

Cape Mountain run set for Saturday

Registration is now open for the 2016 Cape Mountain 10-mile and 4-mile trail runs to be held June 11.

First held in 2003, the event has become a favorite for trail runners from around Oregon, drawing nearly 100 participants annually.

Contestants of all levels are welcome, including hikers.

This unique trail run winds its way through the beautiful old-growth forests and meadows that are the result of a 1930s fire, creek crossings, and lovely ocean overlooks.

The race takes place on the USFS Coast Horse Trails located north of Florence, starting and finishing at the Horse Creek Campground.

The two events cover trails in the Cape Mountain, Nelson Ridge and Berry Creek areas.

Race director Jim Archer



COURTESY PHOTO

Runners begin last year's Cape Mountain Trail run.

began the event as a fundraiser for the Siuslaw High School

cross country team. SHS runners who help at the race receive financial support to attend the Steens Mountain high altitude training camp this summer.

The Steens Camp is held in July, on Steens Mountain south of Burns, Ore.

The list of past attendees reads like a "who's who of both state champions and collegiate runners.

Like most trail running events, the Cape Mountain run is a family affair complete with food, prizes and running stories.

Registration information can be found at www.eclecticedge.com.

For other information, contact Jim Archer at 541-991-6021 or email trailrunner45@gmail.com.

Support local park with membership

The Friends of Honeyman State Park is a nonprofit group of citizens who support the park in its educational and interpretive pursuits.

This includes hosting, sponsoring or volunteering for events and programs.

Honeyman State Park brings more than a million visitors to the area each year.

During the past year, the Friends of Honeyman have collaborated with the Oregon Parks and Recreation Department to engage in planting and clean-up projects, educational field trips for students, "Art in the Park," "Earth Day," and "Awakening Peace" events.

Future potential projects include an October "Haunted Hayride" and a December "Winter Wonderland" light display.

During the month of June, the Friends of Honeyman is engaged in a membership campaign to boost participation and expand activities.

Annual membership dues are \$10 per household.

Those wanting to become a member can call 541-590-0779 or attend the meeting on Saturday, June 18, at 12:30 p.m., at the Ranger Station Office.

Free clinic will teach how to harvest clams

LINCOLN CITY — A clamming clinic will be led by local expert Bill Lackner who will teach how to catch fresh purple varnish clams.

The clinic will be Thursday, June 9, at 10:30 a.m., beginning with a presentation at Driftwood Public Library, 801 SW Highway 101, on the second floor of City Hall.

Talks last approximately 45 minutes, followed by clam

digging on Siletz Bay. Participants will need a five-gallon bucket, a pair of gloves and a shellfish license.

Clam bags and shovels will be available for purchase on site.

For the full clinic schedule and more information on the crabbing and clamming clinics, call 800-452-2151 or visit www.oregoncoast.org.

Fishing

from 1C

run is underway. This run typically peaks by early July but fish can be found throughout the mainstem at any time now. Casting spinners, drifting bait or using a bobber and jig can be effective.

Cover water and fish small and simple as the river conditions are low and clear.

Cutthroat trout opened May 22 and can offer anglers of all experience levels good opportunity. Casting small spinners, spoons or fly fishing streamers or dry flies can be very effective.

SIUSLAW RIVER:

The river is now open to all fishing or cutthroat trout. This fishery can offer anglers of all experience levels good opportunity. Casting small spinners, spoons or fly fishing streamers or dry flies can be very effective.

WILSON RIVER: Steelhead, Chinook, cutthroat

Fishing for steelhead and spring Chinook is slow. More fish should be moving into the river. The water is low and clear, so use lighter gear and target the deeper holding areas.

Trout season is now open.

YAQUINA RIVER: Steelhead

The river basin is now open to all fishing, including above the head of tide.

COOS COUNTY LAKES and PONDS: Trout, warmwater fish

Legal size trout were stocked this month into Powers Pond, Empire Lakes, Bradley Lake, Butterfield Lake, Saunders Lake, Sru Lake, and Tenmile Lakes.

Anglers that catch a tagged trout in Empire Lakes can report the tag number to

ODFW by stopping by the Charleston Office, calling 541-888-5515, or report tags online.

A few of these tags are worth a \$50 gift card. Fishing in the area lakes for trout has been ok with anglers having the best success using small spinners, spoons, or garlic flavored Powerbait. The daily trout bag limit in these lakes is five trout per day with only one trout over 20 inches.

There are trout available for kids in the Millicoma Pond at the Millicoma Interpretive Center and fishing is excellent. Millicoma Pond is set aside for kids fishing only and is a great chance for them to hook into fish.

Call before traveling to Millicoma Pond to make sure the gates are open. The phone number is 541-267-2557.

