

## Unitarians to discuss wellness of the soul

On Sunday, Aug. 7, from 10 to 11 a.m., at the Florence Unitarian Universalist Fellowship, the worship service will be led by the Rev. Dr. Marcia Pearce. The title of her talk will be: "Make It Well With Your Soul."

Augustine is said to have described humans as a union of soul and body. Modern philosophy, however, has removed "soul" from the human make-up.

In major religions, soul traditionally means that part of our being and nature which remains forever unchanged.

Ralph Waldo Emerson saw soul as a power-like-light, which animates our intellect and our will, and is the source of our being.

Pearce speaks of soul as a source of healing, of love and of understanding.

"Well, bless my soul" is a wonderful affirmation," said Pearce.

The UU Fellowship, 87738 Highway 101 at Heceta Beach Road, is wheelchair accessible.

Each service concludes with refreshments and dialogue circle to explore the questions that come up during each service.

For more information, visit [www.florenceuuuf.org](http://www.florenceuuuf.org) or call 541-997-2840.



Peace is so important. Life isn't worth living if you don't have peace.

I know what it's like to live with no peace at all. I grew up in a house that was full of turmoil, and I learned to respond to my frustrations with anger, bitterness and a lot of yelling and screaming. It was just the normal atmosphere that I lived in. But thankfully, God gave me a husband who is extremely peaceful, and that helped me realize what peace is and how I can have it.

There was a time when Dave's peaceful temperament actually aggravated me because I wanted him to get upset when I was upset. At first, I thought it was because

## Peace: The answers to life's frustrations

he just didn't care if I was upset.

But that wasn't the case at all.

He just knew how to cast his care on God (1 Peter 5:7), and his peaceful consistency became an example to me. Dave didn't preach that message to me; he *became* the message.

That's what God wants us to do for other people.

We live in a world that's full of anger, stress and strife. Even though many people have a desperate need for peace, they may not be interested in hearing about God and what He's doing in your life. But you can share Christ with them by maintaining a peaceful attitude week after week, and month after month.

Sometimes it takes years, but God will use you in an

amazing way if you will consistently walk in the fruit of the Spirit.

Peace is not something that comes naturally to people. Sometimes it is downright difficult to stay peaceful, but God is always here to help us.

Jesus said in John 14:27 (AMPC), "Peace I leave with you; My peace I now give and bequeath to you."

Peace is a gift God gives us, and it grows in us just like fruit grows on trees — with time and nurturing. As we work with the Holy Spirit to develop the fruit of peace in our life, He teaches us how to deal with our frustrations in a completely different way. One thing I learned is that it wasn't my circumstances that made me upset, it was how I responded to them.

I remember getting so tired of being upset all the time. Finally, I decided I was going to learn to walk in peace if it was the last thing I ever did.

I started by praying and studying what the Bible says about God's peace. I asked God to show me how the devil stole my peace. Then I started paying attention to how I responded to people and situations and made a real effort to change my behavior.

Sometimes you need to learn what the root of your problem is before you can make any real progress. For example, if I lost my peace every morning, I'd have to stop and ask myself why. It may have been that I didn't spend any time the night before getting prepared for the morning when just taking a few extra minutes to get organized and lay out my clothes would have been an easy fix.

But I realized there was a deeper problem underneath.

God showed me that I had to start taking responsibility for my own happiness, instead of

doing what I had always done before, which was blaming everyone but myself and saying things like: "Well, if you would do this, then I wouldn't get upset" or "If you'd help me more around the house, then I wouldn't have to be late all the time."

In those days, whenever I started to get upset, I could feel the anger bubbling up inside me and my main goal was to stop it before it ever got out of my mouth, because saying what I wanted to say right then would have made the situation 10 times worse.

The bottom line is, if what you're about to do is not peaceful, it's not God's will. More than anything, we need to follow peace.

Colossians 3:15 says, "And let the peace from Christ rule in your hearts."

It takes a lot of growing and maturing to let the Holy Spirit have His way in your heart. But if it's your heart's desire to be more like Christ, He will help you accomplish your goal. And when you've come to a new level of maturity in Christ, that's something the devil cannot take away from you.

While you're praying and waiting for your attitudes to change, and for your circumstances to improve, stand firm in your faith.

No matter how you feel, continue to say, "I'm believing God, and He is working in my life."

God is not nearly as interested in changing our circumstances as He is in changing us.

As a matter of fact, our circumstances are what we must use to practice having a peaceful attitude. When something or someone pushes your buttons today, let God have His way and say, "I refuse to live without peace."

## Spirituali-Tea to discuss 'life's rule book' Monday

On Monday, Aug. 8, at 6:30 p.m., everyone is invited to join a group from varied spiritual paths to discuss the topic: "Does life have a rule book?"

Abdu'l-Baha said: "Religion, moreover, is not a series of beliefs, a set of customs — religion is the teachings of the Lord God, teachings which constitute the very life of humankind, which urge high thoughts upon the mind, refine the character and lay the groundwork for man's

everlasting honor." The main goal of the Baha'i Faith centers on the peaceful unification of the entire human race.

The gathering will end at 8 p.m., with prayers for the requests left in the Prayer Pole in the garden of the Florence Playhouse, and those shared by the group.

The Heintz home is at 875 Seventh St. For more information, call Suzanne Mann-Heintz at 541-590-0779.

