

# SENIOR NEWS

# CALENDAR OF EVENTS JULY 13 – AUGUST 13

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY



<p><b>13</b></p> <p>Friends of Poetry every Wed. 3-5 p.m. The Shorewood</p> <p>Toastmasters Tale Spinners 5:30-6:30 p.m. SVFR main station 2625 Highway 101</p>	<p><b>14</b></p> <p>Florence Chamber Noon Forum 12 p.m. Best Western</p> <p>Starlight Cabaret – free live music 6 p.m. Florence Unitarian Universalist Fellowship</p>	<p><b>15</b></p>	<p><b>16</b></p> <p>Power of Florence All day Various locations</p> <p>Senior Center Garage Sale 8 a.m.-4 p.m. 1570 Kingwood St.</p> <p>CROW Car Wash 10 a.m.-2 p.m. OPB parking lot</p> <p>Free Health Screenings by Lions Club 10 a.m.-2 p.m. City Lights Cinemas</p> <p>Van Fans Ice Cream Social fundraiser 1-4 p.m. Florence Events Center (FEC)</p>			
<p><b>17</b></p> <p>KXCR presents Chris Chandler 7 p.m. Siuslaw Library</p>	<p><b>18</b></p> <p>Memory Loss Respite Center every Mon., Wed. &amp; Thurs. 10 a.m.-2 p.m. Senior Center</p> <p>Lane Blood Center Blood Drive 11:30 a.m.-5:30 p.m. FEC</p>	<p><b>19</b></p> <p>Us TOO Lunch Bunch 12-1 p.m. Ichiban Restaurant &amp; Thurs. "Feed Your Mind" – free food &amp; games 12-3 p.m. Siuslaw Library</p> <p>Bingo every Tues. 3:45 &amp; 5:45 p.m. Florence Elks Lodge</p> <p>"Fusion Folk Americana" concert 6 p.m. Siuslaw Library</p> <p>Rhody Society 6:30 p.m. Presbyterian Church</p>	<p><b>20</b></p> <p>Siuslaw Fiber Arts Guild 10 a.m.-12 p.m. Siuslaw Library</p> <p>Library Board meeting 1:30 p.m. Siuslaw Library</p> <p>Friends of Poetry every Wed. 3-5 p.m. The Shorewood</p> <p>Port of Siuslaw Commission meeting 7 p.m. Port Office</p>	<p><b>21</b></p> <p>Herb Enthusiasts 11 a.m. New Life Lutheran Church</p> <p>Linda K. Richison book signing 2-4 p.m. Books 'n' Bears</p>	<p><b>22</b></p> <p>Freaktacular Fantasy Camp Showcase 3 p.m. CROW Center for the Performing Arts 3120 Highway 101</p>	<p><b>23</b></p> <p>WindFest every Sat. 12-5 p.m. activities 6-9 p.m. concert Port boardwalk</p> <p>"Wheel of Fortune" auditions 1-5 p.m. Three Rivers Casino Resort</p> <p>234th Army Band Concert 2-4 p.m. FEC</p>
<p><b>24</b> Parent's Day</p> <p>"Wheel of Fortune" auditions 1-5 p.m. Three Rivers Casino Resort</p>	<p><b>25</b></p> <p>Memory Loss Respite Center every Mon., Wed. &amp; Thurs. 10 a.m.-2 p.m. Senior Center</p>	<p><b>26</b></p> <p>Bingo every Tues. 3:45 &amp; 5:45 p.m. Florence Elks Lodge</p>	<p><b>27</b></p> <p>Friends of Poetry every Wed. 3-5 p.m. The Shorewood</p> <p>Toastmasters Tale Spinners 5:30-6:30 p.m. SVFR main station 2625 Highway 101</p>	<p><b>28</b></p> <p>Friends of the Library meeting 11 a.m. Siuslaw Library</p>	<p><b>29</b></p>	<p><b>30</b></p> <p>Cavy Show 9 a.m.-4 p.m. FEC</p> <p>WindFest every Sat. 12-5 p.m. activities 6-9 p.m. concert Port boardwalk</p> <p>Artist Q&amp;A with Tamarah Phillips 1-2 p.m. Kenneth B Art Studios</p>
<p><b>31</b></p>	<p><b>1</b></p> <p>Memory Loss Respite Center every Mon., Wed. &amp; Thurs. 10 a.m.-2 p.m. Senior Center</p> <p>Florence City Council 6 p.m. City Hall</p>	<p><b>2</b></p> <p>Bingo every Tues. 3:45 &amp; 5:45 p.m. Florence Elks Lodge</p>	<p><b>3</b></p> <p>Florence Area Community Coalition meeting 9-10:30 a.m. Siuslaw Library</p> <p>Friends of Poetry every Wed. 3-5 p.m. The Shorewood</p>	<p><b>4</b> U.S. Coast Guard Day</p>	<p><b>5</b> Summer Olympic Games Begin</p> <p>City Club 12 p.m. Surfside Restaurant at Driftwood Shores</p> <p>Technical Theater Camp Showcase 3 p.m. CROW Center for the Performing Arts 3120 Highway 101</p> <p>Florence First Friday 5-8 p.m. Old Town</p>	<p><b>6</b></p> <p>WindFest every Sat. 12-5 p.m. activities 6-9 p.m. concert Port boardwalk</p>
<p><b>7</b> Friendship Day</p>	<p><b>8</b></p> <p>Memory Loss Respite Center every Mon., Wed. &amp; Thurs. 10 a.m.-2 p.m. Senior Center</p>	<p><b>9</b></p> <p>Bingo every Tues. 3:45 &amp; 5:45 p.m. Florence Elks Lodge</p> <p>Us Too Evening 5-7 p.m. Presbyterian Church</p>	<p><b>10</b></p> <p>Friends of Poetry every Wed. 3-5 p.m. The Shorewood</p> <p>Toastmasters Tale Spinners 5:30-6:30 p.m. SVFR main station 2625 Highway 101</p>	<p><b>11</b></p> <p>Florence Chamber Noon Forum 12 p.m. Best Western</p>	<p><b>12</b></p>	<p><b>13</b></p> <p>Relay For Life 10 a.m. Miller Park</p> <p>Northwest Bronco Roundup Show 10 a.m.-2 p.m. Three Rivers Casino Resort</p> <p>Community Food Drive 10 a.m.-4 p.m. Florence Bi-Mart</p> <p>Second Star Festival 10 a.m.-6 p.m., FEC</p> <p>2nd Saturday Gallery Tour 3-5 p.m. Various galleries</p>

