

## Spirituali-tea to discuss 'meaningful conversations'

On Monday, July 11, at 6:30 p.m., everyone is invited to Spirituali-tea to join a group of friends from varied spiritual paths and discuss "meaningful and distinctive conversations" while sharing cups of tea or coffee.

The Writings of the Baha'i Faith say: "Every word is endowed with a spirit, therefore the speaker or expounder should carefully deliver his words at the appropriate time and place, for the impression which each word maketh is clearly evident and perceptible. The Great Being saith: One word may be likened unto

fire, another unto light, and the influence which both exert is manifest in the world."

The main goal of the Baha'i Faith will always center around one ultimate aim: the peaceful unification of the entire human race.

The gathering will end at 8 p.m. with prayers for the requests left in the Prayer Pole in the garden of the Florence Playhouse and those shared by the group.

The Heintz home is at 875 Seventh St.

For more information, call Suzanne Mann-Heintz at 541-590 0779.



When we attended the 10-year anniversary celebration of Mercy Multiplied in the St. Louis, Mo., area, one of the young ladies who graduated from the program shared an eye-opening testimony.

She said that her father committed suicide when she was a teenager and the pain of that situation led her to start drinking and taking drugs. When she realized her life was falling apart, she went to Mercy Multiplied for help.

The thing that really struck me was when she shared that as she went through the program, she came to realize that her problem started at the time her father committed suicide because it made her angry that he took his life and left their family.

She couldn't get well and overcome her addiction to drugs and alcohol until she got over being angry with him.

Many times we have issues in our lives because we're angry about something but we don't know it. I believe that for many people, the root of their problem is due to the fact that they are angry at God because their lives haven't turned out right, or they are angry with someone who has hurt them. They may even be angry at themselves for some reason.

## Anger management 101

The word "anger" is one letter away from "danger."

Benjamin Franklin is quoted as saying, "Whatever is begun in anger ends in shame," and "Anger is never without a reason, but it seldom has a good one."

It's so important for us to be aware of any anger issues we have because they can become dangerous and create damage in our lives.

### Our anger epidemic

We live in an angry society, and we see the effects of it in problems like road rage, which has surged over the last few years.

I recently researched statistics on anger and discovered that an estimated 1 out of 5 Americans has an anger management problem.

According to an article in Newsweek, people are coming out in droves asking for help with anger management. Enrollment in anger management classes is booming and the demand for counselors is at an all-time high.

The Holy Spirit is the ultimate anger management counselor. Jesus says in John 14:26 (AMP), "But the Helper, the Holy Spirit, whom the Father will send in My name... He will teach you all things."

We can be confident that when we go to God, He will give us the help we need to face the truth about ourselves and overcome our problems.

### What anger looks like

Dallas Willard, who was a professor of philosophy at the University of Southern California for 47 years and a best-selling Christian author, defines anger as "a feeling that seizes us in our body and immediately impels us toward interfering with — and possibly even harming — those who have thwarted our will and interfered with our life."

He also says, "Anger will evoke anger on the other side."

In other words, one person's anger feeds another person's anger.

We all get opportunities to be angry. You may not be the kind of person who gets road rage, but you may still get angry over what the Bible calls "trifling controversies over ignorant questionings" that "foster strife and breed quarrels" (2 Timothy 2:23 AMP).

I wasted so many years of my life being angry about things that didn't really matter and trying to control people I was never going to be able to control.

The truth is, there is nothing better than peace. And God's peace in our souls equals power in our lives.

If you want more power and energy in your life, you can't be angry all the time.

### Find freedom from anger

In order to be free from

anything, we have to face truth and take responsibility for our behavior. Blaming other people or circumstances and making excuses never changes anything.

John 8:31-32 teaches us that if we abide in Christ, continually obeying His teachings, we will know the truth and the truth will set us free.

I want to encourage you to go to God first when you are angry.

Tell Him honestly how you feel and make a determined decision to forgive.

There is no sense wasting your life being angry about something that happened years ago — or even something that happened earlier today.

Take a few moments and pray something like this: "I need Your help, Lord, to deal with my anger. I thank You that because of Your love, grace, mercy and the power of the Holy Spirit in my life, I don't have to act on those foolish feelings that can cause problems in my life and hurt me and others."

Spend time quietly waiting on God with an open heart to hear what He has to say to you. Study what His Word says about anger and being angry.

And trust Him to make some positive, healthy changes that will bring more of His peace and power into your life.

