

## DISTINGUISHED SERVICE



COURTESY PHOTO

During Crystal Farnsworth's (far left) final meeting as Rotary president on June 28, she selected three individuals to recognize for distinguished service. Among them were (from left) Guy Veach for his work as foundation chairman; Lis Farm for her work with Interact; and Karen Skulley for her work in creating the new club website. Farnsworth chose to recognize these accomplishments because they represented going above and beyond by building a better program than ever.

## Western Lane Ambulance District Ambulance Runs Aug. 1-7

Date	Time	Area	Type
8/1/16	0110	Coastal Highlands	Medical
8/1/16	0718	Highway 126	Trauma
8/1/16	1745	Transfer to RiverBend	Medical
8/1/16	2005	Myeena Loop	Medical
8/1/16	2329	Highway 126	Medical
8/1/16	2342	Mitchell Loop Road	Medical
8/1/16	0044	Highway 126	Trauma
8/2/16	1645	Transfer to RiverBend	Medical
8/2/16	2337	Highway 36	Medical
8/3/16	0130	Ninth Street	Medical
8/3/16	0146	21st Street	Trauma
8/3/16	0306	Bay Berry Lane	Medical
8/3/16	0555	Transfer to Regency	Medical
8/3/16	0645	Transfer to RiverBend	Medical
8/3/16	0851	16th Street	Medical
8/3/16	0908	Transfer to RiverBend	Medical
8/3/16	1046	Highway 101	Medical
8/3/16	1230	Transfer to RiverBend	Medical
8/3/16	1519	21st Street	Medical
8/3/16	2006	Oak Street	Medical
8/3/16	2300	Jonathan Lane	Medical
8/4/16	0105	Transfer to Jonathan Lane	Medical
8/4/16	1213	Ninth Street	Medical
8/4/16	1334	Highway 126	Medical
8/5/16	1001	21st Street	Medical
8/5/16	1003	Highway 126	Medical
8/5/16	1140	Ninth Street	Medical
8/5/16	1216	Highway 101	Medical
8/5/16	1311	Highway 101	Medical
8/5/16	1450	Western Way	Medical
8/5/16	1454	Ninth Street	Medical
8/5/16	1910	Mariners Lane	Medical
8/5/16	2220	Highway 101	Medical
8/6/16	1045	Spruce Street	Medical
8/6/16	1115	Spruce Street	Medical
8/6/16	4681	Yachats	Standby
8/6/16	1815	Transfer to Legacy Hospital	Medical
8/6/16	1850	Glenada Road	Medical
8/6/16	1907	21st Street	Medical
8/6/16	1009	Beach Driftwood Shores	Trauma
8/6/16	2224	Highway 126	Medical
8/7/16	0805	Transfer to RiverBend	Medical
8/7/16	0844	Highway 101	Medical
8/7/16	1844	Highway 126	Medical
8/7/16	2053	Ninth Street	Medical

## NAMI offers family education courses

The National Alliance on Mental Illness (NAMI) will sponsor the NAMI Family-to-Family Education Program specifically for families of a person diagnosed with serious mental illness.

The free 12-week series of classes will start in Florence in September at a convenient town location.

The course will cover information about schizophrenia, the mood disorders (bipolar disorder and major depression), panic disorder, obsessive compulsive disorder and PTSD; coping skills such as handling crisis and relapse; basic information about medications; listening and communication techniques; problem solving skills; recovery and rehabilitation and self-care

around worry and stress.

The curriculum has been written by an experienced family member mental health professional and the course will be taught by NAMI Lane County family member volunteers who have taken intensive training as course instructors.

The co-teachers for Florence and surrounding areas are Monica Kosman and Bianca Deris.

"We hope families with loved ones who have a serious mental illness will take advantage of this unique opportunity," said Kosman. "For many, it is the first time they have been able to talk freely about mental illness with others having the same experience."

There is no need to travel a long distance to take the class

that over 300,000 people taken.

The course is designed specifically for parents, siblings, spouses, teen-age and adult sons and daughters, partners and significant others who are caregivers of persons with severe and persistent mental illness.

The NAMI Family-to-Family Education Course is free.

For more information, location and to register, call Monica Kosman at 541-902-8308.

**VICTORIES FOR VETERANS**

**"MY VICTORY IS BEING HERE FOR MY FAMILY."**

Every year, DAV helps more than a million veterans in life-changing ways. Learn more at [DAV.org](http://DAV.org)

**DAV**

### WHY YOU SHOULD VOTE SERIES | IMPROVEMENTS

# It Changes Communities

The presidential election isn't the only one you should be fired up to influence at the ballot box. In fact, your local representatives, mayors and council members have more day-to-day impact on your life than the president.

Local elected officials make decisions on policies that directly affect your taxes, home value and professional life.

#### THE KIDS

Children cannot vote, but our community's laws and policies still impact them, especially when it comes to education. Our children are depending on us to represent their voices at the voting booth, and we must work to make sure we don't let them down.

And speaking of children, one of the best ways to ensure a bright horizon for our democracy is instilling a voter's mindset at an early age. Talk to your children or students about why voting is so important to America and how it can impact things that are important to them – like school, playgrounds and public parks.

#### THE IMPACT

Your local representatives fight hard for your personal rights at the highest levels. Wages, pay equity, fairness in hiring, pension security, taxes and health insurance issues are a few of

the most important aspects of your life that can be influenced by your local officials.

When you vote you are telling elected officials how you feel about these issues. Your vote can influence decisions on funding for schools or roads that you or family members may use every day.

#### LOCAL CREDIBILITY

Citizens who vote hold more credibility over their non-voting counterparts when talking about

issues in their communities. Around the water cooler at work or in the bleachers at the high school football game, politics are likely to pop into the conversation.

When you place your vote, your voice becomes more powerful and justified to publicly convey your feelings on specific issues. Whether you agree or disagree with a certain policy or legislative item, your thoughts will be considered more vital in the political arena if you vote.

**See Jim for your auto sales needs!**

**JOHNSTON MOTOR COMPANY**

2150 Hwy. 101 • Florence  
(541) 997-3475 • 1-800-348-3475

Ford Mercury

**...need a friend?**

**Meet Raider**

I am looking for an awesome family to call my own. I've also been told I'm a very smart boy. I know many tricks...sit, down, shake, high five, roll over and the cutest sit pretty you have ever seen. The only issue I have is that I do not like cats or small dogs. I get a bit over eager when I see other dogs so the kennel staff has not done a meet and greet with any of the other dogs here. And don't get me started on tug of war, because I will win...

If you would like to meet Raider or any of his friends, please visit us at:

**OREGON COAST HUMANE SOCIETY**  
2840 Rhododendron Drive • Florence • 541-997-4277

[www.oregoncoasthumane.org](http://www.oregoncoasthumane.org)  
This message brought to you by:

**Linda's Pet Grooming**

30 Years experience.  
All dogs & cats  
Linda wishes to thank all of her valued clients and welcome newcomers!!

541-902-7622  
4465 Hwy. 101

Linda Wheeler & Rocky

**Cross Road**  
Assembly of God

Sunday Bible Study 9:00am – Sunday Worship 10:30am  
Wednesday 7pm - Midweek Family Connection  
We invite you to join us!

Corner of 10th & Maple, Florence • 541-997-3533  
[www.florencecrossroad.org](http://www.florencecrossroad.org) • email: [office@florencecrossroad.org](mailto:office@florencecrossroad.org)