## DISTINGUISHED SERVICE



During Crystal Farnsworth's (far left) final meeting as Rotary president on June 28, she selected three individuals to recognize for distinguished service. Among them were (from left) Guy Veach for his work as foundation chairman; Lis Farm for her work with Interact; and Karen Skulley for her work in creating the new club website. Farnsworth chose to recognize these accomplishments because they represented going above and beyond by building a better program than ever.

#### **Western Lane Ambulance District** Ambulance Runs Aug. 1-7 Date

8/1/16 8/1/16

8/3/16

8/3/16 8/3/16 8/3/16 8/3/16 8/3/16 8/3/16 8/4/16 8/4/16 8/5/16 8/5/16 8/5/16 8/5/16 8/5/16 8/5/16 8/6/16 8/6/16 8/6/16

8/6/16

8/6/16

8/6/16

8/7/16

8/7/16

bulance mans Aug. 1-1		
Time	Area	Type
0110	Coastal Highlands	Medical
0718	Highway 126	Trauma
1745	Transfer to RiverBend	Medical
2005	Myeena Loop	Medical
2329	Highway 126	Medical
2342	Mitchell Loop Road	Medical
0044	Highway 126	Trauma
1645	Transfer to RiverBend	Medical
2337	Highway 36	Medical
0130	Ninth Street	Medical
0146	21st Street	Trauma
0306	Bay Berry Lane	Medical
0555	Transfer to Regency	Medical
0645	Transfer to RiverBend	Medical
0851	16th Street	Medical
0908	Transfer to RiverBend	Medical
1046	Highway 101	Medical
1230	Transfer to RiverBend	Medical
1519	21st Street	Medical
2006	Oak Street	Medical
2300	Jonathan Lane	Medical
0105	Transfer to Jonathan Lane	Medical
1213	Ninth Street	Medical
1334	Highway 126	Medical
1001	21st Street	Medical
1003	Highway 126	Medical
1140	Ninth Street	Medical
1216	Highway 101	Medical
1311	Highway 101	Medical
1450	Western Way	Medical
1454	Ninth Street	Medical
1910	Mariners Lane	Medical
2220	Highway 101	Medical
1045	Spruce Street	Medical
1115	Spruce Street	Medical
4681	Yachats	Standby
1815	Transfer to Legacy Hosital	Medical
1850	Glenada Road	Medical
1907	21st Street	Medical
1009	Beach Driftwood Shores	Trauma
2224	Highway 126	Medical
0805	Transfer to RiverBend	Medical
0844	Highway 101	Medical
1844	Highway 126	Medical
2053	Ninth Street	Medical

## NAMI offers family education courses

The National Alliance on Mental Illness (NAMI) will sponsor the NAMI Family-to-Family Education Program specifically for families of a person diagnosed with serious mental illness.

The free 12-week series of classes will start in Florence in September at a convenient in town location.

The course will cover information about schizophrenia, the mood disorders (bipolar disorder and major depression), panic disorder, obsessive compulsive disorder and PTSD; coping skills such as handling crisis and relapse; basic information about medications; listening and communication techniques; problem solving skills; recovery and rehabilitation and self-care

around worry and stress.

The curriculum has been written by an experienced family member mental health professional and the course will be taught by NAMI Lane County family member volunteers who have taken intensive training as course instructors.

The co-teachers for Florence and surrounding areas are Monica Kosman and Bianca Deris.

"We hope families with loved ones who have a serious mental illness will take advantage of this unique opportunity," said Kosman. "For many, it is the first time they have been able to talk freely about mental illness with others having the same experience."

There is no need to travel a long distance to take the class

that over 300,000 people taken. The course is designed specifically for parents, siblings, spouses, teen-age and adult sons and daughters, partners and significant others who are caregivers of persons with severe and persistent mental illness.

The NAMI Family-to-Family Education Course is

For more information, location and to register, call Monica Kosman at 541-902-



WHY YOU SHOULD VOTE SERIES | IMPROVEMENTS

# It Changes Communities

The presidential election isn't the only one you should be fired up to influence at the ballot box. In fact, your local representatives, mayors and council members have more day-to-day impact on your life than the president.

Local elected officials make decisions on policies that directly affect your taxes, home value and professional life.

#### THE KIDS

Children cannot vote, but our community's laws and policies still impact them, especially when it comes to education. Our children are depending on us to represent their voices at the voting booth, and we must work to make sure we don't let them down.

And speaking of children, one of the best ways to ensure a bright horizon for our democracy is instilling a voter's mindset at an early age. Talk to your children or students about why voting is so important to America and how it can impact things that are important to them - like school, playgrounds and public parks.

#### THE IMPACT

Your local representatives fight hard may use every day. for your personal rights at the highest levels. Wages, pay equity, fairness in hiring, pension security, taxes and health insurance issues are a few of

the most important aspects of your life that can be influenced by your local officials.

When you vote you are telling elected officials how you feel about these issues. Your vote can influence decisions on funding for schools or roads that you or family members

#### LOCAL CREDIBILITY

Citizens who vote hold more credibility over their non-voting counterparts when talking about issues in their communities. Around the water cooler at work or in the bleachers at the high school football game, politics are likely to pop into the conversation.

When you place your vote, your voice becomes more powerful and justified to publicly convey your feelings on specific issues. Whether you agree or disagree with a certain policy or legislative item, your thoughts will be considered more vital in the political arena if you vote.



## ...need a friend?

### **Meet Raider**

I am looking for an awesome family to call my own. I've also been told I'm a very smart boy. I know many tricks...sit, down, shake, high five, roll over and the cutest sit pretty you have ever seen. The only issue I have is that I do not like cats or small dogs, I get a bit over eager when I see other dogs so the kennel staff has not done a meet and greet with any of the other dogs here. And don't get me started on tug of war, because I will win



If you would like to meet Raider or any of his friends, please visit us at:

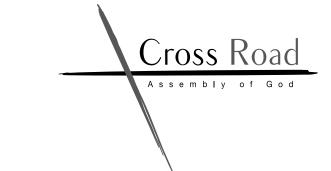
#### **OREGON COAST HUMANE SOCIETY** 2840 Rhododendron Drive • Florence • 541-997-4277

www.oregoncoasthumane.org This message brought to you by:



541-902-7622 4465 Hwy. 101

www.TheSiuslawNews.com



Sunday Bible Study 9:00am – Sunday Worship 10:30am Wednesday 7pm - Midweek Family Connection We invite you to join us!

Corner of 10th & Maple, Florence • 541-997-3533 www.florencecrossroad.org · email: office@florencecrossroad.org