## Florence Christian starts Vacation Bible School Aug. 8

Florence Christian Church, at Second and Ivy streets, invites children ages 4 years old through fifth grade to Cave Quest Vacation Bible School. VBS runs from Monday, Aug. 8, to Friday, Aug. 12, from 9 a.m. to noon each day.

Youth will participate in memorable Bible adventures,

games, treats and hands-on science fun.

They will also be challenged to collect pocket change to help support the local Backpacks for Kids program in Florence.

To register, call the church office at 541-997-2961 or visit [www.florencechurch.com](http://www.florencechurch.com).

## Starlight Cabaret to host Stella Blue music Wednesday

Musician Stella Blue will perform at the Starlight Cabaret Wednesday, Aug. 17.

Music begins at 6:30 p.m. at Florence Unitarian Universalist Fellowship, at Highway 101 and Heceta Beach Road.

Blue has been performing music on the West Coast for more than 30 years. In addition to performing at clubs and restaurants in the Northwest, summer finds her playing for

the crowds and vendors at craft and farmers markets and festivals. She plays a wide variety of music from her song list of 400 songs for all ages and musical tastes.

Tea and coffee will be provided, or guests over age 21 can "BYOB." Healthy finger foods are welcome.

The event is free to the public, but donations will be accepted.

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**Watch**  
"In Search of the Lord's Way"  
Sunday, 7:30 AM  
KMTR Channel 12

Then visit the  
**Florence church of Christ**  
1833 Tamarack  
Florence, Oregon

and experience the joy and simplicity of  
pre-denominational New Testament Worship. (Romans 16:16)

Bible Study: Sunday, 10:00 am  
Worship: Sunday, 11:00 am

[www.churchofchristflorence.org](http://www.churchofchristflorence.org)

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4 lines, approx 15 words, \$10 a week  
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To be included in this directory contact  
the Siuslaw News at 997-3441, or drop off  
information at 148 Maple St., Old Town, Florence.

## JOIN US IN WORSHIP

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**COMMUNITY BAPTIST CHURCH**  
4590 Hwy. 101, Across from Fred Meyer — 997-7418  
Sunday School, 9:30a.m. – Worship, 10:45  
Wed. Prayer - 6:00 p.m. –Wed. Ministries 1-8 Grade 7 p.m.

**CROSS ROAD ASSEMBLY OF GOD**  
Corner of 10th & Maple — 997-3533  
Bible Study at 9:00 A.M.  
Services: Worship, 10:30 A.M.  
[florencecrossroad.org](http://florencecrossroad.org) • [office@florencecrossroad.org](mailto:office@florencecrossroad.org)

**FIRST BAPTIST CHURCH - SBC**  
1935 25th St. – 997-7660 • Pastor, Dr. Marvin Owen  
Series "People of the Bible." on Wednesdays 6 p.m.  
A friendly place to worship, vacationers welcome.  
Sun.: 11am & 6pm, Sunday school 9:45am.

**FLORENCE CHRISTIAN CHURCH**  
2nd & Ivy – 997-2961 –Non-Denominational  
Worship Service: 9:00 am & 10:30 am  
Middle School and High School youth groups meet on Wednesday.

**FLORENCE CHURCH OF CHRIST**  
Pre-Denominational (Romans 16:16)  
1833 Tamarack Street (2 blocks east of Hwy. 101 on 18th St.)  
Bible Study: Sunday 10 a.m.; Worship: Sunday 11 a.m.  
[www.churchofchristflorence.org](http://www.churchofchristflorence.org)

**FLORENCE CHURCH OF THE NAZARENE**  
12th and Nopal –997-9020  
Worship Service 10:30 a.m.  
10 am Wed., Women's Bible Study  
Saturdays, Mens' Breakfast  
Online Worship Service@ [www.florencenaz.com](http://www.florencenaz.com)

**FLORENCE EVANGELICAL CHURCH**  
1318 Rhododendron Dr. – 997-2523 – Worship at 11:00 AM — Sunday School at 9:30 AM – Variety of Sunday evening activities - 5 PM  
Wed. Bible & Children classes at 6:00 PM  
Call for details.

**FLORENCE SEVENTH-DAY ADVENTIST**  
4445 Hwy 101 (South of Fred Meyer) – 997-3951  
Worship on Saturday 10:30 A.M.  
Adult/Children's Sabbath School 9:15 A.M.

**FLORENCE UNITARIAN UNIVERSALIST FELLOWSHIP**  
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Website: [florence4square.com](http://florence4square.com)

**FLORENCE VINEYARD (GOD'S POWER HOUSE)**  
2610 Kingwood, Florence • 541-268-2025  
Sunday Worship @ 10:00 a.m., experience the Power of the Holy Spirit  
Pastors: George & Beverly Sisemore  
Intercessory Prayer & Worship, Thursday night @ 5:00 pm  
[florencevineyardchurch.com](http://florencevineyardchurch.com)

**NEW LIFE CHURCH-UPC**  
1424 15th Street •541-991-9398  
Sunday Services: 10am and 6pm  
Tues. Bible Study 7:00pm

**NEW LIFE LUTHERAN CHURCH, E.L.C.A.**  
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Pastor Lori Blake  
[www.lutheranchurchflorence.com](http://www.lutheranchurchflorence.com)

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