


# SENIOR NEWS

# CALENDAR OF EVENTS JANUARY 11 – DECEMBER 11

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

 <p><b>State of the City — Jan. 30</b></p>		<p><b>11</b> Florence Garden Club 12:30 p.m. Presbyterian Church, 3996 Highway 101</p>	<p><b>12</b> RAIN Coffee Meetup 9 a.m.- noon Beachcomber Pub 1355 Bay St. Toastmasters Tale Spinners noon-1 p.m. SVFR main station 2625 Highway 101 Chamber Noon Forum noon-1 p.m. Meeting open to public Best Western Pierpoint Inn, 85625 Highway 101</p>	<p><b>13</b></p>	<p><b>14</b> Winter Music Festival All day Tickets required Florence Events Center 715 Quince St. Winter Artisan Fair All day Open to public Florence Events Center Build a Bracelet, Build a Life 1-3 p.m. Circle 4 Oneness Center 310-895-3391 Headliner Concert with Haley Johnson and Danny O'Keefe 7 p.m.-9:20 p.m. Tickets required Florence Events Center</p>	
<p><b>15</b> Winter Music Festival All day Tickets required Florence Events Center 715 Quince St. Winter Artisan Fair All day Open to public Florence Events Center</p>	<p><b>16</b> <b>Martin Luther King, Jr. Day</b> Memory Loss Respite Center every Mon., Wed. &amp; Thurs. 10 a.m.-2 p.m. Senior Center</p>	<p><b>17</b> Us TOO Lunch Bunch 12-1 p.m. Ichiban Restaurant Rhody Society 6:30 p.m. Presbyterian Church</p>	<p><b>18</b> Port of Siuslaw Commission meeting 7 p.m. Port Office</p>	<p><b>19</b> Toastmasters Tale Spinners 5:30-6:30 p.m. Port of Siuslaw 100 Harbor St. Chamber Business After Hours: ICM Restaurant 5-7 p.m. Open to public 1498 Bay St.</p>	<p><b>20</b> <b>Inauguration Day</b></p>	<p><b>21</b> Love of Animals Artist Reception 10 a.m.-2 p.m. Open to public Florence Events Center Women's March 10:30 a.m.-2 p.m. Open to public 509 Kingwood St. Herb Society Kick-Off 10:30 a.m.- noon Admission required Rose &amp; Crown Apothecary Relay for Life Chili Cook-Off 2-4 p.m., Tickets required Florence Elks Lodge SEACoast — Joe Trio 7 p.m., with 6:15 p.m. pre-concert talk Tickets required Florence Events Center</p>
<p><b>22</b> Woahink Lake Association Winter Social 1 p.m. Open to public Honeyman Group Meeting Hall/Yurt</p>	<p><b>23</b> Memory Loss Respite Center every Mon., Wed. &amp; Thurs. 10 a.m.-2 p.m. Senior Center Florence City Council Open to public 6 p.m. Florence City Hall 250 Highway 101</p>	<p><b>24</b></p>	<p><b>25</b></p>	<p><b>26</b> Toastmasters Tale Spinners noon-1 p.m. SVFR main station 2625 Highway 101 Shorewood Senior Living Open House Open to public 3-6 p.m. 1451 Spruce St.</p>	<p><b>27</b> Heart health for women at DAR 12:30 p.m. Open to all women 541-997-7154</p>	<p><b>28</b> <b>Chinese New Year</b> FEC Indoor Yard Sale Tickets required 8 a.m.-2 p.m. Florence Events Center Northwest Reflections Memory Care Red Ribbon Cutting noon-2 p.m. Open to public 5292 Harvard Ave.</p>
<p><b>29</b></p>	<p><b>30</b> Memory Loss Respite Center every Mon., Wed. &amp; Thurs. 10 a.m.-2 p.m. Senior Center State of the City 5:30-7 p.m. Open to public Florence Events Center</p>	<p><b>31</b></p>	<p><b>1</b></p>	<p><b>2</b> <b>Groundhog Day</b> Toastmasters Tale Spinners 5:30-6:30 p.m. Port of Siuslaw 100 Harbor St. Eugene Ballet "Midsummer Night's Dream" 7 p.m. Tickets required Florence Events Center</p>	<p><b>3</b> City Club 12 p.m. Surfside Restaurant at Driftwood Shores</p>	<p><b>4</b> Crab Crack 4-7 p.m. Florence Events Center</p>
<p><b>5</b></p>	<p><b>6</b> Memory Loss Respite Center every Mon., Wed. &amp; Thurs. 10 a.m.-2 p.m. Senior Center Florence City Council Open to public 6 p.m. Florence City Hall 250 Highway 101</p>	<p><b>7</b></p>	<p><b>8</b> Siuslaw Awards 6 p.m. Tickets required Florence Events Center</p>	<p><b>9</b></p>	<p><b>10</b></p>	<p><b>11</b> Jazz Kings Clarinet Marmalade Jazz 2 p.m. Tickets required Florence Events Center Death by Dessert 6:30 p.m. Tickets required Three Rivers Casino Resort Showroom Sponsored by Children's Repertory of Oregon Workshops</p>

