

Boys and Girls Club fall sports registration underway

Boys and Girls Club of Western Lane County fall sports registration began Monday, July 18.

Registration paperwork is available at the administrative office, 1501 Airport Road.

Early Bird pricing, available until July 29, is:

- Volleyball \$40
- Cheer squad \$40
- Flag football \$40

• Fifth- and sixth-grade tackle football \$85.

Prices increase by \$15 per sport after July 29.

The above prices do not include the jersey/uniform fee; each sport has a separate fee for uniforms.

For more information, call the administrative office at 541-902-0304.

All athletes must be registered members of Boys and Girls Club, and pay the annual \$25 membership fee.

Financial scholarships are available. Scholarship applications must be turned in no later than two weeks prior to the start of practices.

For those interested in being a coach or referee, the first child of an eligible coach is free — and each additional child is \$25 for the sport you are coaching.

Anyone interested in sponsoring a team or sport can contact the office to find out how.

Current sponsors include Tony's Garage, Goodman's Floor Covering and Hunt Family Dentistry.

Coast Guard Aux. offering boating safety class

Ever wonder what to do if you are on a leisurely boat ride and the captain or boat owner has a heart attack or falls overboard?

The U.S. Coast Guard Auxiliary can help answer that question with its upcoming boating safety class, Suddenly in Command.

Suddenly in Command is a free, three-hour class offered to assist boat occupants who are not normally at the helm

(including spouses, children or others aboard) who may find themselves suddenly in command if the operator becomes ill, gets injured, falls overboard or has to attend to some other emergency and is unable to operate the vessel.

The purpose of this short course is to familiarize the student with essential safety information so they can assess and stabilize the situation, operate the vessel and summon any

required assistance.

Participants will learn about their vessel, including nomenclature and basic operating principles as simple as starting the engine.

Also included are descriptions of what causes boating mishaps, how to minimize them and what equipment should be on board.

Misfortune occurs in seconds and preparation is key to reduce dangerous risks.

For anyone who would like to sign up for this free class, seating is limited.

Suddenly in Command will be held Saturday, July 30, from 9 a.m. to noon, at the Port of Siuslaw office, 100 Harbor St., in Old Town Florence.

Pre-registration is required. To register, contact Jonathan Yoder, U.S. Coast Guard Auxiliary, at 541-991-1181.

Newport Parks, Rec to host youth basketball clinics

Registration is almost over for the 2016 youth basketball clinic and camp being offered by Newport's Parks and Recreation Department.

Basketball programs will run through the month of August at the Newport Recreation Center. The Summer Basketball Camp will be run by Coach Doug Sain and his Newport High School staff and players.

The aim of the camp is to teach players the fundamentals

skills of shooting, ball handling, defense and coordination through drills and game situations.

The camp will be held Aug. 22 to 26 at the Newport Recreation Center.

Youth ages 5 through 9 will be from 9 a.m. to 11:30 a.m.; ages 10 through 14 will be from 2 to 3:30 p.m. The camp fee is \$50 per child and includes a T-shirt.

Registration deadline is

Saturday, Aug. 20.

There will also be a British Basketball Clinic Aug 8-10 at the Newport Recreation Center.

British development coach Steve Pearl will travel to the Central Coast to run a clinic for ages 5 through 14.

Coach Pearl will bring his girl players with him to act as assistant coaches. Pearl's teams are having an outstanding season in the English National League. They are unbeaten in

their respective conferences and competing competitively on England's national stage.

Youth ages 5 through 9 will be from 9 to 11 a.m., and ages 10 through 14 will be from 2 to 4 p.m.

The camp fee is \$30 per child. Registration deadline is Aug. 6.

For more information, contact the Recreation Center at 541-265-7783 or visit www.newportoregon.gov.

High school baseball adopts new nationwide rules for 2017

High school baseball rules will now require a pitching restriction policy based on the number of pitches thrown in a game.

The revised pitching policy in Rule 6-2-6 was one of six rules changes approved by the National Federation of State High School Associations (NFHS) Baseball Rules Committee at its June 5-7 meeting in Indianapolis.

The rules changes were subsequently approved by the NFHS Board of Directors.

Each NFHS member state association will be required to develop its own pitching restriction policy based on the number of pitches thrown during a game to afford pitchers a required rest period between pitching appearances.

"We're pleased that the rules committee worked in conjunction with the NFHS Sports

Medicine Advisory Committee to find an acceptable and reasonable modification to this rule in order to emphasize the risk that occurs when pitchers overuse their throwing arm," said Elliot Hopkins, NFHS director of sports and student services and staff liaison for baseball.

The Baseball Rules Committee also revised Rule 2-32-2 regarding sliding into home plate. The revised language states: "At home plate, it is permissible for the slider's momentum to carry him through the plate in the baseline extended."

The committee altered this rule since the physical design of home plate makes it difficult for a runner to break momentum on a slide, as opposed to the other three bases, which are elevated.

The committee also revised

Rule 3-3-1, which states the umpire has the ability to give three warnings to a coach or player before he or she is removed from the game.

"Officials now have the opportunity to provide a tiered warning system for coaches or players," Hopkins said. "It provides the coaches or players with a teachable moment to change their unsportsmanlike behavior in order to stay in the game."

A new article 6 was added to Rule 8-3 to provide a rules reference for an existing ruling in the Baseball Case Book. The new article reads: "When a plate umpire hinders, impedes or prevents a catcher's throw attempting to prevent a stolen base or retire a runner on a pickoff play, if an out is not made at the end of the catcher's initial throw, the ball shall be dead and all runners shall

return to the bases occupied at the time of the interference."

The rules committee also approved an addition to Rule 8-4-2, which states that any runner is out when he is physically assisted by a coach. This rule change supports a revision in Rule 3-2-2 Penalty, which states that the runner shall be called out immediately when he is physically assisted by a coach.

A complete listing of the baseball rules changes will be available on the NFHS website at www.nfhs.org. Click on "Activities & Sports" at the top of the home page, and select "Baseball."

According to the 2015-16 NFHS High School Athletics Participation Survey, there are 486,567 boys participating in baseball at 15,899 schools across the country.

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Siuslaw News Garage Sale GUIDE

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Sat 7/23
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6291 Skunk Hollow Rd
Multi-family, cookie jars, lots of stuff.

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8am-?

83592 Erhart Rd
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