


SENIOR NEWS

CALENDAR OF EVENTS AUGUST 10 – SEPTEMBER 10

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

 <div>Second Star Festival – Aug. 13-14</div>		<div>10</div> <div>National S'mores Day</div> <div>Toastmasters Tale Spinners 5:30-6:30 p.m. SVFR main station 2625 Highway 101</div>	<div>11</div> <div></div> <div>Florence Chamber Noon Forum 12 p.m. Best Western  Florence Master Recyclers 5:30 p.m. Port of Siuslaw Office  Dunes City Council 7 p.m. Dunes City Hall</div>	<div>12</div> <div></div> <div>Coastal Women Veterans 11:30 a.m. Bridgewater Restaurant  "Three Glassy Ladies" Art Show 3-5 p.m. FRAA Art Center 120 Maple St.  "Grace &amp; Glorie" 7 p.m. Class Act Theatre</div>	<div>13</div> <div></div> <div>Relay For Life 10 a.m.-10 a.m. Sun. Miller Park  Northwest Bronco Roundup Show 10 a.m.-2 p.m. Three Rivers Casino  Community Food Drive 10 a.m.-4 p.m. Florence Bi-Mart  Second Star Festival 10 a.m.-6 p.m. Florence Events Center  2nd Saturday Gallery Tour 3-5 p.m. Various galleries  "Grace &amp; Glorie" 7 p.m. Class Act Theatre</div>	
<div>14</div> <div></div> <div>Relay For Life 10 a.m. (ends) Miller Park  Second Star Festival 10 a.m.-6 p.m. Florence Events Center (FEC)  "Grace &amp; Glorie" 2 p.m. Class Act Theatre</div>	<div>15</div> <div></div> <div>Memory Loss Respite Center every Mon., Wed. &amp; Thurs. 10 a.m.-2 p.m. Senior Center  Florence City Council 6 p.m. City Hall</div>	<div>16</div> <div></div> <div>Lane Community College Open House 10:30 a.m. LCC Florence Center  Us TOO Lunch Bunch 12-1 p.m. Ichiban Restaurant  Bingo every Tues. 3:45 &amp; 5:45 p.m. Florence Elks Lodge  Rhody Society 6:30 p.m. Presbyterian Church</div>	<div>17</div> <div></div> <div>Rep. Peter DeFazio Town Hall 10-11 a.m. Siuslaw Library  Republican Club of Florence 6-8 p.m. Siuslaw Library  Starlight Cabaret – free live music 6:30 p.m. Florence Unitarian Universalist Fellowship  Port of Siuslaw Commission meeting 7 p.m. Port Office</div>	<div>18</div> <div></div> <div>Herb Enthusiasts 11 a.m. New Life Lutheran Church  Health Care Town Hall 12:30-1:30 p.m. FEC  Chamber Business After Hours 5:30-7 p.m. Oregon Coast Military Museum</div>	<div>19</div> <div></div> <div></div>	<div>20</div> <div></div> <div>Florence Coin &amp; Stamp Show 9 a.m.-5 p.m. FEC  Dunes City Community Expo 10 a.m.-3 p.m. Dunes City Hall  WindFest 12-5 p.m. activities 6-9 p.m. concert Port boardwalk  "Booster Barn Bash" Auction &amp; Dinner 4 p.m. King Family Barn 541-520-1255  Smooth Jazz on the Coast 6:30 p.m. Kenneth B Gallery</div>
<div>21</div> <div>Summer Olympic Games End</div> <div>Florence Coin &amp; Stamp Show 9 a.m.-4 p.m. FEC</div>	<div>22</div> <div></div> <div>Memory Loss Respite Center every Mon., Wed. &amp; Thurs. 10 a.m.-2 p.m. Senior Center</div>	<div>23</div> <div></div> <div>Bingo every Tues. 3:45 &amp; 5:45 p.m. Florence Elks Lodge</div>	<div>24</div> <div></div> <div>Toastmasters Tale Spinners 5:30-6:30 p.m. SVFR main station 2625 Highway 101</div>	<div>25</div> <div></div> <div>From the Heart Dentistry 8 a.m.-4 p.m. Korando Dental Clinic  Friends of the Library meeting 11 a.m. Siuslaw Library</div>	<div>26</div> <div>National Dog Day</div> <div></div>	<div>27</div> <div></div> <div>Black &amp; White Free Household Recycling Event 10 a.m.-2 p.m. Siuslaw High School  WindFest 12-5 p.m. activities 6-9 p.m. concert Port boardwalk</div>
<div>28</div> <div></div> <div></div>	<div>29</div> <div></div> <div>Memory Loss Respite Center every Mon., Wed. &amp; Thurs. 10 a.m.-2 p.m. Senior Center</div>	<div>30</div> <div></div> <div>Bingo every Tues. 3:45 &amp; 5:45 p.m. Florence Elks Lodge  Grant Writing Workshop 4 p.m. Siuslaw Library</div>	<div>31</div> <div></div> <div></div>	<div>1</div> <div></div> <div></div>	<div>2</div> <div></div> <div>City Club 12 p.m. Surfside Restaurant at Driftwood Shores  Art Reception for Cat Deuter 3-5 p.m. FEC  Florence First Friday 5-8 p.m. Old Town</div>	<div>3</div> <div></div> <div>Mudmusic Studio Ceramics Sale 10 a.m.-4 p.m. 04899 Heceta Beach Road (look for signs)  WindFest 12-5 p.m. activities 6-9 p.m. concert Port boardwalk</div>
<div>4</div> <div></div> <div></div>	<div>5</div> <div>Labor Day</div> <div>Memory Loss Respite Center every Mon., Wed. &amp; Thurs. 10 a.m.-2 p.m. Senior Center</div>	<div>6</div> <div></div> <div>Bingo every Tues. 3:45 &amp; 5:45 p.m. Florence Elks Lodge</div>	<div>7</div> <div></div> <div></div>	<div>8</div> <div></div> <div>Siuslaw Friendship Club meeting 11 a.m. Ocean Dunes Golf Links  Florence Chamber Noon Forum 12 p.m. Best Western  Free Film Screening: "Just Eat It" 5:30 p.m. Port of Siuslaw Office  Dunes City Council 7 p.m. Dunes City Hall</div>	<div>9</div> <div></div> <div>Citywide Garage Sale All day Various locations</div>	<div>10</div> <div></div> <div>Citywide Garage Sale All day Various locations  Rods 'n' Rhodies 7 a.m.-4 p.m. Old Town  Siuslaw Open Golf Tournament 10 a.m. Ocean Dunes Golf Links  CROW Center for the Performing Arts Grand Opening Celebration 5-9 p.m. 3120 Highway 101  FloTones Concert 7 p.m. FEC</div>



