

THE WATCH LIST

FIVE PLAYERS ON NEW TEAMS TO WATCH

DEMARCO MURRAY RB EAGLES TO TITANS

In 2014 as a member of the Dallas Cowboys DeMarco Murray was the NFL's rushing leader before signing with Philadelphia and enduring a whirlwind 2015 season. The Titans are building around Marcus Mariota and adding a proven back like Murray could be just what is needed to take the next step. If he succeeds, this could quickly become one the best offenses in the league.

MARVIN JONES WR BENGALS TO LIONS

With the retirement of Calvin Johnson the Lions had a big hole to fill at receiver and quickly turned to free agency signing Jones away from the Bengals. Jones is considered by many to be under-rated and while he may not be as iconic as Johnson he will be a viable target for Matt Stafford while he seeks his first 1,000-yard season. Opposite recently signed Anquan Boldin he just may get it in Detroit.

BROCK OSWEILER QB BRONCOS TO TEXANS

As Peyton Manning's backup in Denver, Brock Osweiler kept the Broncos alive on their path to the Super Bowl. He then shocked the NFL by signing with the Texans who are looking to make a fresh start on offense. In four years with the Broncos he played in 21 games, starting seven, and will now carry the full load in Houston where there are a number of new faces on offense.

JANORIS JENKINS CB RAMS TO GIANTS

The Giants were as active in the free agent market as any team and while they lost a few players, especially on defense, they also gained. They've boosted their secondary signing Jenkins away from the Rams after having his best season. With the Giants he'll not only be a solid corner but also a possible mentor for first round draft pick Eli Apple.

MARK SANCHEZ QB EAGLES TO BRONCOS

The Broncos drafted Memphis quarterback Paxton Lynch late in the first round of the 2016 draft, but still needed an insurance policy. So, they traded with the Eagles to get journeyman Mark Sanchez who has a knack for rising to the occasion in situations just like this. Sanchez will compete with Lynch and if Denver's defense is anything like last season, he'll keep them in a lot of games.



2016 ROOKIE WATCH



EZEKIEL ELLIOTT RB DALLAS COWBOYS

The Cowboys will waste no time inserting Ezekiel Elliott into the backfield. A workhorse at Ohio State, Elliott is not only a powerful down-field runner but he's not afraid to pick up a blitz or run a pass route. He joins one of the most potent offenses in the league, when healthy. Will an alleged domestic abuse accusation disrupt his debut with the Cowboys?

JARED GOFF QB LOS ANGELES RAMS

The Rams return to Los Angeles with a rookie quarterback in Jared Goff. The top overall draft pick out of the University of California may not start opening day, nor is he expected to spend much time on the bench. The Rams eye Goff with long term designs and with the support of a solid running game he should be on the field fairly early in the season.

JOEY BOSA DE SAN DIEGO CHARGERS

Many projected this Ohio State phenom to be the first overall pick in the draft but he fell to the Chargers who desperately needed defensive help with the third overall pick. Bosa is big, quick and immediately adds both pass rushing pressure and run stopping ability to the Chargers' defense.

RYAN KELLY C INDIANAPOLIS COLTS

The Colts threw a lot of cash at quarterback Andrew Luck in the off-season and turned to the draft to protect him in the future when they selected Alabama center Ryan Kelly with the 18th pick. A three-year starter, Rimington Trophy winner and National Champion at 'Bama, Kelly is a proven talent and is expected to start on opening day.

DEFOREST BUCKNER DE SAN FRANCISCO 49ERS

Chip Kelly, who recruited Buckner at Oregon, has now drafted him with the seventh overall pick. Buckner may or may not start on opening day but is pegged to be part of a rotation of defensive ends challenged with the task of putting pressure on opposing quarterbacks in a tough division. Some NFL scouts felt Buckner was the best defensive player in the draft.