

# Siuslaw Middle School cross country registration has begun

Siuslaw Middle School cross country coach Rachelle Krause-Campbell has announced that the middle school cross country season will begin soon.

"A fun-loving, friendly group of boys and girls have already committed to either returning or being on the

team," said Krause-Campbell, "and we welcome the addition of more."

Siuslaw Middle School cross country is open to all sixth through eighth graders, including home school students. This running sport competes mostly in state parks in various locations, with a focus on natural

surfaces and trails.

"The goal of our team is to make individual improvements while mixing in some fun," Krause-Campbell said.

Practices are a mix of running form practice, core strengthening, running games and endurance training.

The season runs from late

August through late October.

Required practices will begin Monday, Aug. 29, and a schedule will be set soon. Each student must have the following completed at the middle school to be able to participate in those practices:

Sports physical (done with a physician) and online registra-

tion.

The middle school office is ready to help with that process, as well as school registration, from 9 a.m. to noon and 1 to 3 p.m. Monday through Friday.

More information and a tentative schedules will be available there. For more information, call the middle school at

541-997-8241.

For those who haven't participated in this sport before, feel free to email Krause-Campbell at rachellemcampbell@gmail.com to get onto the email list for updates, or call 541-999-8207 and leave contact information.

## No wild Coho season in bays, estuaries this fall

SALEM — As a precautionary measure, ODFW has not proposed any coastal freshwater fisheries on wild Coho this fall due to concerns over poor ocean survival and adequate spawning escapement to coastal rivers this year.

The Fish and Wildlife Commission was scheduled to consider a limited fishery in the Coos, Coquille and

Umpqua rivers and Tenmile Lake at its latest meeting last, but ODFW decided to not move forward with the proposal.

"ODFW had already decided earlier this year to not propose coastal freshwater fisheries on wild Coho on the north and central coast," said ODFW Ocean Salmon Technical Resources Manager Christine

Mallette. "Our decision to also not propose any coastal freshwater fisheries in the Southwest Zone is responsive to concerns that the wild Coho run may be lower than anticipated."

Wild Coho seasons in Siltcoos and Tahkenitch lakes, as well as federally authorized ocean fisheries, are not impacted by this decision.

## Sixth annual Siuslaw Open set for September

This year the grand prize at the Siuslaw Open is a brand new Ford F150 truck. "All that is necessary is to hit a hole-in-one on the designated hole," said David Wiegan, tournament co-chair and former golfer.

"First, get the distance correct, then hit it straight. It's a piece of cake — Well, almost."

Johnston Motors is once again the hole-in-one contest sponsor at the sixth Annual Siuslaw Open.

This year, the event will be held at Ocean Dunes on Saturday, Sept. 10, with registration starting at 9 a.m.

The entry fee is \$89 per player or \$320 per team, and this year there is an early registra-

tion discount.

The fee will be \$79 per player or \$290 per team if received by this Friday, Aug. 26.

Entry forms are available at SOS, 1576 West 12th St., Abel Insurance, Oregon Pacific Bank, the Siuslaw News, and online at [www.florencesos.org](http://www.florencesos.org).

For more information, call 541-997-2816.

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