

NFC EAST



COWBOYS' SEASON COULD GO EITHER WAY

*Coach: Jason Garrett
2015 Record: 4-12*

If flashy wide receiver Dez Bryant is not running routes and Tony Romo isn't throwing the ball to him, the Cowboys have problems. An aging and apparently fragile Romo remains just one of the big questions in Dallas. Their defense could possibly improve, if not for suspensions to multiple players. If No. 4 overall draft pick Ezekiel Elliott even approaches his running back potential and Romo and Bryant stay healthy, this offense will give opposing teams fits.



PLENTY OF NEW FACES IN NEW YORK

*Coach: Ben McAdoo
2015 Record: 6-10*

Two-time Super Bowl winning coach Tom Coughlin is out, leaving quarterback Eli Manning to adjust to Ben McAdoo's system. Perhaps change is just what he needs along with having receivers Victor Cruz and Odell Beckham Jr. on the field at the same time. Still, the Giants ranked eighth in offense in 2015 while their defense ranked last, so plugging holes via the draft and free agency was a priority for McAdoo as he approached his first season.



QB BATTLE BREWS IN PHILLY

*Coach: Doug Pederson
2015 Record: 7-9*

The story in Philly remains centered on the quarterback position, where Sam Bradford is expected to start. Bradford initially pitched a fit about the Eagles trading up to the No. 2 slot and drafting North Dakota State's Carson Wentz. Apparently the job is Bradford's to lose but given his injury track record we may see Wentz sooner than later, regardless of where he is on the depth chart behind Bradford and journeyman Chase Daniel.



SKINS HAND THE BALL TO KIRK COUSINS

*Coach: Jay Gruden
2015 Record: 9-7*

In Kirk Cousins the Redskins believe they have found their quarterback of the future. There's a void at running back as leading rusher Alfred Morris departed to Dallas. Still, Cousins has a collection of young and veteran receivers to throw to. But winning the division in 2015 may have happened by default. We'll find out about that this year if the divisional competition remains healthy and the Skins defense can withstand the potent offenses of New York and Dallas.

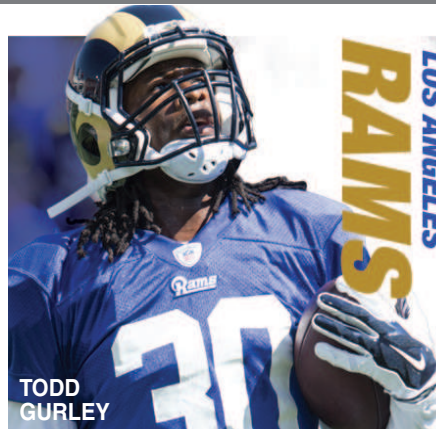
NFC WEST



CARDS THINKING SUPER BOWL ALL THE WAY

*Coach: Bruce Arians
2015 Record: 13-3*

As long as Carson Palmer stays healthy at quarterback, this team is a Super Bowl contender. Led by Palmer, the league's best offense in 2015 serves up as good of a supporting cast as a field general could ask for in running back Chris Johnson and wide receiver Larry Fitzgerald. The fifth ranked defense remains intact and this team is built to win now. They do, however, play in an increasingly competitive division.



RAMS RIGHT AT HOME IN L.A.

*Coach: Jeff Fisher
2015 Record: 7-9*

If the Rams can overcome the fanfare of moving from St. Louis back to Los Angeles, they should be an improved team. Jeff Fisher continues to tinker with the defense even though he let a number of players depart via free agency while adding to the offense via the draft. He's got the league's top pick in California quarterback Jared Goff, who'll have second year running back Todd Gurley to give him some breathing room.



SEAHAWKS STILL A TEAM TO BE RECKONED WITH

*Coach: Pete Carroll
2015 Record: 10-6*

Some say that Seattle is a team on a downward spiral. Tell that to the teams on their schedule. It's true that the team that went to two straight Super Bowls is having their defense picked apart thanks to free agency. However, with Russell Wilson on the field anything is possible and nobody is better than Pete Carroll at keeping the ship upright. Carroll plans to fill the shoes of retired running back Marshawn Lynch by committee.



CHIP KELLY ERA BEGINS IN FRISCO

*Coach: Chip Kelly
2015 Record: 5-11*

The Chip Kelly show comes to the Bay Area where his fast-paced style just may resurrect the career of mobile quarterback Colin Kaepernick, assuming he beats out Blaine Gabbert for the starting job. Kelly plans to use running back Carlos Hyde as a key offensive component. In the draft he focused his attention on defense, including taking defensive end DeForest Buckner with the seventh overall pick from his former employer, Oregon. Divisional opponents highlight a tough schedule.