## ONGOING ACTIVITIES

### Health & Nutrition

**Better Breathers Club**—PeaceHealth Peace Harbor Medical Center, Conference Room C, fourth Wednesday, 2 p.m., 541-902-6300 ext. 5635

**Chair Yoga**—Shorewood Retirement Residences, 9 a.m., every Friday, \$5, 541-997-8202

**Disabled American Veterans Vans to Roseburg and Portland Medical Centers**—Florence Elks Lodge, 6 a.m., Mondays through Fridays

**Senior Meals Program**—Senior Center, 11:30 a.m., Monday, Wednesday, Friday, \$3 suggested donation with reservations requested, 541-997-5673

**Senior Sunday Brunch**—Shorewood Retirement Residences, 11 a.m.-1:30 p.m., every Sunday, \$6, 541-997-8202

**Singing Pines Café**—Senior Center, 11:30 a.m., Tuesday & Thursday, \$5 with reservations requested, 541-997-8844

### Music

**Community Chorus**—Cross Road Church, 10th & Maple streets, 7 to 8:30 p.m., every Monday, Sandy Vaccaro, 970-618-6307

**Community Concert Band**—Siuslaw High School music room, 6:30 p.m., every Monday, Gail Nichols, 541-999-6907

**Yachats Big Band**—Yachats Commons, 7 to 9 p.m., first Thursday, \$5 donation with children 12 and younger free, 541-547-4308

### Social

**Bible Study**—Shorewood Retirement Residences, 10 a.m., every Monday, with Marty Adams, 541-997-8202

**Bingo**—Shorewood Retirement Residences, 6:30 p.m. every Wednesday; 9:30 a.m. every Saturday, 541-997-8202

**Bingo**—Senior Center, 1-4 p.m., every Thursday, 541-997-3945

**Central Coast Miniatures Club**—Senior Center, 6 p.m., second Thursday

**Chess Club**—Siuslaw Public Library, 1 p.m., every Sunday; Spruce Point, 6 p.m., every Monday, Fred Catania, 541-997-5216

**Florence Duplicate Bridge**—St. Andrews Episcopal Church, 12:30 p.m., every Tuesday and Thursday, 541-997-2677

**Line Dancing**—Senior Center, 1:30-2:30 p.m., Tuesdays, Pat Wheeler, 541-999-0797

**Masonic Lodge of Florence State Communication**—84910 Highway 101, first Tuesday, family dinner 6:30 p.m., open lodge 7:30 p.m., 541-997-9728

**Pinochle Group**—Laurelwood Community Center, 1137 Maple St.; every Thursday, 9:30 a.m. Walk-ins welcome

**Professionally Retired Ornerly Single Seniors (PROSS)**—60 years of age and older, Lunches, 12:30 p.m., second and fourth Wednesdays, 541-991-6430

