

FOOD & DINING

Spice up your scrambled eggs



Conventional wisdom says breakfast is the most important meal of the day. But many people find breakfast is also the most bland meal of the day. Those who want to venture off the beaten breakfast path to enjoy something more flavorful than another bowl of cereal can spice things up with this recipe for “Akoori (Indian Scrambled Eggs),” a tasty if somewhat more fiery take on traditional scrambled eggs from Suneeta Vaswani’s “Easy Indian Cooking” (Robert Rose).

AKOORI (Indian Scrambled Eggs) Serves 4 to 6

- 8 eggs
- 1 teaspoon salt or to taste
- 1/4 teaspoon freshly ground black pepper
- 3 tablespoons oil
- 1 teaspoon cumin seeds
- 1 cup chopped onion
- 2 teaspoons finely chopped green chile (see tip below)
- 1 cup chopped tomato
- 1/2 teaspoon cayenne pepper
- 1/4 teaspoon turmeric
- 1/4 cup cilantro, chopped
- Tomato wedges and cilantro sprigs, for garnish

1. In a bowl, gently whisk eggs, salt and pepper. Do not beat.

2. In a large skillet, heat oil over medium-high heat and add cumin seeds. Stir in onion and green chile and saute until golden, 3 to 4 minutes.

3. Add tomato and saute, stirring continuously, for 1 minute. Stir in cayenne, turmeric and cilantro. Cook for 1 minute longer. Reduce heat to medium-low and slowly add egg mixture. Cook, stirring gently, until eggs are soft and creamy, 3 to 4 minutes. Do not overcook.

4. Serve garnished with tomato wedges and cilantro sprigs.

Tip: The important thing in Indian cooking is to use a chile pepper with spirit. Fresh cayenne peppers, or any similar ones, would work very well. If using Thai peppers, now readily available in North America, use only half the amount called for in the recipe. In a pinch, jalapenos also can be used.

Great Food & Fine Wine

Wednesday
Prime Rib Dinner \$16

Thursday
Spaghetti & Meatballs Dinner \$10

Friday
Prime Rib Sandwich Lunch Special

Where good friends & great food come together!

Restobar 1285
Pizza Pasta Seafood

1285 Bay Street
in Old Town Florence
(541) 902-8338

Clawson's WHEELHOUSE FAMILY DINING

820 Hwy 101, Florence
541-590-3669
7am-9pm • 7 days a week
Family Dining

K-BAR
Proudly serving local K-Bar Beef

Specialty Salads

for a healthy & delicious meal!

Indulge your craving for something fresh and satisfying with our chef's delicious salad creations.

Open Daily for Lunch 11-5pm
beer, wine & cocktails!
Daily Happy Hour 3-5pm

Try Our Unique
NEW Philly Cheesesteak Sandwich
topped w/cheese, bell peppers, onions & mushrooms. (w/side)
ONLY \$12

THE GRILL & LOUNGE AT SANDPINES

1201 35th Street at Kingwood, Florence
Highway 101 & 35 St. 541-997-4623

Surfside Restaurant

Weekly Free Meal Giveaway!

Enter the Surfside Restaurant's weekly drawing for a **FREE** lunch giveaway!

Stop by and fill out an entry form or leave your business card, for your chance to win. We will notify one winner every Monday.

Enter today!

Call for questions or Reservations
541-997-8263
88416 1st Ave. Florence



www.bayviewflorence.com
85625 Hwy 101
@ Best Western Pier Point Inn
541.590.3000 • 7 Days - 4-9.

The Bay View BISTRO



Local, fresh and savory dining with a view.
COMPLIMENTARY APPETIZER
w/purchase of entrée
Bring this ad in for discount. Offer expires 06/21/16

Mo's Restaurant SHRIMP MEDLEY

FOR ONLY \$12.95

and for dessert...
SNICKER OR PEANUT BUTTER PIE FOR \$5.95.

Every Month Mo's has brought in special "Motivation for Kids" tables which raise money for local charities that are devoted to helping the wellbeing of local children. This month Relay For Life is the local charity being honored.

Mo's Old Town, Florence • Daily 11 am - 8 pm
Serving Bowls of comfort for Over 50 Years

