

Healthy You

Wellness Classes and Resources

(L to R) Desiree R.
and Autumn P.,
PeaceHealth
caregivers

Health Care Town Hall Forum

Friday, December 9

12:30 to 1:30 p.m.

Florence Events Center
715 Quince Street

Diabetes Support Group

Third Tuesday of each month | 2:00 p.m.

Siuslaw Public Library, 1460 9th Street

Better Breathers Club

(COPD or other chronic lung diseases)

Fourth Wednesday of each month | 2:00 to 3:30 p.m.

PeaceHealth Peace Harbor Medical Center
Conference Room C, 400 9th Street

For more information, call 541-902-6300, ext. 5635

Ostomy Support Group

Last Wednesday of each month | 6:30 p.m.

Siuslaw Public Library, 1460 9th Street



PeaceHealth
The Spirit of Health

peacehealth.org/healthy-you