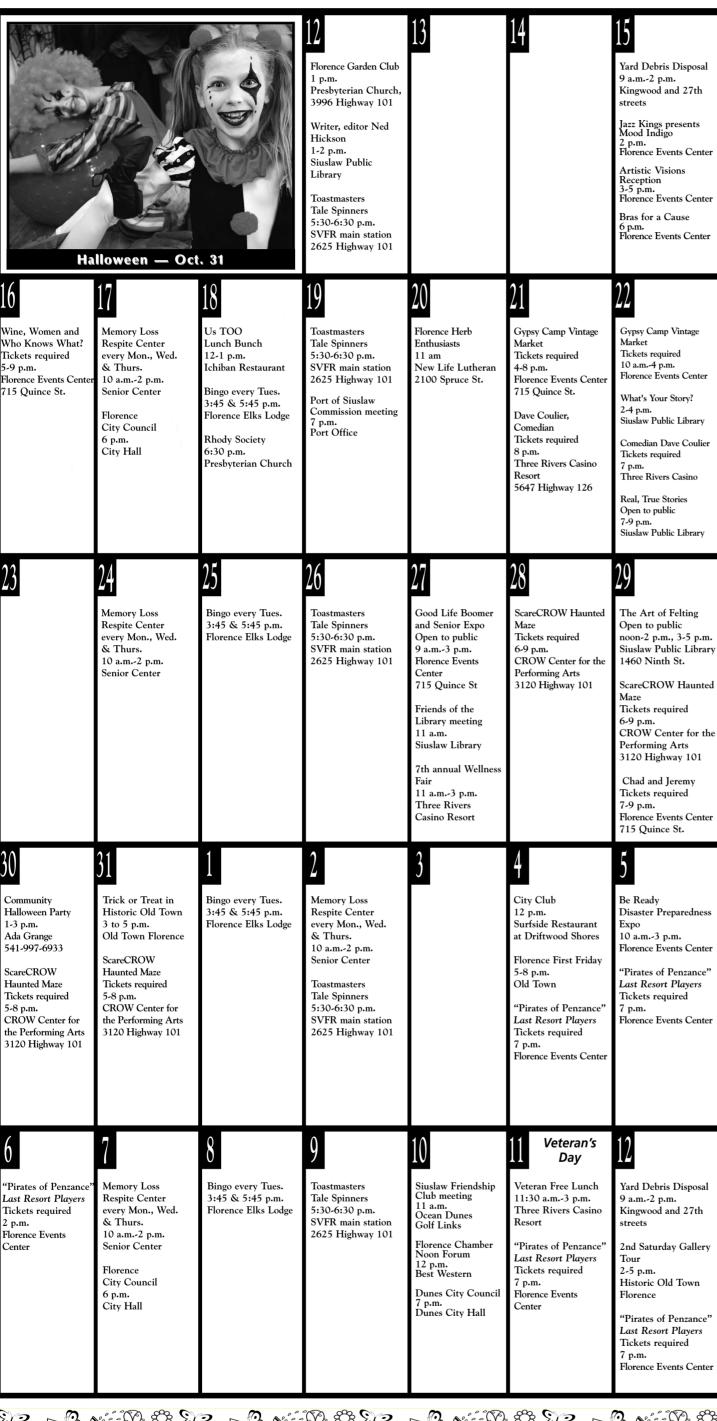
SENIOR NEWS

Calendar of Events October 12 – November 12

TUESDAY WEDNESDAY THURSDAY FRIDAY



Terrace Homes 2825 Hwy. 101, Florence

997-3144

Shorewood **Retirement Residences** 1451 Spruce St. 541-997-8202

Spruce Point Assisted Living 997-6111

BRADLEY BERG ATTORNEY PC Specializing in Trusts, Wills & Probate 1932 Pine St. · Suite B-3, Florence

Krab Kettle 280 Hwy. 101, Florence

541-997-8996

Best For Hearing 997-8866

Siuslaw News Keeping Seniors Informed 541-997-3441

ONGOING ACTIVITIES

Health & Nutrition

Better Breathers Club—PeaceHealth Peace Harbor Medical Center, Conference Room C, fourth Wednesday, 2 p.m., 541-902-6300 ext. 5635

Chair Yoga—Shorewood Retirement Residences, 9 a.m., every Friday, \$5, 541-997-

Disabled American Veterans Vans to Roseburg and Portland Medical Centers— Florence Elks Lodge, 6 a.m., Mondays through Fridays

Senior Meals Program—Senior Center, 11:30 a.m., Monday, Wednesday, Friday, \$3 suggested donation with reservations requested, 541-997-5673

Senior Sunday Brunch—Shorewood Retirement Residences, 11 a.m.-1:30 p.m., every Sunday, \$6, 541-997-8202

Singing Pines Café—Senior Center, 11:30 a.m., Tuesday & Thursday, \$5 with reservations requested, 541-997-8844

Community Chorus—Cross Road Church, 10th & Maple streets, 7 to 8:30 p.m., every Monday, Sandy Vaccaro, 970-618-6307

Community Concert Band—Siuslaw High School music room, 6:30 p.m., every Monday, Gail Nichols, 541-999-6907

Yachats Big Band—Yachats Commons, 7 to 9 p.m., first Thursday, \$5 donation with children 12 and younger free, 541-547-4308

