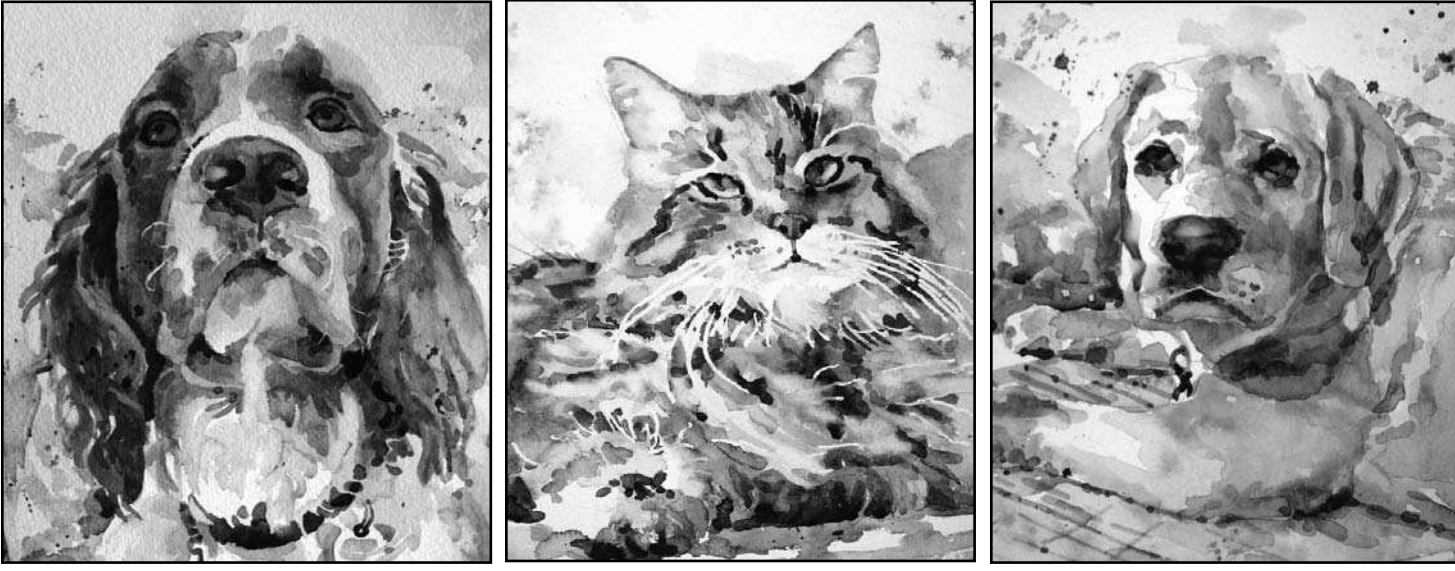


Carole Hillsbery to host Pet Portrait workshop



COURTESY PHOTO

Carole Hillsbery will teach students how to capture pets in watercolor art, such as these portraits by Hillsbery.

FLORENCE — Pets are important to many people. For those who want to capture in paint those adoring looks and sweet expressions, this workshop by award-winning artist Carole Hillsbery will show the techniques necessary.

Students will be encouraged to explore painting the animals of their choice, not just limited to pets. This workshop will be

held at Cross Road Assembly of God Church, 1380 10th Street, in Florence, on Friday, Nov. 11 and Saturday, Nov. 12, from 10 a.m. to 4 p.m.

For more information and to register, contact Charlene Wilson at charwilson66@gmail.com or call 541-997-8676.

At this two day workshop, Students will be encouraged to

loosen up and explore color when painting portraits. There will be a demonstration every morning with plenty of time to paint and gain personalized instruction throughout the sessions.

Students will paint from their own photos. Materials are not included, but a recommended supply list will be provided. This is also a great

workshop to create gifts for the holiday season and beyond.

Hillsbery is a national award-winning artist and a signature member of Transparent Watercolor Society of America, Western Federation of Watercolor Societies, the Arizona Watercolor Association and Watercolor Society of Oregon.

Know what to do in the event of a fall, says WLAD

Across the Nation, thousands of citizens suffer from falls; oftentimes causing injuries that can result in paramedic ambulance response.

No one plans on falling, especially after taking proper safety precautions such as medical checkups, proper shoes, making the house as fall proof as possible, etc. But if and when it does occur its essential to know what to do.

For some, the problem may be that access to a telephone may prove difficult, especially in the event of a broken hip — which is too often the tragic result of a fall.

Medical alert devices, which can be hung around a patient's neck for example; can be a convenient and effective answer to this potential dilemma.

Carrying a cell phone on your person can also be another creative and protective idea in the event of a fall.

Yolanda Ross, a Westcomm 911 communications officer, said it's essential to provide accurate information in a clear, calm voice: name, street address, phone numbers and directions if it's a difficult location. All are critical in helping paramedics find the residence and arrive in a timely manner.

"The biggest challenge we face sometimes is when patients fall and the medics can't gain access because the door is locked," said Ross. "So

it is recommended that people either have a lock box outside, or have a key hidden somewhere safe that can be accessed by one of the medics in the event of an emergency — or have the key in the custody of a trusted neighbor, relative or friend."

Albert Kreitz, Western Lane Ambulance District (WLAD) Paramedic and PIO, said it's also important for patients to stay in the position that they fell in — and not try to move or be moved by family or bystanders.

"It may aggravate an injury that resulted from the fall, especially if it's a hip or a neck fracture," Kreitz said.

Another helpful bit of information for medics is a list of medical conditions, medications and allergies that the patient has. There are programs such as the File Of Life that WLAD has recently initiated and allows patients to include that medical information on a form.

This is especially helpful if the patient is alone and can't remember all the information offhand, or if the patient is semi-conscious or completely unconscious.

Once filled out, the form is then placed in a specialized magnetic pouch that attaches on the refrigerator and is easily assessable by paramedics.

For more information about the File Of Life, call WLAD at 541-997 9614.

PeaceHealth featuring art of Ignatieff, Leasure

Peace Health Medical Center is presenting artwork from local artists John Leasure and Claudia Ignatieff now through the end of December. Their oil paintings are exhibited in the hallway leading to the cafeteria.

Leasure has been a resident of Florence for the past 35 years, owning West Coast Cabinets. For the past 24 years, he has taught painting classes

in Florence and Eugene.

Ignatieff retired to Florence from a career in education and has lived in Florence for the past 11 years. She has enjoyed taking classes from Leasure, who teaches at the Florence Regional Arts Alliance (FRAA) on Saturday mornings.

Both artists are on the Board of FRAA, and both serve on the Gallery Committee for the Florence Events Center.



Artists Claudia Ignatieff and John Leasure

Florence Events Center, Silver Lining Gallery, Driftwood Shores and Oregon Pacific Bank.

Some of Leasure's art work is currently hanging at the Dunes Café in Florence, and Ignatieff has been a featured artist at the Newport Visual Arts Center.

Additionally, both artists are members of Backstreet Gallery, where other pieces of their artwork can be viewed.

They have exhibited at such venues as the Siuslaw Library,

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