

Cyclists from 1B

Every year, there is a competition at the University of Texas to get into this fabled program. Some of the requirements are a passion to fight cancer and a commitment to undergo a grueling 18-month training program.

It is not just bicycling experience; many have never done any long distance cycling. Some who were chosen have had cancer themselves, in remission for the ride.

The program emphasizes fitness, self-awareness, commu-

nication, resiliency, planning skills, leadership skills and, above all, vision and action to implement the vision.

On the morning of July 16 the group and hosts and Florence people held hands with the young cyclists, saying prayers, recounting experiences, and most of all sharing a message of love and hope.

—Contributed by Bob DuBose

Members of the Texas 4000 and St. Andrew's gather in a prayer circle before last Saturday's departure.



COURTESY PHOTO

Fishing from 1B

Fishing for the various warm water fish species is good this time of year as fish move to the shallows for spawning. There are numerous lakes in the Florence area that can provide good opportunity.

SIUSLAW RIVER: Cutthroat

For cutthroat trout, casting small spinners, spoons or fly fishing streamers or dry flies can be very effective. Angling for all species in streams above tidewater is restricted to artificial flies and lures until Sept. 1. Casting small spinners, spoons or fly fishing streamers or dry flies can be very effective.

ALSEA RIVER: Cutthroat

The Alsea River is open for cutthroat trout, casting small spinners, spoons or fly fishing streamers or dry flies can be very effective. Bait is not allowed above the head of tide until Sept. 1.

SILETZ RIVER: Steelhead, cutthroat

Steelhead fishing is fair. This run typically peaks by early July. Casting spinners, drifting bait or using a bobber and jig can be effective. Cover water and fish small and simple as the river conditions are low and clear. For cutthroat trout, casting small spinners, spoons or fly fishing streamers or dry flies can be very effective.

WILSON RIVER: Steelhead, Chinook, cutthroat

Fishing for steelhead and spring Chinook is slow. The water is low and clear, so use lighter gear and target the deeper holding areas. Trout angling should be fair.

YAQUINA RIVER: Cutthroat

For cutthroat trout casting small spinners, spoons or fly fishing streamers or dry flies can be very effective. Angling for all species in streams above tidewater is restricted to artificial flies and lures until Sept. 1.

COOS COUNTY LAKES AND PONDS: Trout, warmwater fish

There are trout available for kids in the Millicoma Pond at

the Millicoma Interpretive Center and fishing is excellent.

Millicoma Pond is set aside for kids fishing only and is a great chance for them to hook into fish. Call before traveling to Millicoma Pond to make sure the gates are open. The phone number is 541-267-2557.

Fishing for largemouth bass is best in mornings and late evenings. Bass will be found in a little deeper water associated with cover, like weedlines or other structure.

Bluegill fishing is picking up with many fish found in or near shallow water. Plastic worms, shallow crankbaits, topwater lures, and spinner baits are good to use for bass. Bluegills will bite on worms, small jigs, or flies.

UMPQUA RIVER, SOUTH: Bass

Trout fishing is catch-and-release only in the South Umpqua and tributaries. Bass fishing should be good with warmer water temperatures.

TENMILE BASIN: Trout, bass, yellow perch

Trout fishing has been slow in Tenmile Lakes due to warm water. Trout anglers should fish in the deep water and fishing is usually best in the mornings.

Largemouth bass fishing has been good over the past month. Anglers are catching bass near structure or on the deep end of the weed lines using spinner baits, jigs, or rubber worms. Top water lures have been effective in the early mornings or evenings.

Fishing for yellow perch has been slow in Tenmile Lakes. Anglers fishing along the edge of the weedlines are having the best success. Worms fished near the lake bottom work very well for catching yellow perch.

The water level in the lakes is very low so boat anglers should use caution.

COOS RIVER BASIN: Dungeness crab, bay clams, rockfish

Angling is restricted to artificial flies and lures in streams above tidewater.