**PROSS Social**—Senior Center, 5:30 p.m., third Thursdays, 541-991-6430

**Senior Party Bridge**—Senior Center, 12:30 to 4 p.m., every Wednesday and Friday, 541-997-8827

### Support Groups

**Alzheimer's Support Group**—Regency Florence, 1-2 p.m., first and third Wednesdays of each month, Dee Clymer, 541-997-8436

**Caregiver Support Group**—Spruce Point, 11 a.m., second and fourth Thursdays of each month, 541-997-6111 or 541-997-4866

**Chronic Pain Group**—Community Baptist Church, 4590 Highway 101, 5-7 p.m., every first and third Tuesday, 541-991-0037

**Cancer Support Group**—St. Andrews, 3 p.m., every Thursday, 541-997-3418

**Florence Parkinson's Disease Support Group**—Spruce Point Assisted Living, 375 Ninth St., 1:30 p.m., fourth Wednesday, Carole 805-587-3394

**Grief and Loss Support Group**—St. Andrews Church, 2 p.m., every Wednesday, 541-997-3418

**GriefShare Support Group**—Florence Christian Church, 3 p.m., every Thursday, 541-997-2961

**DivorceCare**—Florence Christian Church, 6:30 p.m., every Friday

**Memory Loss Respite Center**—Florence Senior Center, 10 a.m. to 2 p.m., every Monday, Wednesday and Thursday, \$10, 541-902-8539

**Multiple Sclerosis Self-Help Group**—PeaceHealth Peace Harbor Medical Center, Conference Room C, 6 p.m., second Wednesday, 541-902-1565 or 541-902-7683

**Overeaters Anonymous**—Coast Village Clubhouse, Rose Room, 131 Rhody Loop (enter east side of Coast Village at 27th and Spruce streets and follow signs to clubhouse), 7-8 p.m., every Wednesday, 503-775-6927 or 541-590-0738

**Siuslaw Diabetic Support Group**—Siuslaw Public Library, Bromley Room, 2 p.m., third Tuesdays, 541-997-1295

**Support Group for Families, Friends of the Mentally III**—Hospital cafeteria, 6:30 p.m., fourth Thursday, 541-902-8308 or 541-997-2026

**TOPS (Take Off Pounds Sensibly)**—New Life Lutheran Church, every Wednesday, 8-10 a.m., 541-268-4541

**Us TOO Evening Prostate Cancer Support Group**—5-7 p.m., second Tuesday of every month, Presbyterian Church, Bob at 541-997-6626

**Us TOO Lunch Bunch Prostate Cancer Support Group**—12-1 p.m., third Tuesday of every month, Ichiban Restaurant, Bob at 541-997-6626

**Vision Northwest**—Spruce Point, 10 a.m., second Tuesday, 541-902-1426

### Veterans

**American Legion Post 59 and American Legion Auxiliary**—Florence Elks Lodge, 1686 12th St., 5 p.m. dinner, 6 p.m. meeting, fourth Tuesday of every month, 541-997-3082

**Band of Brothers Koffee Klub**—Florence Elks Lodge, 11:30 a.m., every Monday, former military members of all services invited, 541-997-5944

**Coastal Women Veterans**—place TBA, 11:30 a.m., second Friday, 541-997-4403

**Disabled American Veterans and Auxiliary**—Disabled American Veterans Building, 2 p.m., first Saturday, 541-997-1562 or 541-997-3720

**Pointman Veterans Group**—Potter's Tire and Automotive, 7 p.m., every Tuesday, 541-997-2074

**U.S. Coast Guard Auxiliary**—USCG Siuslaw Station, Coast Guard Road, 7 p.m., second Tuesday, 541-997-2486

**VFW**—Florence Elks Lodge, 6 p.m. meeting, second Tuesday, 541-997-5944

### Other

**Free Used Clothing**—Better Living Center, 85134 Highway 101, 10 a.m.-5:30 p.m., every Wednesday, 541-997-2137

**Oregon Dunes Chapter Daughters of the American Revolution**—12:30 p.m., fourth Friday, September-May, contact E. F. Westphal at 541-517-5333

**Toastmasters Siuslaw Tale Spinners**—SVFR main station, 2625 Highway 101,

**For changes to the Senior Calendar, contact Siuslaw News Editor Ryan Cronk at editor@thesiuslawnews.com.**

#### Terrace Homes

2825 Hwy. 101, Florence  
997-3144

#### Shorewood Retirement Residences

1451 Spruce St.  
541-997-8202

**Spruce Point Assisted Living**  
997-6111

**BRADLEY BERG ATTORNEY PC**  
Specializing in Trusts, Wills & Probate  
1932 Pine St. • Suite B-3, Florence  
541-997-8114

**Krab Kettle**  
280 Hwy. 101, Florence  
541-997-8996

**Best For Hearing**  
997-8866

**Siuslaw News**  
Keeping Seniors Informed  
541-997-3441