

Sills to speak about LCC at City Club meeting

Marsha Sills, Lane Community College Florence Center's continuing education coordinator, will give the presentation, "Discover More: Lifelong Learning in the Community" during the City Club of Florence's upcoming meeting on Friday, Oct. 7, from noon to 1 p.m.

Sills joined the college in January after a 15-year career as a journalist in south Louisiana. In her role at the Florence Center, she plans and oversees continuing education courses and programs, such as

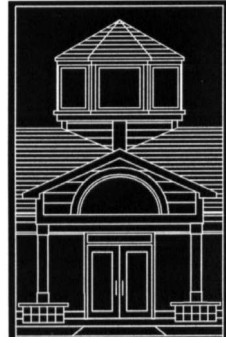
Outward Ventures. During her presentation, Sills will share information about current and new opportunities through the college for businesses and those interested in health careers.

In October, the City Club of Florence will return to its original home at the club house of the Ocean Dunes Golf Links at Munsel Lake Road.

Lunch will be available from 11:30 a.m. to noon.

For more information, call Ruth Baumrucker at 541-305-9003.

Library Tidings



News about the Siuslaw Public Library

Library Tidings, a regular feature of the Siuslaw News, features news about upcoming Siuslaw Public Library programs for adults and children, new books and videos, and other library news of interest to the community. Library Tidings by Kevin Mittge

Killing Trail

By Margaret Mizushima
Book review by Linda Weight
Killing Trail: A Timber Creek K-9 Mystery by Margaret Mizushima is the first in a new series featuring a believable, likeable lead character, Officer Mattie Cobb, and her K-9 partner, Robo.

Mizushima, who lives in Colorado with her veterinarian husband, sets her mysteries in the fictitious town of Timber Creek, Colo. Mizushima writes about both Colorado and animal care with obvious knowledge and experience.

In this first mystery, we are introduced to Mattie and learn, through the course of the plot, some of her back story. A life-long resident of the town, Mattie had a hard childhood, ending up in foster care after her father murdered her mother.

Mattie has also lost track of her younger brother in the foster care system. But Mattie had two lucky breaks: her last foster care home was a good one, with a loving foster mother who believed in Mattie and is still a good friend; and after yet another run-in with the local police, the chief saw something in

Mattie's tough girl shell, steering her into track and field, helping Mattie turn her school failures into success.

With a recommendation for the police academy, Mattie's life was changed. After scoring higher than the other officers in her group, Mattie received advanced training as a K-9 officer and was paired with Robo.

Now they are a team and have the challenge of proving themselves to the department, in which Mattie is both the only female officer and Latina.

Mizushima subtly interweaves the kinds of hazing and prejudice that a young female, Hispanic officer would face in a traditional, previously all-male workplace, especially one where the men value strength and toughness.

If you like the mysteries by Nevada Barr or C.J. Box, give "Killing Trail" by Margaret Mizushima a try.

Enjoy demARTS!

This Saturday, Oct. 8, from 10 a.m. to 4:30 p.m., the library will be hosting its third annual demARTS celebration.

demARTS features 18 artists or groups demonstrating a wide

variety of crafts and art, including calligraphy (get your name written in calligraphy), fiber arts, altered journals, felting, watercolor, button making, zentangle, watercolors and more.

The Fiber Arts Guild will have a demonstration in the library lobby of needlepoint, weaving, spinning, and the Last Resort Players will be presenting a preview of "Pirates of Penzance" at 1 p.m. at the library.

Don't miss this wonderful, art filled day.

Free storytelling workshop

On Saturday, Oct. 22, from 2 to 4 p.m., Portland Story Theater will be presenting a workshop on the art of storytelling. Its workshops teach "intentional storytelling," when people will learn how to tell stories improvisationally by being resourceful and using the power of spontaneity.

Workshop size is limited to 25 participants, so pre-registration is required.

Stop by the Reference Desk or call 541-997-3132 to sign-up.

For those who would just like to listen to storytelling, the Portland Story Theater will be doing a free show at the library that evening at 7 p.m.

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A 'City in Motion' as we begin the elections

Election time is just around the corner and, while I could not even begin to comment on the state of the national nor even the state election, I would like to mention the local City election coming up.

Two years ago there were three candidates on the ballot for Mayor and six candidates for city council. In the upcoming November election, there will be three incumbents that are running for re-election who are unopposed.