Anglers have been catching a few rockfish along the jetties

and submerged rock piles. The marine fish daily bag limit for bottom fish (rockfish) is seven fish and a separate daily limit for lingcod (2). Anglers can only keep three blue rockfish and 1 canary rockfish as part of their daily limit and there will be no harvest of China, quillback, or copper rockfish. Retention of 1 cabezon per day is allowed.

Crabbing has been decent for those crabbing from a boat with the best crabbing near high tide. There has been a mixture of hard shell and soft shell crab in the catch. It is still recommended you discard the crab viscera (guts/butter) before cooking.

Recreational harvest of bay clams remains open along the entire Oregon coast. Clamming is excellent during low tides near Charleston, off Cape Arago Highway, and Clam Island. There are also good places to dig clams even on positive low tides in Coos Bay.

NOTE: Recreational harvest of razor clams is closed from the north jetty of the Siuslaw River south to the California border due to elevated levels of domoic acid. This includes all beaches and all bays.

Before any shellfish harvest trip, make sure to check the Oregon Department of Agriculture website for any updates.

WINCHESTER BAY: Bottomfish, perch

Fishing for bottom fish in the Triangle and South jetty has been successful.

PACIFIC OCEAN AND BEACHES: Bottomfish, Dungeness crab, surf perch, salmon, halibut

Recreational harvest of crab is open along the entire Oregon Coast. It is still recommended you discard the crab viscera (guts/butter) before cooking.

Razor clamming is closed south of the north jetty of the Siuslaw River.

Anglers fishing the beaches from Coos Bay to Bandon have been catching redbait surf perch.

Sand shrimp or Berkley Gulp sand worms have been working the best for bait. Surf

perch fishing is usually best on the incoming tide.

Recreational ocean salmon fishing from Cape Falcon to Humbug Mt. is open for all salmon except coho salmon.

Anglers are allowed two salmon per day with a minimum size for Chinook at 24 inches or larger. The selective coho (fin-clipped) season opened on June 25 with a quota of 26,000 coho.

Fishing for salmon in the ocean has been very slow. As of July 3, 99 percent of the selective coho quota remains.

Anglers have been catching tuna about 20-30 miles west of Coos Bay.

The Nearshore Halibut season is open seven days a week from Cape Falcon to Humbug Mt. As of July 3, 67 percent of the nearshore quota remains.

Fishing for bottom fish is now closed outside of a line approximating the 30-fathom curve.

Fishing for black rockfish has been good from Coos Bay south to Bandon. Fishing for ling cod has been decent. The marine fish daily bag limit is seven fish and a separate daily limit for lingcod (2). Anglers can only keep 3 blue rockfish and 1 canary rockfish as part of their daily limit and there will be no harvest of China, quillback, or copper rockfish.

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Oktoberfest

October 1st

Think robust laughter, great food, stout bier, wonderful music, fabulous dancing, fun games, exciting raffles and of course, a wiener dog race. What a day, welcome to Oktoberfest.



5th Annual



The Good Life Health & Senior Expo
Thursday October 27, 2016
10am-3pm
Florence Events Center

GOOD LIFE HEALTH & SENIOR EXPO

October 27th

Hundreds of Florence residents are embarking on an exciting new phase of their life! Men and women fifty and older are looking for information on everything from retirement benefits to recreational opportunities, health concerns to housing options. Free health screenings and accessing investment guidance, travel news, retirement choices and attend a variety of educational seminars for free.

240 HOURS PREPAREDNESS EXPO 2016

November 5th

For years you've heard that you need to plan in the event of a natural disaster and for years you've said, "I'll get to it someday." Maybe you don't know where to start or what you need to be prepared? This FREE event will feature interactive vendor booths, demonstrations and seminars to help you better assist your family and the community in the event of a natural disaster.

OREGON COAST

240 HOURS

BE READY IN 2016

Increase your company's exposure and save time by meeting your target market in one place. For more information on becoming a vendor at one of these upcoming events please contact Jenna Bartlett, 541-902-3524 or jbartlett@thesiuslawnews.com

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