**Watch**  
"In Search of the Lord's Way"  
**Sunday, 7:30 AM**  
**KMTR Channel 12**

**Then visit the  
Florence church of Christ  
1833 Tamarack  
Florence, Oregon**

and experience the joy and simplicity of  
pre-denominational New Testament Worship. (Romans 16:16)

**Bible Study: Sunday, 10:00 am**  
**Worship: Sunday, 11:00 am**

**www.churchofchristflorence.org**

*Voice your opinion! Submit letters to:  
Editor@TheSiuslawNews.com.*

**Join Us In Worship**  
4 lines, approx 15 words, \$10 a week  
4 week Minimum  
Deadline 3 p.m. Mondays.

To be included in this directory contact  
the Siuslaw News at 997-3441, or drop off  
information at 148 Maple St., Old Town, Florence.

## JOIN US IN WORSHIP

**WATCH! 3 ANGELS BROADCASTING NETWORK**  
(3ABN) TV UHF Channel 48.  
24 hour Christian TV highlights Bible studies of prophecy, inspirational music, health lectures, healthy cooking and more.

**BAY BERRY CHRISTIAN FELLOWSHIP SINGSPARATION**  
You are invited to come and sing your favorite old time gospel hymns  
Every Friday night at 7pm • Non-denominational  
Bay Berry Square; 101 at Sutton Lake Dr. /milepost 185 N.  
For more information, please call 541-997-2681

**THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS**  
Located at Munsel Lake Road and North Fork Road  
Worship Services 10:00 AM Sunday  
All are welcome! 541-997-7268

**COMMUNITY BAPTIST CHURCH**  
4590 Hwy. 101, Across from Fred Meyer — 997-7418  
Sunday School, 9:30a.m. — Worship, 10:45  
Wed. Prayer - 6:00 p.m. —Wed. Ministries 1-8 Grade 7 p.m.

**CROSS ROAD ASSEMBLY OF GOD**  
Corner of 10th & Maple — 997-3533  
Bible Study at 9:00 A.M.  
Services: Worship, 10:30 A.M.  
florencecrossroad.org • office@florencecrossroad.org

**FIRST BAPTIST CHURCH - SBC**  
1935 25th St. — 997-7660 • Pastor, Dr. Marvin Owen  
Series "People of the Bible." on Wednesdays 6 p.m.  
A friendly place to worship, vacationers welcome.  
Sun.: 11am & 6pm, Sunday school 9:45am.

**FLORENCE CHRISTIAN CHURCH**  
2nd & Ivy — 997-2961 —Non-Denominational  
Worship Service: 9:00 am & 10:30 am  
Middle School and High School youth groups meet on Wednesday.

**FLORENCE CHURCH OF CHRIST**  
Pre-Denominational (Romans 16:16)  
1833 Tamarack Street (2 blocks east of Hwy. 101 on 18th St.)  
Bible Study: Sunday 10 a.m.; Worship: Sunday 11 a.m.  
www.churchofchristflorence.org

**FLORENCE CHURCH OF THE NAZARENE**  
12th and Nopal —997-9020  
Worship Service 10:30 a.m.  
10 am Wed., Women's Bible Study  
Saturdays, Mens' Breakfast  
Online Worship Service@ www.florencecaz.com

**FLORENCE EVANGELICAL CHURCH**  
1318 Rhododendron Dr. — 997-2523 — Worship at 11:00 AM — Sunday School  
at 9:30 AM — Variety of Sunday evening activities - 5 PM  
Wed. Bible & Children classes at 6:00 PM  
Call for details.

**FLORENCE SEVENTH-DAY ADVENTIST**  
4445 Hwy 101 (South of Fred Meyer) — 997-3951  
Worship on Saturday 10:30 A.M.  
Adult/Children's Sabbath School 9:15 A.M.