I believe that this is in part

GUEST VIEWPOINT

By JOE HENRY
MAYOR OF FLORENCE

due to the culture change that has taken place in the City of Florence over the past two years.

Early in 2015, we created a 5-point work plan and adopted a theme of "A City in Motion."

From there, we have made great progress in terms of city services, streets and park improvements, economic development and improvements in our relationships with local, county and state agencies.

We have set the stage for

some exciting things that have already begun to happen and more that will be coming in the near future.

My profound thanks go out to our City Council, which has worked very hard as a team to make this possible.

And also to our dedicated staff that has taken on a substantially larger workload, doing so within budget and without adding any staff.

Congratulations!

And yes, I am running again for Mayor. With no one else on

the ballot, it will not require a lot of campaigning. I will, however, be putting up a few signs around town anyway.

The reason for this is simply so that the community will not think that I take the position for granted and will know that I appreciate the trust that has been placed in me as your mayor.

I have enjoyed the last two years very much and am looking forward to seeing many of the things that have been put "In Motion" come to fruition.

I want to say my biggest thanks to the citizens of our community for making Florence the Premier Coastal Community in Oregon.

New help for Medicare costs!



Premium assistance (Part B)

To qualify, monthly gross income less than:

- Single**
\$1,337
(no resource limits)
- Couple**
\$1,803
(no resource limits)



Prescription cost assistance (Part D)

To qualify, monthly gross income less than:

- Single**
\$1,485
(savings and other resources are less than \$13,640)
- Couple**
\$2,003
(savings and other resources are less than \$27,250)

Call Oregon Medicare Savings Connect:
Toll-free 1-855-447-0155

M-F, 9am-5pm | medicasavings@multco.us | www.multco.us/medicasavings



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PacificSource Medicare Advantage Plans

Attend one of our free seminars to learn more.

Florence – Florence Events Center
715 Quince Street
Thursday, October 20, 10:00 a.m.



855-265-5969 priority code: 403 | 800-735-2900 (TTY)
Medicare.PacificSource.com

For accommodation of persons with special needs at sales meetings call 855-265-5969 or 711 TTY. PacificSource Community Health Plans is an HMO/PPO plan with a Medicare contract. Enrollment in PacificSource Medicare depends on contract renewal. A salesperson will be present with information and applications. You must continue to pay your Medicare Part B premium. Limitations, copays and restrictions may apply. Benefits and premium may change on January 1 of each year. Y0021_327MED_2017 CC Event Flyer CMS Accepted 09182016

THREE RIVERS TO HOST 'WELLNESS FAIR'

Eating healthy and having fun shouldn't be on opposite ends of the rainbow. That's why Three Rivers chefs are providing healthy cooking demonstrations with free samples throughout its Wellness Fair and Culinary Contest on Oct. 27 at Three Rivers Casino Resort.

The seventh annual event runs from 11 a.m. to 3 p.m., and will feature four teams of Three Rivers Casino employ-

ees competing in a culinary challenge for "Best of Show" in first-course and entrée categories.

And while this is going on, attendees can check out an assortment of products and services provided by the many vendors offering information on finding balance in work and life.

"We are honored to host the seventh annual event," said Mike Rose, COO at Three

Rivers Casino Resort. "Every year we look forward to providing new ways to improve our employees and the community's health.

"A balanced lifestyle is the secret to happiness."

There will be door prizes, kids games and lots of free things to help you discover a healthy, balanced lifestyle.

Three Rivers Casino Resort is at 5646 Highway 126 in Florence.

OUR TOWN

A News Magazine for Florence

Primary Care Shortage

PeaceHealth making progress
Featuring:
**Dr. Mark Adams, Chief Medical Officer, PeaceHealth,
Nena Harvey, PeaceHealth Medical Group,
Operations Director**

Also With
Rick Yecny
Chief Administrative Officer,
Peace Harbor Medical Center
Grace Riggs
Provider Recruiter PeaceHealth
Michael Penrose
System Director, Provider Recruitment
and Workforce Planning for PeaceHealth

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Siuslaw Public Library

Election 2016
The race for Oregon's State Senate in the Fifth District

Arnie Roblan (D) Coos Bay
Vs
Richard Anderson (R) Lincoln City

Being Mortal
A four part series
Coming to LCC in
Florence
With
Dave Ripley

Wednesday, October 5
4-6 PM on
KCST, 106.9
and
Thursday, October 6
10 - Noon on
KCFM
AM1250/FM 104.1

With Host
Bob Sneddon