

KXCR, Elks dance features fabulous '50s

Add another date to your dance card. KXCR, Florence's public community radio station, invites all dancers to get on their blue suede shoes and enjoy an evening of the best music of the 1950s on the dance floor of the Elks Club on Saturday, Oct. 22, at 7 p.m.

DJ James Bonisteel's amazing collection of discs and vintage vinyl will keep the joint jumping and memories flowing.

If you remember the '50s, you'll know Chuck Berry's "Johnny B. Goode," The Everly Brothers' "Bye Bye Love" and Buddy Holly's "That'll Be The Day," not to mention classics like Nat King Cole's "When I Fall In Love,"

The Platters' "Only You," Sam Cooke's "You Send Me" and, of course, Elvis' "Heart Break Hotel."

And the list goes on: James Brown, Bo Diddley, Ray Charles, Little Richard, Patsey Cline, Richie Valens, The Coasters and more.

Show up and show off your ducktail and pegged pants or party dress and beehive hair to enter and win costume party prizes.

Dance contest and free food treats round out the evening's activities. Beverages will be sold at the Elks bar.

This event is \$5 at the door.

Join us for a great time benefiting community radio.

Final Florence Herbalist to be held

All About Olives isn't just the name of a local business. It's also title of the program for the final meeting of the Florence Herb Enthusiasts, Thursday, Oct. 20, beginning at 11 a.m.

The meeting will be held at New Life Lutheran Church, 2100 Spruce St., and will feature All About Olives owners Dave and Lynne Twombly, sharing insight about this amazing fruit.

And yes, olives are considered a fruit.

After several years of spending quite a bit of money buying olives and olive oil during annual trips to Sisters Olive and Nut Company, they decided Florence needed a local resource. Three months later, the Twomblys opened their shop on on Bay Street.

After establishing themselves, they were able to move to a larger and more successful location on the corner of Bay and Maple streets.

The Twomblys will share their passion for olives, a bit about the process of making olives palatable, along with delicious samples.

Olives aren't a fruit that can be picked off of a tree and enjoy immediately.

With generous samples of their many varieties of olives and olive oils, there's something for everyone to savor. In addition, a few products will be available for purchase.

Ancient Greeks used to smear olive oil on their bodies and hair as a matter of groom-



COURTESY PHOTO

Lynne Twombly and Gladys Wilds

ing and good health. Olive oil was used to anoint kings and athletes in ancient Greece. It was also burnt in the sacred lamps of temples as well as being the "eternal flame" of the original Olympic Games.

Victors in these games were crowned with olive leaves.

As one of the first cultivated foods, olives were first planted in Crete 5,000 to 7,000 years ago. Although their fat content

seems high, almost three fourths of it is the healthy monounsaturated type, which includes cholesterol lowering properties. Olives are also a source of vitamin E, iron, copper and dietary fiber.

Join the Florence Herb Enthusiasts for its final meeting and learn All About Olives.

The club, established in September 2004, will be dissolving after this meeting.

"We've had a great run and provided more than 140 programs to educate members of our community," said club co-founder Jacquie Beveridge. "My husband wants to travel while he is willing and able. Without reliable support to keep the club going, it's time for us to appreciate the education the club has provided for our community."

For 12 years, the club has featured speakers from local businesses and experts such as Salmonberry Naturals, Laurel Bay Gardens, The Real Food Co-Op; Honeyman Nursery; Rebecca Paternostro; Anna Moore; Frances Klippel, Natures Corner, Rosa's Mexican Restaurant, JoAnn Whitney (Chief Pharmacist at Bi-Mart); Jesse Beers (Cultural Director Coos, and Lower Umpqua Tribe); and Dr. Mark and Patricia Immel.

Speakers from Albany, Corvallis, Alsea, Eugene and Elkton have shared their programs. The club has facilitated field trips to Elkton, Blatchley, Silverton, along with annual trips to Thyme Garden in Alsea.

Workshops have featured how to make your own sushi, herbal candles, cough syrup, flower essences and an annual wreath-making extravaganza.

"It's been great fun facilitating these programs over the years," said Beveridge. "Knowing that members of our community are better informed about the useful plants is extremely rewarding."

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Jo De started her dental career in middle school when she worked for her father, Dr. Pinnock. She completed her schooling at Lane Community College and worked for her father. He sold the practice, and she continued working, for the now Florence Dental Clinic. She has worked in the dental profession for more than 35 years. During these many years she devotedly worked to improve the oral health here in Florence. She made many friends and changed many lives. We are grateful for all of her faithful service to the patients, office, and the community of Florence.

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Monday, October 24 at 6:00pm

Florence Dental Clinic Lobby

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Humane Society Christmas Store seeks volunteers

Volunteers are needed to help assist shoppers at the Oregon Coast Humane Society (OCHS) Christmas Store beginning Nov. 1.

The hours are flexible and the mood festive as shoppers come back time and again to find new items as they are added.

Volunteers and shoppers will be amazed with the assort-

ment of Christmas decorations including indoor and outdoor Christmas lights, gifts and gift wrap and ribbons, cards, reindeer, snowmen, Christmas trees and wreaths, fluffy teddy bears and more.

If interested in volunteering a few hours this Christmas season, call 541-997-4457 for more information.

Siuslaw Alumni sought for advice panel for students

Siuslaw High School's Senior Teachers Professional Learning Community is focusing on academic aspirations and overcoming obstacles. It is trying to form a panel of past graduates to present to current juniors and seniors.

SHS is looking for a few Siuslaw Alumni who have stories to tell about:

Was high school tough for you? Was college what you expected? Did you work through some difficult times to come out better in the end?

What might you have done differently if you had the chance to do it again?

The goal is to put together a group of speakers, as well as some posters with alumni bios to motivate current students. The end goal is for area students to graduate ready to face the world and reach their goals.

If you are interested in helping out, contact Kim Bollinger Pickell at kpickell@siuslaw.k12.or.us.

Church On The Rock,
A Calvary Chapel Fellowship

MIRANDA LANDERS,
Christian Recording Artist and Dove Award Nominee,
will be performing a concert at
Church On The Rock, October 19th at 6:30 pm.
The church is located at 1750 W 18th St.
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