**FLORENCE UNITARIAN UNIVERSALIST FELLOWSHIP**  
N.W. Corner of Heceta Beach Road & Hwy. 101  
Every Sunday at 10 a.m.  
All are welcome. (541) 997-2840

**FLORENCE UNITED METHODIST CHURCH**  
Summer Worship 10:00 am.  
2nd & Kngwood • (541) 997-6025  
"Open Hearts, Open Minds, Open Doors"

**FOURSQUARE CHURCH**  
1624 Highway 101 (next to A&W) — 997-6337  
Pastor George Pagel — Something for the entire family.  
Sun. Services: 10:45 a.m., Wed. Bible Study 7 p.m. — Youth Group: Sat., 6 p.m.  
Website: florence4square.com

**FLORENCE VINEYARD (GOD'S POWER HOUSE)**  
2610 Kingwood, Florence • 541-268-2025  
Sunday Worship @ 10:00 a.m., experience the Power of the Holy Spirit  
Pastors: George & Beverly Sisemore  
Intercessory Prayer & Worship, Thursday night @ 5:00 pm  
florencevineyardchurch.com

**NEW LIFE CHURCH-UPC**  
1424 15th Street •541-991-9398  
Sunday Services: 10am and 6pm  
Tues. Bible Study 7:00pm

**NEW LIFE LUTHERAN CHURCH, E.L.C.A.**  
21st & Spruce Street — 997-8113  
Adult Forum 9 a.m. — Sunday School 10:30 a.m.  
Worship services; Sun. 10:30am & Wed. 6pm.  
Pastor Lori Blake  
www.lutheranchurchflorence.com

**PRESBYTERIAN CHURCH OF THE SIUSLAW**  
Traditional Worship Service 10:00 a.m., Reverend Greg Wood  
Sunday School and Nursery — Organ and Choir  
All Welcome. Come as you are.  
3996 N Hwy 101 997-7136

**RELIGIOUS SOCIETY OF FRIENDS (QUAKERS)**  
"War is still not the answer." FCNL  
We worship in homes at 11am Sundays  
Call 997-4237 or 902-9511 for locations.

**RESURRECTION LUTHERAN CHURCH, L.C.M.S.**  
Every Sun., Bible Class 9 a.m., Worship Service 10 a.m.  
85294 Hwy. 101 S. — 997-8038  
DVD of Weekly worship service available.  
Pastor Randy Bencoter

**ST. ANDREW'S EPISCOPAL CHURCH**  
2135 19th St. — 997-6600  
The Rev. Georgia C. DuBose, Vicar  
8:30am, Tuesdays, Morning Prayer  
Sunday Services: 8 a.m. and 10 a.m. - Wed, 11 a.m.  
Everyone Welcome — Come walk our Labyrinth.

**SAINT MARY, OUR LADY OF THE DUNES CATHOLIC CHURCH**  
Masses: Sat. 5:30 p.m., Sun. 11:00 a.m.  
1.5 miles south of river on Hwy 101 — 997-2312

## Spoken word poets to speak at FUUF Sunday

"Transforming Youth Through Spoken Word Poetry" is the topic for the program at the Florence Unitarian Universalist Fellowship tomorrow, July 10, from 10 to 11 a.m.

Stephen Fowler and Noah Schultz will talk about their own transformation from juvenile delinquents who were each sentenced to a mandatory 7-1/2 years at the age of 17.

Fowler and Schultz are spoken word poets who have won several poetry contests, most recently achieving first and second place in the Florence Regional Arts Alliance's state-wide Big Wave Poetry Fest.

The two poets will talk about their own journey and plans for paying it forward when they are released from the Oregon Youth Authority Camp Florence this year.

They will inspire listeners



**Stephen Fowler and Noah Schultz**

with their stories and poetry.

The UU Fellowship, 87738 Highway 101 at Heceta Beach Road, is wheelchair accessible.

Each service concludes with refreshments and dialogue circle to explore the questions that come up during each service.

For more information, visit www.florenceuuf.org or call 541-997-2840.

## Mapleton hosts Bible school

The Mapleton Church will be hosting the 2016 Vacation Bible School this week, from Monday, July 11, to Friday, July 15. Activities for youth ages 4 through sixth grade will

be from 9 a.m. to noon.

Stories, games, crafts and refreshments are included.

For more information or transportation, contact Diana at 541-228-0961.

## NEW LIFE CHURCH UPC

hosts FREE BBQ at MILLER PARK

JULY 9TH

11:30AM UNTIL 2:00PM.

## FLORENCE VINEYARD CHURCH

**Thursday, July 14, at 6:00 p.m.**  
Florence Vineyard Church will host the "Singing Balladeer & Prophet" Dick Williams

Dick has operated in the prophetic gifts, for many years and has been blessed with an acute sensitivity to the leading of Holy Spirit. His gifting as a musician and vocalist is both inspiring and uplifting . . .

Refreshments & Meet & Greet at 5:30 p.m.  
Service at 6:00 p.m.

Florence Vineyard Church  
541-268-2025 • 2610 Kingwood, Florence, OR