Largemouth bass and bluegill fishing is picking up with the warmer days. This time of the year bass and bluegills will be found in shallow water typically near a weedline or structure. Plastic worms, shallow crankbaits, and spinner baits are good to use for bass.

Bluegills will bit on worms, small jigs, or flies.

COOS RIVER BASIN: Dungeness crab, bay clams, rockfish

Trout season is now open in rivers and streams.

Anglers have been catching rockfish along the jetties and submerged rock piles. An occasional ling cod is also being caught in the bay. The marine fish daily bag limit for bottom fish (rockfish) is seven fish and a separate daily limit for lingcod (two). Anglers can only keep three blue rockfish and one canary rockfish as part of their daily limit and there will be no harvest of

China, quillback or copper rockfish.

Retention of cabezon is prohibited through June 30.

Crabbing has been decent with the best crabbing near high tide. There has been a mixture of hard shell and soft shell crab in the catch. It is still recommended you discard the crab viscera (guts/butter) before cooking.

Recreational harvest of bay clams remains open along the entire Oregon coast.

TENMILE BASIN: Trout, steelhead, bass

Trout season is open in rivers and streams. Angling is restricted to artificial flies and lures in streams and rivers above tidewater. Tenmile Lakes is open all year for trout but trout fishing has been slow but the lake was recently stocked with legal size rainbows.

Largemouth bass fishing has been good over the past month. Anglers are catching bass in shallow water on spinner baits, jigs, and rubber worms.

UMPQUA RIVER, NORTH: Steelhead, spring Chinook

Winter steelhead angling is about over, but summer steelhead angling will be picking up as we move towards the summer months. Remember all wild steelhead must be released unharmed.

Spring Chinook fishing has been improving and should continue to do so as water temperatures warm. There have been reports of Spring Chinook being caught below Winchester Dam and around Rock Creek.

Note that through June 30, fishing in the fly water area is restricted to fly angling only with a single barbless fly. Per the new regulation on page 31, 32 of the 2016 Oregon Sport Fishing Regulations booklet, from Feb. 1 – July 31, 2 wild Chinook per day can be harvested.

Ten wild Chinook may be harvested in the North during this time frame in aggregate with wild Chinook harvested in the Main.

WINCHESTER BAY: Bottomfish, perch

Fishing for bottom fish in the Triangle and South jetty has been successful.

PACIFIC OCEAN and BEACHES: Bottomfish, Dungeness crab, surf perch, salmon, halibut

Recreational harvest of crab is open along the entire Oregon Coast. It is still recommended you discard the crab viscera (guts/butter) before cooking.

Anglers fishing the beaches from Coos Bay to Bandon

have been catching redbtail surf perch.

Sand shrimp or Berkley Gulp sand worms have been working the best for bait. Surf perch fishing is usually best on the incoming tide.

Recreational ocean salmon fishing from Cape Falcon to Humbug Mt. is open for all salmon except coho salmon.

Anglers are allowed two salmon per day with a minimum size for Chinook at 24 inches or larger. The selective coho (fin-clipped) season will open on June 25 with a quota of 26,000 coho.

The Nearshore Halibut season will not open until June 1.

Fishing for bottom fish is now closed outside of a line approximating the 30-fathom curve.

Fishing for black rockfish has been good from Coos Bay south to Bandon. Fishing for ling cod has been decent. The marine fish daily bag limit is seven fish and a separate daily limit for lingcod (two).

Anglers can only keep three blue rockfish and one canary rockfish as part of their daily limit and there will be no harvest of China, quillback or copper rockfish.

Retention of cabezon is prohibited through June 30.

• OCEAN SALMON

The Cape Falcon to Humbug Mt. Chinook salmon recreational fishing season is scheduled to continue until Oct. 31. This season is open for all salmon except coho salmon, with a bag limit of two salmon per day, and minimum sizes for Chinook at 24 inches or larger, and steelhead at 20 inches or larger.

Ocean Chinook fishing so far this season has been relatively slow, due to overall low effort levels. Most anglers are concentrating on bottomfish for now.

Just a reminder: Anglers are restricted to no more than two single point barbless hooks when fishing for salmon, and when fishing for any other species if a salmon is on board the vessel.

Anglers fishing in ocean waters adjacent to Tillamook Bay between Twin Rocks and Pyramid Rock and within the 15 fathom depth contour are reminded that only adipose fin-clipped Chinook salmon may be retained or on board while fishing prior to Aug. 1.

• BOTTOM FISHING

The north coast is having great fishing with many limits and near limits. Central coast bottom fishing is also excellent on the central coast. South coast fishing is good with 3-5 fish per angler.

Lingcod has been good on the south coast with an average catch of 1 lingcod per angler.

Cabezon retention is prohibited through June; this is an annual seasonal closure.

• PACIFIC HALIBUT

The next opening is June 2-4. After June 4, back-up dates may be available if quota remains.

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