EMERALDS TO HOST MILITARY APPRECIATION, GOOD KARMA DAYS

EUGENE — The Eugene Emeralds are looking to close out their five game home stand against the Vancouver Canadians with a strong showing on and off the field.

The promotions include Military Appreciation and another Good Karma Monday.

On Aug. 7, the Emeralds will salute the women and men who risk their lives for our country with a special female edition of Military Appreciation Night.

In a field dominated by men, the Ems are taking the time to

give special recognition to the women who serve from the Eugene and Springfield area.

To add to the night, the Ems will be having a military jersey auction, where fans will be able to come out and bid on their chance of walking away with a

Military appreciation is presented by Original Roadhouse Grill and the City of Springfield.

Come out and support veterans and enjoy America's pastime all in one night.

The Emeralds' Kendall Community Spotlight for the night will be American Hero Adventures, an organization that strives to "Provide our nation's finest and their loved ones with adventures of a lifetime."

AHA accomplishes this by providing stress free, stress relieving and bonding activities to combat-wounded or dutyinjured veterans and their fami-

It's the intent of American Hero Adventures to provide wounded heroes and their families the opportunity to experience these adventures together and create lasting memories that can be passed down through generations.

The Emeralds will be rounding out the home stand on Monday, Aug. 8, with another Good Karma Monday, presented by Northwest Community Credit Union.

Come to the Toyota Ticket Office on game day and decide the price of your ticket. Part of the proceeds goes to the March

of Dimes Foundation.

Each year, 380,000 babies are born too early in the United States; premature birth is the leading cause of newborn death.

March of Dimes is working reduce this number.

Help in the fight against premature birth through March of Dimes-funded research and education programs.

Stop by the March of Dimes table to find out how to help here in Lane County.

March of Dimes gives every

baby a fighting chance.

The Eugene Emeralds are the short-season Class A team of the Chicago Cubs. In 2015, six of the top 30 Cubs prospects spent time in Eugene including Ian Happ, Donnie Dewees and Eloy Jimenez.

With 61 years of history in Eugene, the Emeralds are the longest tenured and only founding member remaining in the Northwest League.

For more information, visit www.EmeraldsBaseball.com or call the office at 541-342-5367.

New high school baseball rules adopted by national federation

INDIANAPOLIS, Ind. — High school baseball rules will now require a pitching restriction policy based on the number of pitches thrown in a game.

The revised pitching policy in Rule 6-2-6 was one of six rules changes approved by the National Federation of State High School Associations (NFHS) Baseball Rules Committee at its June 5-7 meeting in Indianapolis.

The rules changes were subsequently approved by the NFHS Board of Directors.

Each NFHS member state association will be required to develop its own pitching restriction policy based on the number of pitches thrown during a game to afford pitchers a required rest period between pitching appearances.

"We're pleased that the rules committee worked in conjunction with the NFHS Sports Medicine Advisory Committee to find an acceptable and reasonable modification to this rule in order to emphasis the risk that occurs when pitchers overuse their throwing arm,"

said Elliot Hopkins, NFHS director of sports and student services and staff liaison for baseball.

The Baseball Rules Committee also revised Rule 2-32-2 regarding sliding into home plate. The revised language states: "At home plate, it is permissible for the slider's momentum to carry him through the plate in the baseline extended."

The committee altered this rule since the physical design of home plate makes it difficult for a runner to break momentum on a slide, as opposed to the other three bases, which are

The committee also revised Rule 3-3-1, which states the umpire has the ability to give three warnings to a coach or player before he or she is removed from the game.

"Officials now have the opportunity to provide a tiered warning system for coaches or players," Hopkins said. "It provides the coaches or players with a teachable moment to change their unsportsmanlike behavior in order to stay in the

A new article 6 was added to Rule 8-3 to provide a rules reference for an existing ruling in the Baseball Case Book. The new article reads: "When a plate umpire hinders, impedes or prevents a catcher's throw attempting to prevent a stolen base or retire a runner on a pickoff play, if an out is not made at the end of the catcher's initial throw, the ball shall be dead and all runners shall return to the bases occupied at the time of the interference."

The rules committee also

approved an addition to Rule 8-4-2, which states that any runner is out when he is physically assisted by a coach. This rule change supports a revision in Rule 3-2-2 Penalty, which states that the runner shall be called out immediately when he is physically assisted by a coach.

A complete listing of the baseball rules changes will be available on the NFHS website at www.nfhs.org. Click on "Activities & Sports" at the top of the home page, and select "Baseball."

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