

## Help your family plan for an emergency

If you are a caretaker to a child in school or daycare, it is important to know the potential movements and landfalls of a major storm.

Educating yourself on your child's school or daycare emergency policies will help give you confidence that they will be safe in an adverse weather situation.

### Pick Up

Your hurricane plans should account for the possibility that your children may be at school or a daycare when weather conditions deteriorate. Decide who will pick the kids up and where to go from there.

Make sure you know the safest route and head there as soon as advised. Older children also will feel safer if you explain the plans to them so they know what to expect in the thick of the situation.

### Staying Put

Sometimes the safest thing is for everyone to stay put and off the roads.

Department of Homeland Security recommends finding out if your school or daycare is prepared to "shelter in place" if necessary, and where they plan to go if they must leave.

Here are a couple of additional questions to ask your administrators, according to [www.ready.gov](http://www.ready.gov):

- How they will communicate with families during a crisis?
- Do they store adequate food, water and other basic supplies?

### Prepare a School Emergency Plan

Every daycare provider and school should have site-specific emergency plans, so if you live in a disaster-prone area, ask now. If no plan exists, you might consider volunteering to help develop one.

Knowing how to safely reunite your family will give you comfort during an emergency weather situation. Together, you can decide on your next move based on weather forecasts and any evacuation recommendation.



## SilverFire Disaster & Recreation Products



[www.silverfire.us](http://www.silverfire.us)

541 485-7114



## Essential Oils with BEAUTY BY DELIVERY DAY SPA

Our little day spa in Florence, Oregon is a private, serene getaway. We were voted #1 Day Spa by Readers Choice. Adhering to a high standard, we offer many luxury services. Our philosophy is simple, natural is better.

Our Pedicure Specialist is trained in a genuine SPA pedicure with Vegan products. Our skin care technician specializes in anti aging and acne treatments. The spa exclusively offers advanced skin care techniques such as: microdermabrasion and chemical peels. We also offer FULL BODY waxing, organic facials.

We have recently added Massage Therapy and Eyelash extensions to our Spa menu. We also offer natural nails and have a wide array of over 90 gel polish colors to choose from. Our large array of Aromatherapy will help you relax and enjoy your visit to the spa. We want you to leave relaxed and ready to make the day yours!

Shop in our Spa Boutique for small trinkets, Lemon Kissed gems, fashion accessories, clothing, essential oils and more.


[beautybydelivery@hotmail.com](mailto:beautybydelivery@hotmail.com)

**508 Kingwood, Florence**

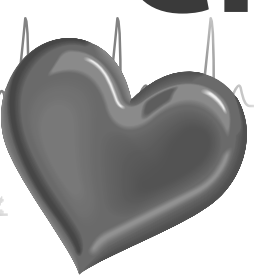
**By Appointment only**

**541-337-5978**

[Beautybydeliverydayspa.com](http://Beautybydeliverydayspa.com)



## Western Lane Ambulance District Invites You to **LEARN CPR**

### CPR Certifications

Adult CPR - \$50.00


Child Infant CPR Supplemental - \$25.00

Total - \$75 for both

2nd Saturday of every month

9am to 1pm at Western Lane Ambulance District

IN AN  
EMERGENCY  
DIAL 911



# Call 541-997-9614

[www.westernlaneambulance.com](http://www.westernlaneambulance.com)