10 a.m. to noon in the Bromley Room of the Siuslaw Public Library.

Topics for discussion will include:

- Palliative Care with Donna Becker, who has a masters degree in social work
- Acupuncture with Patricia Immel, licensed acupuncturist
- Yoga with Bill Fleenor, registered Yoga teacher-500
- Nutrition with Laurie Stone, certified holistic nutri-

tionist

• Fitness with Tracy Markley, biomechanics fitness specialist.

This event is open and free to the public.

According to the National Wellness Institute (NWI), "Although there are many different views on what wellness encompasses, we will be working with the current general agreement that:

- Wellness is a conscious, self-directed and evolving process of achieving full potential
- Wellness is multidimensional and holistic, encompassing lifestyle, mental and spiri-

tual well-being, and the environment

• Wellness is positive and affirming

The definition of wellness, long used by the NWI is consistent with these tenets. Wellness is an active process through which people become aware of, and make choices toward, a more successful existence."

Come for a spirited and insightful conversation as to what wellness may mean to you, your family and community.

For more information, contact Irma Geller at 541-999-0912.

## Siuslaw News Photo of the Week: By Linda Meyer-Kelly



SUBMIT PHOTOS (JPEGs) BY EMAIL TO EDITOR@THESIUSLAWNEWS.COM BY NOON ON THURSDAYS

## LCC Florence seeks spring course proposals

Got an idea for a class and want to share your expertise with your neighbors?

Lane Community College Florence Center's Continuing Education program is currently accepting spring term course proposals from interested instructors through Feb. 1.

The Continuing Education program provides courses and field trips to encourage lifelong learning in the communi-

ty.

LCC's spring term begins April 3 and concludes June 16. The program currently offers a variety of courses on technology, health and fitness, energy medicine, cinema studies and the arts.

To submit a course proposal contact Marsha Sills, program coordinator, at silsm@lanec.edu or at 541-463-4825.

## DO YOU KNOW AN EXTRAORDINARY PERSON?

Extraordinary people often show up in ordinary places... a school, a hospital or even a restaurant. Whether it's the guy next door, a volunteer at your church, a nurse, a teacher or maybe the person who rings up your purchases each day or picks up your trash, everybody has an unusual story and some wisdom to share.

In our Extraordinary People series, Siuslaw News looks for

unsung heroes who go the extra mile to lend a hand and people with unique experiences who have made a difference for others.

There are no age restrictions — after all, kids are extraordinary too.

If you know an extraordinary person, call Catherine Rourke at 541-708-2120 or email CJReditor@gmail.com.

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