## ONGOING ACTIVITIES

### Health & Nutrition

**Better Breathers Club**—PeaceHealth Peace Harbor Medical Center, Conference Room C, fourth Wednesday, 2 p.m., 541-902-6300 ext. 5635  
**Chair Yoga**—Shorewood Retirement Residences, 9 a.m., every Friday, \$5, 541-997-8202  
**Disabled American Veterans Vans to Roseburg and Portland Medical Centers**—Florence Elks Lodge, 6 a.m., Mondays through Fridays  
**Helping Hands Lunch Program**—United Methodist Church, 333 Kingwood St., Monday, Wednesday, Friday of each week, 11:30 a.m. to 1 p.m.  
**Senior Meals Program**—Senior Center, 11:30 a.m., Monday, Wednesday, Friday, \$3 suggested donation with reservations requested, 541-997-5673  
**Senior Sunday Brunch**—Shorewood Retirement Residences, 11 a.m.-1:30 p.m., every Sunday, \$6, 541-997-8202  
**Singing Pines Café**—Senior Center, 11:30 a.m., Tuesday & Thursday, \$7 with reservations requested, 541-997-8844

### Music

**Community Chorus**—Cross Road Church, 10th & Maple streets, 7 to 8:30 p.m., every Monday, Sandy Vaccaro, 970-618-6307  
**Community Concert Band**—Siuslaw High School music room, 6:30 p.m., every Monday, Gail Nichols, 541-999-6907  
**So You Think You Can Sing! Karaoke**—Three Rivers Casino Resort, 7-10 p.m., every Wednesday, free, 877-374-8377  
**Yachts Big Band**—Yachts Commons, 7 to 9 p.m., first Thursday, \$5 donation with children 12 and younger free, 541-547-4308

### Social

**Bible Study**—Shorewood Retirement Residences, 10 a.m., every Monday, 541-997-8202  
**Bingo**—Florence Elks Lodge, 3:45 and 5:45 p.m., every Tuesday  
**Bingo**—Shorewood Retirement Residences, 6:30 p.m. every Wednesday; 9:30 a.m. every Saturday, 541-997-8202  
**Bingo**—Senior Center, 1-4 p.m., every Thursday, 541-997-3945  
**Central Coast Miniatures Club**—Senior Center, 6 p.m., second Thursday  
**Chess Club**—Siuslaw Public Library, 1 p.m., every Sunday; Spruce Point, 6 p.m., every Monday, Fred Catania, 541-997-5216  
**Florence Duplicate Bridge**—St. Andrews Episcopal Church, 12:30 p.m., every Tuesday and Thursday, 541-997-2677  
**Line Dancing**—Senior Center, 1:30-2:30 p.m., Tuesdays, Pat Wheeler, 541-999-0797  
**Masonic Lodge of Florence State Communication**—84910 Highway 101, first Tuesday, family dinner 6:30 p.m., open lodge 7:30 p.m., 541-997-9728  
**Pinochle Group**—Laurelwood Community Center, 1137 Maple St.; every Thursday, 9:30 a.m. Walk-ins welcome  
**Professionally Retired Ornery Single Seniors (PROSS)**—60 years of age and older, Lunches, 12:30 p.m., second and fourth Wednesdays, 541-991-6430  
**PROSS Social**—Senior Center, 5:30 p.m., third Thursdays, 541-991-6430  
**Senior Party Bridge**—Senior Center, 12:30 to 4 p.m., every Wednesday and Friday, 541-997-8827