**Terrace Homes**  
2825 Hwy. 101, Florence  
997-3144

**Shorewood Retirement Residences**  
1451 Spruce St.  
541-997-8202

**Spruce Point Assisted Living**  
997-6111

**BRADLEY BERG ATTORNEY PC**  
Specializing in Trusts, Wills & Probate  
1932 Pine St. • Suite B-3, Florence  
541-997-8114

**Krab Kettle**  
280 Hwy. 101, Florence  
541-997-8996

**Best For Hearing**  
997-8866

**Siuslaw News**  
Keeping Seniors Informed  
541-997-3441

ONGOING ACTIVITIES

Health & Nutrition

**Better Breathers Club**—PeaceHealth Peace Harbor Medical Center, Conference Room C, fourth Wednesday, 2 p.m., 541-902-6300 ext. 5635  
**Chair Yoga**—Shorewood Retirement Residences, 9 a.m., every Friday, \$5, 541-997-8202  
**Disabled American Veterans Vans to Roseburg and Portland Medical Centers**—Florence Elks Lodge, 6 a.m., Mondays through Fridays  
**Senior Meals Program**—Senior Center, 11:30 a.m., Monday, Wednesday, Friday, \$3 suggested donation with reservations requested, 541-997-5673  
**Senior Sunday Brunch**—Shorewood Retirement Residences, 11 a.m.-1:30 p.m., every Sunday, \$6, 541-997-8202  
**Singing Pines Café**—Senior Center, 11:30 a.m., Tuesday & Thursday, \$5 with reservations requested, 541-997-8844

Music

**Community Chorus**—Cross Road Church, 10th & Maple streets, 7 to 8:30 p.m., every Monday, Sandy Vaccaro, 970-618-6307  
**Community Concert Band**—Siuslaw High School music room, 6:30 p.m., every Monday, Gail Nichols, 541-999-6907  
**Yachats Big Band**—Yachats Commons, 7 to 9 p.m., first Thursday, \$5 donation with children 12 and younger free, 541-547-4308

Social

**Bible Study**—Shorewood Retirement Residences, 10 a.m., every Monday, with Marty Adams, 541-997-8202  
**Bingo**—Shorewood Retirement Residences, 6:30 p.m. every Wednesday; 9:30 a.m. every Saturday, 541-997-8202  
**Bingo**—Senior Center, 1-4 p.m., every Thursday, 541-997-3945  
**Central Coast Miniatures Club**—Senior Center, 6 p.m., second Thursday  
**Chess Club**—Siuslaw Public Library, 1 p.m., every Sunday; Spruce Point, 6 p.m., every Monday, Fred Catania, 541-997-5216  
**Florence Duplicate Bridge**—St. Andrews Episcopal Church, 12:30 p.m., every Tuesday and Thursday, 541-997-2677  
**Line Dancing**—Senior Center, 1:30-2:30 p.m., Tuesdays, Pat Wheeler, 541-999-0797  
**Masonic Lodge of Florence State Communication**—84910 Highway 101, first Tuesday, family dinner 6:30 p.m., open lodge 7:30 p.m., 541-997-9728  
**Pinochle Group**—Laurelwood Community Center, 1137 Maple St.; every Thursday, 9:30 a.m. Walk-ins welcome  
**Professionally Retired Ornery Single Seniors (PROSS)**—60 years of age and older, Lunches, 12:30 p.m., second and fourth Wednesdays, 541-991-6430  
**PROSS Social**—Senior Center, 5:30 p.m., third Thursdays, 541-991-6430  
**Senior Party Bridge**—Senior Center, 12:30 to 4 p.m., every Wednesday and Friday, 541-997-8827