Social

Bible Study—Shorewood Retirement Residences, 10 a.m., every Monday, with Marty

Bingo—Shorewood Retirement Residences, 6:30 p.m. every Wednesday; 9:30 a.m. every Saturday, 541-997-8202

Bingo—Senior Center, 1-4 p.m., every Thursday, 541-997-3945

Central Coast Miniatures Club-Senior Center, 6 p.m., second Thursday

Chess Club—Siuslaw Public Library, 1 p.m., every Sunday; Spruce Point, 6 p.m., every Monday, Fred Catania, 541-997-5216

Florence Duplicate Bridge—St. Andrews Episcopal Church, 12:30 p.m., every Tuesday and Thursday, 541-997-2677

Line Dancing—Senior Center, 1:30-2:30 p.m., Tuesdays, Pat Wheeler, 541-999-0797 Masonic Lodge of Florence State Communication—84910 Highway 101, first Tuesday, family dinner 6:30 p.m., open lodge 7:30 p.m., 541-997-9728

Pinochle Group—Laurelwood Community Center, 1137 Maple St.; every Thursday, 9:30 a.m. Walk-ins welcome

Professionally Retired Ornery Single Seniors (PROSS)—60 years of age and older,

Lunches, 12:30 p.m., second and fourth Wednesdays, 541-991-6430 PROSS Social—Senior Center, 5:30 p.m., third Thursdays, 541-991-6430

Senior Party Bridge—Senior Center, 12:30 to 4 p.m., every Wednesday and Friday, 541-997-8827

Support Groups

Alzheimer's Support Group—Regency Florence, 1-2 p.m., first and third Wednesdays of each month, Dee Clymer, 541-997-8436

Caregiver Support Group—Spruce Point, 11 a.m., second and fourth Thursdays of each month, 541-997-6111 or 541-997-4866

Chronic Pain Group—Community Baptist Church, 4590 Highway 101, 5-7 p.m., every first and third Tuesday, 541-991-0037

Cancer Support Group—St. Andrews, 3 p.m., every Thursday, 541-997-3418 Florence Parkinson's Disease Support Group— Spruce Point Assisted Living, 375 Ninth St., 1:30 p.m., fourth Wednesday, Carole 805-587-3394

Grief and Loss Support Group—St. Andrews Church, 3-4 p.m., every Wednesday,

GriefShare Support Group—Florence Christian Church, 3 p.m., every Thursday,

DivorceCare – Florence Christian Church, 6:30 p.m., every Friday

Memory Loss Respite Center — Florence Senior Center, 10 a.m. to 2 p.m., every Monday, Wednesday and Thursday, \$10, 541-902-8539

Multiple Sclerosis Self-Help Group—PeaceHealth Peace Harbor Medical Center,

Conference Room C, 6 p.m., second Wednesday, 541-902-1565 or 541-902-7683 Overeaters Anonymous—Coast Village Clubhouse, Rose Room, 131 Rhody Loop (enter east side of Coast Village at 27th and Spruce streets and follow signs to club-

house), 7-8 p.m., every Wednesday, 503-775-6927 or 541-590-0738 Siuslaw Diabetic Support Group—Siuslaw Public Library, Bromley Room, 2 p.m., third Tuesdays, 541-997-1295

Support Group for Families, Friends of the Mentally III—Hospital cafeteria, 6:30

 $p.m., fourth\ Thursday,\ 541-902-8308\ or\ 541-997-2026$ TOPS (Take Off Pounds Sensibly)—New Life Lutheran Church, every Wednesday,

8-10 a.m., 541-268-4541 **Us TOO Evening Prostate Cancer Support Group—**5-7 p.m., second Tuesday of

every month, Presbyterian Church, Bob at 541-997-6626

Us TOO Lunch Bunch Prostate Cancer Support Group—12-1 p.m., third Tuesday of every month, Ichiban Restaurant, Bob at 541-997-6626

Vision Northwest—Spruce Point, 10 a.m., second Tuesday, 541-902-1426

American Legion Post 59 and American Legion Auxiliary—Florence Elks Lodge, 1686 12th St., 5 p.m. dinner, 6 p.m. meeting, fourth Tuesday of every month, 541-997-

Band of Brothers Koffee Klub-Florence Elks Lodge, 11:30 a.m., every Monday, former military members of all services invited, 541-997-5944

Coastal Women Veterans—place TBA, 11:30 a.m., second Friday, 541-997-4403 Disabled American Veterans and Auxiliary—Disabled American Veterans Building, 2 p.m., first Saturday, 541-997-1562 or 541-997-3720

Pointman Veterans Group—Potter's Tire and Automotive, 7 p.m., every Tuesday,

U.S. Coast Guard Auxiliary—USCG Siuslaw Station, Coast Guard Road, 7 p.m.,

second Tuesday, 541-997-2486

VFW-Florence Elks Lodge, 6 p.m. meeting, second Tuesday, 541-997-5944

Free Used Clothing—Better Living Center, 85134 Highway 101, 10 a.m.-5:30 p.m., every Wednesday, 541-997-2137

Oregon Dunes Chapter Daughters of the American Revolution — 12:30 p.m., fourth

Friday, September-May, contact E. F. Westphal at 541-517-5333

Toastmasters Siuslaw Tale Spinners—SVFR main station, 2625 Highway 101, 5:30-6:30 p.m., second and fourth Wednesday, Irma Geller at 541-999-0912

For changes to the Senior Calendar, **contact Siuslaw News Reporter Chantelle** Meyer at cmeyer@thesiuslawnews.com.