### Support Groups

**Alzheimer's Support Group**—Regency Florence, 1-2 p.m., first and third Wednesdays of each month, Dee Clymer, 541-997-8436  
**Caregiver Support Group**—Spruce Point, 11 a.m., second and fourth Thursdays of each month, 541-997-6111 or 541-997-4866  
**Chronic Pain Group**—Community Baptist Church, 4590 Highway 101, 5-7 p.m., every first and third Tuesday, 541-991-0037  
**Cancer Support Group**—St. Andrews, 3 p.m., every Thursday, 541-997-3418  
**Florence Parkinson's Disease Support Group**—Shorewood Senior Living Retirement Home, 1451 Spruce St, 1:30 p.m., fourth Wednesday, JoAnne 541-633-3330  
**Grief and Loss Support Group**—St. Andrews Church, 3-4 p.m., every Wednesday, 541-997-3418  
**GriefShare Support Group**—Florence Christian Church, 3 p.m., every Thursday, 541-997-2961  
**DivorceCare**—Florence Christian Church, 6:30 p.m., every Friday  
**Memory Loss Respite Center**—Florence Senior Center, 10 a.m. to 2 p.m., every Monday, Wednesday and Thursday, \$10, 541-902-8539  
**Multiple Sclerosis Self-Help Group**—PeaceHealth Peace Harbor Medical Center, Conference Room C, 6 p.m., second Wednesday, 541-902-1565 or 541-902-7683  
**Overeaters Anonymous**—Coast Village Clubhouse, Rose Room, 131 Rhody Loop (enter east side of Coast Village at 27th and Spruce streets and follow signs to clubhouse), 7-8 p.m., every Wednesday, 503-775-6927 or 541-590-0738  
**Siuslaw Diabetic Support Group**—Siuslaw Public Library, Bromley Room, 2 p.m., third Tuesdays, 541-997-1295  
**Support Group for Families, Friends of the Mentally Ill**—Hospital cafeteria, 6:30 p.m., fourth Thursday, 541-902-8308 or 541-997-2026  
**TOPS (Take Off Pounds Sensibly)**—New Life Lutheran Church, every Wednesday, 8-10 a.m., 541-268-4541  
**Us TOO Evening Prostate Cancer Support Group**—5-7 p.m., second Tuesday of every month, Presbyterian Church, Bob at 541-997-6626  
**Us TOO Lunch Bunch Prostate Cancer Support Group**—12-1 p.m., third Tuesday of every month, Ichiban Restaurant, Bob at 541-997-6626  
**Vision Northwest**—Spruce Point, 10 a.m., second Tuesday, 541-902-1426

### Veterans

**American Legion Post 59 and American Legion Auxiliary**—Florence Elks Lodge, 5 p.m. dinner, 6 p.m. meeting, fourth Tuesday of every month, 541-997-3082  
**Band of Brothers Koffee Klub**—Florence Elks Lodge, 11:30 a.m., every Monday, former military members of all services invited, 541-997-5944  
**Coastal Women Veterans**—place TBA, 11:30 a.m., second Friday, 541-997-4403  
**Disabled American Veterans and Auxiliary**—Disabled American Veterans Building, 2 p.m., first Saturday, 541-997-1562 or 541-997-3720  
**Pointman Veterans Group**—Potter's Tire & Automotive, 7 p.m., Tuesdays, 541-997-2074  
**U.S. Coast Guard Auxiliary**—USCG Siuslaw Station, 7 p.m., second Tuesday, 541-997-2486  
**VFW**—Florence Elks Lodge, 6 p.m. meeting, second Tuesday, 541-997-5944

### Other

**Free Used Clothing**—Better Living Center, 85134 Highway 101, 10 a.m.-5:30 p.m., every Wednesday, 541-997-2137  
**Oregon Dunes Chapter Daughters of the American Revolution**—12:30 p.m., fourth Friday, September-May, contact E. F. Westphal at 541-517-5333  
**Toastmasters Siuslaw Tale Spinners**—various locations, times weekly, 541-999-0912

**For changes to the Senior Calendar, contact Siuslaw News Features Editor Chantelle Meyer at cmeyer@thesiuslawnews.com.**

**Terrace Homes**  
2825 Hwy. 101, Florence  
997-3144

**Shorewood Retirement Residences**  
1451 Spruce St.  
541-997-8202

**SPRUCE POINT ASSISTED LIVING**  
375 9th Street • Florence  
541-997-6111

**BRADLEY BERG ATTORNEY PC**  
Specializing in Trusts, Wills & Probate  
1932 Pine St. • Suite B-3, Florence  
541-997-8114

**Krab Kettle**  
280 Hwy. 101, Florence  
541-997-8996

**BEST FOR HEARING**  
2285 Hwy. 101, Florence  
541-997-8866

**Siuslaw News**  
Keeping Seniors Informed  
541-997-3441