Support Groups

**Alzheimer's Support Group**—Regency Florence, 1-2 p.m., first and third Wednesdays of each month, Dee Clymer, 541-997-8436  
**Caregiver Support Group**—Spruce Point, 11 a.m., second and fourth Thursdays of each month, 541-997-6111 or 541-997-4866  
**Chronic Pain Group**—Community Baptist Church, 4590 Highway 101, 5-7 p.m., every first and third Tuesday, 541-991-0037  
**Cancer Support Group**—St. Andrews, 3 p.m., every Thursday, 541-997-3418  
**Florence Parkinson's Disease Support Group**— Spruce Point Assisted Living, 375 Ninth St., 1:30 p.m., fourth Wednesday, Carole 805-587-3394  
**Grief and Loss Support Group**—St. Andrews Church, 2 p.m., every Wednesday, 541-997-3418  
**GriefShare Support Group**—Florence Christian Church, 3 p.m., every Thursday, 541-997-2961  
**DivorceCare**—Florence Christian Church, 6:30 p.m., every Friday  
**Memory Loss Respite Center**—Florence Senior Center, 10 a.m. to 2 p.m., every Monday, Wednesday and Thursday, \$10, 541-902-8539  
**Multiple Sclerosis Self-Help Group**—PeaceHealth Peace Harbor Medical Center, Conference Room C, 6 p.m., second Wednesday, 541-902-1565 or 541-902-7683  
**Overeaters Anonymous**—Coast Village Clubhouse, Rose Room, 131 Rhody Loop (enter east side of Coast Village at 27th and Spruce streets and follow signs to clubhouse), 7-8 p.m., every Wednesday, 503-775-6927 or 541-590-0738  
**Siuslaw Diabetic Support Group**—Siuslaw Public Library, Bromley Room, 2 p.m., third Tuesdays, 541-997-1295  
**Support Group for Families, Friends of the Mentally Ill**—Hospital cafeteria, 6:30 p.m., fourth Thursday, 541-902-8308 or 541-997-2026  
**TOPS (Take Off Pounds Sensibly)**—New Life Lutheran Church, every Wednesday, 8-10 a.m., 541-268-4541  
**Us TOO Evening Prostate Cancer Support Group**—5-7 p.m., second Tuesday of every month, Presbyterian Church, Bob at 541-997-6626  
**Us TOO Lunch Bunch Prostate Cancer Support Group**—12-1 p.m., third Tuesday of every month, Ichiban Restaurant, Bob at 541-997-6626  
**Vision Northwest**—Spruce Point, 10 a.m., second Tuesday, 541-902-1426

Veterans

**American Legion Post 59 and American Legion Auxiliary**—Florence Elks Lodge, 1686 12th St., 5 p.m. dinner, 6 p.m. meeting, fourth Tuesday of every month, 541-997-3082  
**Band of Brothers Koffee Klub**—Florence Elks Lodge, 11:30 a.m., every Monday, former military members of all services invited, 541-997-5944  
**Coastal Women Veterans**—place TBA, 11:30 a.m., second Friday, 541-997-4403  
**Disabled American Veterans and Auxiliary**—Disabled American Veterans Building, 2 p.m., first Saturday, 541-997-1562 or 541-997-3720  
**Pointman Veterans Group**—Potter's Tire and Automotive, 7 p.m., every Tuesday, 541-997-2074  
**U.S. Coast Guard Auxiliary**—USCG Siuslaw Station, Coast Guard Road, 7 p.m., second Tuesday, 541-997-2486  
**VEFW**—Florence Elks Lodge, 6 p.m. meeting, second Tuesday, 541-997-5944

Other

**Free Used Clothing**—Better Living Center, 85134 Highway 101, 10 a.m.-5:30 p.m., every Wednesday, 541-997-2137  
**Oregon Dunes Chapter Daughters of the American Revolution**—12:30 p.m., fourth Friday, September-May, contact E. F. Westphal at 541-517-5333  
**Toastmasters Siuslaw Tale Spinners**—SVFR main station, 2625 Highway 101, 5:30-6:30 p.m., second and fourth Wednesday, Irma Geller at 541-999-0912

**For changes to the Senior Calendar, contact Siuslaw News Editor Ryan Cronk at editor@thesiuslawnews.com.**

